HILLTOP RESERVE

November 2026

Monarch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **10:00** Morning Fitness **10:30** Happy News and Conversation **1:00** Outside Games **1:30** H20 and Upper Body Stretch **2:30** Movie:	**2** **10:00** Boxing and Music w Bret **10:30** Morning Social **11:00** Word Games **1:00** H2O and sunshine **1:30** Gratitude Hour **2:00** Movie Matinee: **4:00** Sing a long	**3** **10:00** Stretch & Shine **10:30** Morning Social **10:45** Coffee and Juice in Courtyard **11:00** Word Games **1:00** Purple Art Class **2:00** Ice Cream and Sunshine **3:00** Name that Tune and Chair Dancing	**4** **10:00** Cardio Crew **10:30** Morning Social **11:00** Word Games **1:00** Music w Kiemel **2:00** Granny Pant Toss (Outdoor) **2:00** H2O and Snack **3:30** B-I-N-G-O	**5** **10:00** Live Music with Kiemel **10:30** Morning Social **11:00** Word Games **1:00** Walk and Stretch **1:30** H2O time! **2:30** Craft: **3:30** Documentary and IN2L Games **6:00** Movie Night	**6** **10:00** Piano Melodies w Junie **10:30** Morning Social **11:00** Word Games **1:00** Name that Tune **2:30** Balloon Volleyball and Upbeat Music **3:30** Happy Hour !!	**7** **10:00** Cardio Crew **10:30** Morning Social **11:00** Peaceful Moment Meditation **1:30** H2O time! **3:30** B-I-N-G-O **4:00** Sing a long
8 **10:00** Morning Fitness **10:30** Happy News and Conversation **1:00** Outside Games **1:30** H20 and Upper Body Stretch **2:30** Movie:	**9** **10:00** Boxing and Music w Bret **10:30** Morning Social **11:00** Word Games **1:00** H2O and sunshine **1:30** Gratitude Hour **2:00** Movie Matinee: **4:00** Sing a long	**10** **10:00** Stretch & Shine **10:30** Morning Social **10:45** Pizza Making in Supper Club **11:00** Word Games **1:00** Walking Club **2:00** Veterans Day Craft **3:00** Name that Tune and Chair Dancing	**11** **10:00** Cardio Crew **10:30** Morning Social **11:00** Word Games **1:00** Music w Kiemel **2:00** Granny Pant Toss (Outdoor) **2:00** H2O and Snack **3:30** B-I-N-G-O	**12** **10:00** Live Music with Kiemel **10:30** Morning Social **11:00** Word Games **1:00** Walk and Stretch **1:30** H2O time! **2:30** Craft: **3:30** Documentary and IN2L Games **6:00** Movie Night	**13** **10:00** Chair Dance and Stretch w Abi **10:30** Morning Social **11:00** Word Games **1:00** Name that Tune **2:30** Balloon Volleyball and Upbeat Music **3:30** Happy Hour !!	**14** **10:00** Cardio Crew **10:30** Morning Social **11:00** Peaceful Moment Meditation **1:30** H2O time! **3:30** B-I-N-G-O **4:00** Sing a long
15 **10:00** Morning Fitness **10:30** Happy News and Conversation **1:00** Outside Games **1:30** H20 and Upper Body Stretch **2:30** Movie:	**16** **10:00** Boxing and Music w Bret **10:30** Morning Social **11:00** Word Games **1:00** H2O and sunshine **1:30** Gratitude Hour **2:00** Movie Matinee: **4:00** Sing a long	**17** **10:00** Stretch & Shine **10:30** Morning Social **10:45** Coffee and Juice in Courtyard **11:00** Word Games **1:00** Purple Art Class **2:00** Ice Cream and Sunshine **3:00** Name that Tune and Chair Dancing	**18** **10:00** Cardio Crew **10:30** Morning Social **11:00** Word Games **1:00** Music w Kiemel **2:00** Granny Pant Toss (Outdoor) **2:00** H2O and Snack **3:00** Family Council **3:30** B-I-N-G-O	**19** 🎂 **10:00** Live Music with Kiemel **10:30** Morning Social **11:00** Word Games **1:00** Walk and Stretch **1:30** H2O time! **2:30** Craft: **3:30** Documentary and IN2L Games **6:00** Movie Night	**20** **10:00** Chair Dance and Stretch w Abi **10:30** Morning Social **11:00** Word Games **1:00** Name that Tune **2:30** Balloon Volleyball and Upbeat Music **3:30** Happy Hour !!	**21** **10:00** Cardio Crew **10:30** Morning Social **11:00** Peaceful Moment Meditation **1:30** H2O time! **3:30** B-I-N-G-O **4:00** Sing a long

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22	**23**	**24**	**25**	**26**	**27**	**28**
10:00 Morning Fitness **10:30** Happy News and Conversation **1:00** Outside Games **1:30** H20 and Upper Body Stretch **2:30** Movie:	**10:00** Boxing and Music w Bret **10:30** Morning Social **11:00** Word Games **1:00** H2O and sunshine **1:30** Gratitude Hour **2:00** Movie Matinee: **4:00** Sing a long	**10:00** Stretch & Shine **10:30** Painting w Polly **10:45** Coffee and Juice in Courtyard **11:00** Word Games **1:00** Walking Club **2:00** Ice Cream and Sunshine **3:00** Name that Tune and Chair Dancing	**10:00** Cardio Crew **10:30** Morning Social **11:00** Word Games **1:00** Music w Kiemel **2:00** Granny Pant Toss (Outdoor) **2:00** Make Your Own Turkey Oreo! **3:30** B-I-N-G-O	**10:00** Live Music with Kiemel **10:30** Morning Social **11:00** Word Games **1:00** Walk and Stretch **1:30** H2O time! **2:30** Craft: **3:30** Thanksgiving Day Balloon Parade **6:00** Movie Night	**10:00** Chair Dance and Stretch w Abi **10:30** Morning Social **11:00** Word Games **1:00** Name that Tune **2:30** Balloon Volleyball and Upbeat Music **3:30** Happy Hour !!	**10:00** Cardio Crew **10:30** Morning Social **11:00** Peaceful Moment Meditation **1:30** H2O time! **3:30** B-I-N-G-O **4:00** Sing a long
29	**30**	**Happy Birthday** 🎂				
10:00 Morning Fitness **10:30** Happy News and Conversation **1:00** Outside Games **1:30** H20 and Upper Body Stretch **2:30** Movie:	**10:00** Boxing and Music w Bret **10:30** Morning Social **11:00** Word Games **1:00** H2O and sunshine **1:30** Gratitude Hour **2:00** Movie Matinee: **4:00** Sing a long	**Nov 19** Ruth Applebaum				