HILLTOP RESERVE

November 2026

Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **9:15** Catholic Communion Service (TH) **10:30** Sunday Brunch (BDR) **2:00** Sunday Bridge (GR) **6:00** Christian Church Service	**2** **9:00** Advanced Fitness w Christian (7 people max) (FC) **10:00** Strength and Conditioning (FC) **10:00** Outing: Diva Exhibit at Denver Art Museum (ML) **1:00** CANASTA (GR) **1:00** STORE OPEN **2:00** Balance (FC)	**3** **9:00** Boxing Fitness Class **9:45** Water Aerobics **11:00** Water Aerobics **11:00** King Soopers Trip (ML) **1:00** STORE OPEN **1:30** Bridge Club (GR) **1:30** ACTIVE MINDS Lecture-Julius Caesar (TH) **3:00** PBS: Nature Series (TH)	**4** **9:00** Balance Class w Christian (5 people max) **10:00** Strength and Conditioning (FC) **10:00** Mahjong Class (GR) **1:00** General Store is OPEN! **1:00** Meditation Class w Dottie (TH) **2:00** PBS- Colorado Experience: **2:00** Balance (FC) **6:45** Outing: DU Lamont Symphony Orchestra (ML)	**5** **9:00** Advanced Strength Class w Bret (FC) **10:00** Strength and Conditioning (FC) **10:30** Scrabble (GR) **10:30** Protein smoothies with Kelly **11:00** Water Aerobics (FC) **1:00** General Store is OPEN **1:00** Trip to COSTCO (sign up) (ML) **1:30** Come and Sing! (TH)	**6** **9:00** Stretch Class w Christian (FC) **10:00** Strength and Conditioning (FC) **1:00** General Store is OPEN **1:00** Bingo w Martha (GR) **2:00** Balance (FC) **2:30** Shabbat Services (AR) (3rd FL AR)	**7** **1:00** Betsy Schwarm - Classical Music Lecture- John Williams (TH) **2:00** Rummikub (GR) **7:00** Movie (TH)
8 **9:15** Catholic Communion Service (TH) **10:30** Sunday Brunch (BDR) **2:00** Sunday Bridge (GR) **6:00** Christian Church Service	**9** **9:00** Advanced Fitness w Christian (7 people max) (FC) **10:00** Strength and Conditioning (FC) **11:00** Art Class- Joomchi Korean Paper Art **1:00** CANASTA (GR) **1:00** STORE OPEN **2:00** Balance (FC) **3:00** Active Minds - POETRY EXPLORATIONS (PDR) **4:30** Dinner Outing: narrative (ML) **6:45** Travels w Chris Wells (TH)	**10** **9:00** Boxing Fitness Class **9:45** Water Aerobics **11:00** Water Aerobics **11:00** King Soopers Trip (ML) **1:00** STORE OPEN **1:30** Bridge Club (GR) **2:00** Mountain Man Nuts & Fruit Co.Truck at Hilltop (ML) (ML) **3:00** PBS: Nature Series (TH)	**11** **9:00** Balance Class w Christian (5 people max) **10:00** Strength and Conditioning (FC) **10:00** Mahjong Class (GR) **10:30** Veterans Day Brunch **1:00** General Store is OPEN! **1:00** Parkinson's Support Group **1:00** Meditation Class w Dottie (TH) **2:00** PBS- Colorado Experience: **2:00** Balance (FC) **3:00** Group Bible Study (3rd FL AR)	**12** **9:00** Advanced Strength Class w Bret (FC) **10:00** Strength and Conditioning (FC) **10:30** Scrabble (GR) **11:00** Water Aerobics (FC) **12:30** Estate Planning Lecture (TH) **1:30** Come and Sing! (TH) **2:00** String Quartet (don't want to miss this!) (ML) **5:30** Outing: Celestia Denver at Saint Johns Cathedral (ML)	**13** **9:00** Stretch Class w Christian (FC) **10:00** Strength and Conditioning (FC) **11:00** Vital Clinic in Bistro **1:00** General Store is OPEN **1:00** Bingo w Martha (GR) **2:00** Balance (FC) **2:30** Shabbat Services (AR) (3rd FL AR)	**14** **2:00** Rummikub (GR) **3:00** Concert in Lobby (ML) **7:00** Movie (TH)

