



HILLTOP RESERVE

September 2026

Monarch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		10:00 Stretch & Shine 10:30 Morning Social 10:45 Coffee and Juice in Courtyard 11:00 Word Games 1:00 Walking Club 1:00 purple art class 2:00 Ice Cream and Sunshine 3:00 Name that Tune and Chair Dancing	10:00 Cheer Exercising 10:30 Back to School- Morning Discussion 11:00 Word Games 2:00 H2O and Snack 2:00 Name that School Supply List Game 3:30 B-I-N-G-O	10:30 Morning Social 11:00 Word Games 1:00 Walk and Stretch w Abi 1:30 H2O time! 2:00 Would You Rather- School Edition 2:30 Craft: Teachers Pet w Apples and Peanut butter 3:30 Documentary and IN2L Games 6:00 Movie Night	10:00 Chair Dance w Abi 10:30 Morning Social 11:00 Word Games- Spelling Bee 1:00 Name that Tune 2:00 Balloon Volleyball and Upbeat Music 3:00 Indoor Step Count- Walking Crew 3:30 Happy Hour !!	10:00 Cardio Crew 10:30 Morning Social 11:00 Peaceful Moment Meditation 1:30 H2O time! 2:00 Storytime Social 3:30 B-I-N-G-O 4:00 Sing a long
6	7	8	9	10	11	12
10:00 Morning Fitness 10:30 Happy News and Conversation 1:00 Outside Games 2:00 Pet Therapy w/ Magnolia 2:30 Movie:	9:00 Labor Day Breakfast 10:00 Boxing and Music w Bret 10:30 Morning Social 11:00 Word Games 1:00 H2O and sunshine 1:30 Gratitude Hour 2:00 Movie Matinee: 4:00 Sing a long	10:00 Stretch & Shine 10:30 Morning Social 10:45 Coffee and Juice in Courtyard 11:00 Word Games 1:00 Craft: Paper Camp Fire 2:00 Ice Cream and Sunshine 3:00 Name that Tune and Chair Dancing	10:00 Cardio Crew 10:30 Morning Social 11:00 Word Games 1:00 Music w Kiemel 2:00 Make Your Own S'more (no fire) 2:30 H2O and Sunshine 3:30 B-I-N-G-O	10:00 Live Music with Kiemel 10:30 Morning Social 11:00 Word Games 1:00 Walk and Stretch w Abi 1:30 H2O time! 2:00 Camp Fire Sing a Long 2:30 Craft: 3:30 Documentary and IN2L Games 6:00 Movie Night	10:00 Chair Dance w Abi 10:30 Morning Social 11:00 Word Games 1:00 Name that Tune 2:00 Balloon Volleyball and Upbeat Music 3:00 Coloring and Aromatherapy 3:30 Happy Hour !!	10:00 Cardio Crew 10:30 Morning Social 11:00 Peaceful Moment Meditation 1:30 H2O time! 2:00 Storytime Social 3:30 B-I-N-G-O 4:00 Sing a long
13	14	15	16	17	18	19
10:00 Morning Fitness 10:30 Happy News and Conversation 1:00 Outside Games 2:00 Pet Therapy w/ Magnolia 2:30 Movie:	10:00 Boxing and Music w Bret 10:30 Morning Social 11:00 Word Games 1:00 H2O and sunshine 1:30 Gratitude Hour 2:00 Movie Matinee: 4:00 Sing a long	10:00 Stretch & Shine 10:30 Morning Social 10:45 Coffee and Juice in Courtyard 11:00 Word Games 1:00 purple art class 2:00 Ice Cream and Sunshine 3:00 Name that Tune and Chair Dancing	10:00 Cardio Crew 10:30 Morning Social 11:00 Word Games 1:00 Music w Kiemel 2:00 1950's Discussion 3:00 Family Council 3:30 B-I-N-G-O	10:00 Live Music with Kiemel 10:30 Morning Social 11:00 Word Games 1:00 Walk and Stretch w Abi 1:30 H2O time! 2:00 Movie: The Great Gatsby 6:00 Movie Night	10:00 Chair Dance w Abi 10:30 Morning Social 11:00 Word Games 1:00 Name that Tune 2:00 Balloon Volleyball and Upbeat Music 3:00 Dancing Video- the twist and join in! 3:30 Happy Hour !!	10:00 Cardio Crew 10:30 Morning Social 11:00 Peaceful Moment Meditation 1:30 H2O time! 2:00 Milkshake Social! 3:00 Concert in Lobby (ML) 3:30 B-I-N-G-O 4:00 Sing a long

ML = Main Lobby

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 🍰	21	22	23	24	25	26
10:00 Morning Fitness 10:30 Happy News and Conversation 1:00 Outside Games 2:00 Pet Therapy w/ Magnolia 2:30 Movie:	10:00 Boxing and Music w Bret 10:30 Morning Social 11:00 Word Games 1:00 H2O and sunshine 1:30 Gratitude Hour 2:00 Movie Matinee: 4:00 Sing a long	10:00 Stretch & Shine 10:30 Morning Social 10:45 Coffee and Juice in Courtyard 11:00 Word Games 1:00 Walking Club 2:00 Ice Cream and Sunshine 3:00 Name that Tune and Chair Dancing	10:00 Cardio Crew 10:30 Morning Social 11:00 Word Games 1:00 Music w Kiemel 2:00 Granny Pant Toss (Outdoor) 2:00 H2O and Banana Pudding 3:00 Compliment Hour 3:30 B-I-N-G-O	10:00 Live Music with Kiemel 10:30 Morning Social 11:00 Word Games 1:00 Walk and Stretch w Abi 1:30 H2O time! 1:30 Small Group Outing: Ice Cream and Scenic Drive 2:00 Storytime Social 2:30 Craft: Rhinestone Art 3:30 Documentary and IN2L Games 6:00 Movie Night	10:00 Chair Dance w Abi 10:30 Morning Social 11:00 Word Games 1:00 Name that Tune 2:00 Create "kindness" cards 3:00 Discussion- What makes someone kind 3:30 Happy Hour !!	10:00 Cardio Crew 10:30 Morning Social 11:00 Peaceful Moment Meditation 1:30 H2O time! 2:00 Storytime Social 3:30 B-I-N-G-O 4:00 Sing a long
27	28	29	30	Happy Birthday 🍰		
10:00 Morning Fitness 10:30 Happy News and Conversation 1:00 Outside Games 2:00 Pet Therapy w/ Magnolia 2:00 Piano Concert in Lobby- Lindy Gold (ML) 2:30 Movie:	10:00 Boxing and Music w Bret 10:30 Morning Social- Fall Theme 11:00 Word Games 1:00 H2O and sunshine 1:30 Gratitude Hour 2:00 Movie Matinee: 4:00 Sing a long	10:00 Stretch & Shine 10:30 Painting w Polly 11:00 Pumpkin Coffee in Courtyard 1:00 Walking Club 2:00 Ice Cream and Sunshine 3:00 Name that Tune and Chair Dancing	10:00 Cardio Crew 10:30 Morning Social 11:00 Word Games 1:00 Music w Kiemel 2:00 H2O and Snack 2:00 Fall Smell and Guess Game 3:30 B-I-N-G-O- Apple theme	Sep 20 Elsie Friedman		

ML = Main Lobby