BDR = Bayuad Dining Room, GR = Game Room, FC = Fitness Center, ML = Main Lobby, TH = Theater, 3rd FL AR = Activity Room, PDR = Private Dining Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 **9:15** Catholic Communion Service (TH) **10:30** Sunday Brunch (BDR) **2:00** Sunday Bridge (GR) ~~**4:30** Hilltop Women Meet! (GR)~~ **6:00** Christian Church Service	**16** **9:00** Advanced Fitness w Christian (7 people max) (FC) **10:00** Strength and Conditioning (FC) **11:00** Craft: Paper Flower Garland **1:00** CANASTA (GR) **1:00** STORE OPEN **1:30** ACTIVE MINDS Lecture- Kenya (TH) **2:00** Balance (FC)	**17** **9:00** Boxing Fitness Class **11:00** King Soopers Trip (ML) **1:00** Art Lecture w Wendy Adler (TH) **1:30** MONTH Birthday Party! (ML) **1:30** Bridge Club (GR) **3:00** PBS: Nature Series (TH) **4:00** Dinner Outing: Le Bilboquet (ML)	**18** **9:00** Balance Class w Christian (5 people max) **10:00** Strength and Conditioning (FC) **10:00** Mahjong Class (GR) **10:30** Outing: Tattered Cover Book Store (ML) **1:00** General Store is OPEN! **1:00** Meditation Class w Dottie (TH) **2:00** PBS- Colorado Experience: **2:00** Balance (FC)	**19** **9:00** Advanced Strength Class w Bret (FC) **10:00** Strength and Conditioning (FC) **10:30** Scrabble (GR) **10:30** Protein smoothies with Kelly **1:00** Trip to TARGET (sign up) (ML) **1:30** Come and Sing! (TH) **2:00** Men's Group Meeting **3:00** Cocktail: Spiced Chai Cider Spritz (ML)	**20** **9:00** Stretch Class w Christian (FC) **10:00** Strength and Conditioning (FC) **1:00** General Store is OPEN **1:00** Bingo w Martha (GR) **2:00** Balance (FC) **2:30** Shabbat Services (AR) (3rd FL AR) **3:00** Health Lecture (TH)	**21** **1:00** Betsy Schwarm - Classical Music Lecture- The Nutcracker (TH) **2:00** Rummikub (GR) **7:00** Movie (TH)
22 **9:15** Catholic Communion Service (TH) **10:30** Sunday Brunch (BDR) **1:30** Outing: Vintage Theater Sense & Sensibility (ML) **2:00** Sunday Bridge (GR) **6:00** Christian Church Service	**23** **9:00** Advanced Fitness w Christian (7 people max) (FC) **10:00** Strength and Conditioning (FC) **11:00** Art Class: Mosaic Mirrors **1:00** CANASTA (GR) **1:00** STORE OPEN **2:00** Balance (FC)	**24** **9:00** Boxing Fitness Class **9:45** Water Aerobics **11:00** Water Aerobics **11:00** King Soopers Trip (ML) **1:00** STORE OPEN **1:30** Bridge Club (GR) **3:00** PBS: Nature Series (TH) **4:00** Thanksgiving Balloon Parade (ML)	**25** **9:00** Balance Class w Christian (5 people max) **10:00** Strength and Conditioning (FC) ~~**10:00** Mahjong Class (GR)~~ **1:00** General Store is OPEN! **1:00** Meditation Class w Dottie (TH) **2:00** PBS- Colorado Experience: **2:00** Balance (FC) **10:30** Donuts and Coffee w Kat (ML)	**26** **9:00** Advanced Strength Class w Bret (FC) **10:00** Strength and Conditioning (FC) **10:30** Scrabble (GR) **11:00** Water Aerobics (FC) **1:00** General Store is OPEN **1:30** Come and Sing! (TH)	**27** **9:00** Stretch Class w Christian (FC) **10:00** Strength and Conditioning (FC) **1:00** General Store is OPEN **1:00** Bingo w Martha (GR) **2:00** Balance (FC) **2:30** Shabbat Services (AR) (3rd FL AR)	**28** **12:00** BUNCO Potluck (GR) **2:00** Rummikub (GR) **3:00** Concert in lobby (ML) **7:00** Movie (TH)
29 **9:15** Catholic Communion Service (TH) **10:30** Sunday Brunch (BDR) **2:00** Sunday Bridge (GR) **6:00** Christian Church Service	**30** **9:00** Advanced Fitness w Christian (7 people max) (FC) **10:00** Strength and Conditioning (FC) **10:00** Outing: Kirkland Museum Tour w Wendy Adler (ML) **1:00** CANASTA (GR) **1:00** STORE OPEN **2:00** Balance (FC) **2:30** Art Class- Loops Knots and Sculptures	**Happy Birthday** **Nov 04** Moses Hailpern **Nov 09** Matt Landry	**Nov 13** Jackie Frazin **Nov 18** Claudine Miquel	**Nov 19** Bobbie Towbin **Nov 22** Elaine Appel, Marilyn Webb & Rosie Kark		

BDR = Bayuad Dining Room, GR = Game Room, FC = Fitness Center, TH = Theater, ML = Main Lobby, 3rd FL AR = Activity Room