



HILLTOP RESERVE

September 2026

Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		9:00 Boxing Fitness Class 9:45 Water Aerobics 11:00 Water Aerobics 1:00 STORE OPEN 1:00 King Soopers Trip (ML) 1:30 Bridge Club (GR) 1:30 ACTIVE MINDS Lecture-Persian Gulf States (TH) 3:00 PBS: Nature Series (TH)	9:00 Balance Class w Christian (5 people max) 10:00 Strength and Conditioning (FC) 10:15 Mahjong Lessons w Eloise (GR) 11:30 Painting w Kelly 1:00 General Store is OPEN! 2:00 PBS- Colorado Experience: 2:00 Balance (FC) 3:00 Group Bible Study w/ Pastor Les (3rd FL AR)	9:00 Advanced Strength Class w Bret (FC) 9:15 Catholic Communion Service (TH) 9:30 Outing: Park Meadows Mall (ML) 10:00 Strength and Conditioning (FC) 10:30 Scrabble (GR) 11:00 Water Aerobics (FC) 1:00 General Store is OPEN 1:30 Come and Sing! (TH)	9:00 Stretch Class w Christian (FC) 10:00 Strength and Conditioning (FC) 1:00 General Store is OPEN 1:00 Bingo w Martha (GR) 2:00 Balance (FC) 2:30 Shabbat Services (AR) (3rd FL AR)	1:00 Betsy Schwarm - Classical Music Lecture (Ground FL TH) (TH) 2:00 Rummikub (GR) 7:00 Movie (TH)
6	7	8 🍰	9	10	11	12
10:30 Sunday Brunch (BDR) 2:00 Sunday Bridge (GR) 4:30 Hilltop Women Meet! (GR) 6:00 Christian Church Service	9:00 Advanced Fitness w Christian (7 people max) (FC) 9:00 Labor Day Breakfast 10:00 Strength and Conditioning (FC) 11:00 Cornhole Competition 1:00 CANASTA (GR) 1:00 STORE OPEN 2:00 Balance (FC)	9:00 Boxing Fitness Class 9:45 Water Aerobics 11:00 Water Aerobics 11:00 King Soopers Trip (ML) 1:00 STORE OPEN 1:30 Bridge Club (GR) 2:00 Mountain Man Nuts & Fruit Co.Truck at Hilltop (ML) (ML) 3:00 PBS: Nature Series (TH)	9:00 Balance Class w Christian (5 people max) 10:00 Strength and Conditioning (FC) 10:15 Mahjong Practice (GR) 1:00 General Store is OPEN! 1:00 Parkinson's Support Group 2:00 PBS- Colorado Experience: 2:00 Balance (FC)	9:00 Advanced Strength Class w Bret (FC) 9:15 Catholic Communion Service (TH) 10:00 Strength and Conditioning (FC) 10:00 Outing: Top Golf (ML) 10:30 Scrabble (GR) 11:00 Water Aerobics (FC) 1:00 General Store is OPEN 1:30 Come and Sing! (TH) 3:00 Men's Group Meeting 3:30 Cocktail: Espresso Martini (ML)	9:00 Stretch Class w Christian (FC) 10:00 Strength and Conditioning (FC) 1:00 General Store is OPEN 1:00 Bingo w Martha (GR) 2:00 Balance (FC) 2:30 Shabbat Services (AR) (3rd FL AR) 3:00 Rosh Hashanah- Apples, Honey & Honey bread	2:00 Rummikub (GR) 7:00 Movie (TH)
13	14	15 🍰	16	17	18	19
10:30 Sunday Brunch (BDR) 12:45 Outing: Lone Tree Arts Center Denver Concert Band (ML) 2:00 Sunday Bridge (GR)	9:00 Advanced Fitness w Christian (7 people max) (FC) 9:30 Outing: Evergreen Lake Walk and Lunch (ML) 10:00 Strength and Conditioning (FC) 1:00 CANASTA (GR) 1:00 STORE OPEN 2:00 Balance (FC) 3:00 Active Minds - POETRY EXPLORATIONS (PDR) 6:15 Broncos vs. Chiefs (TH) 6:45 Travels w Chris Wells (TH)	9:00 Boxing Fitness Class 9:45 Water Aerobics 11:00 Water Aerobics 11:00 King Soopers Trip (ML) 11:00 Trip to COSTCO (sign up) (ML) 1:00 STORE OPEN 1:00 Art Lecture w Wendy Adler- "BFFS" (TH) 1:30 Bridge Club (GR) 3:00 PBS: Nature Series (TH) 4:00 Dinner Outing: Catira Venezuelan Cuisine (ML)	9:00 Balance Class w Christian (5 people max) 10:00 Strength and Conditioning (FC) 10:15 Mahjong Practice (GR) 11:15 Baking: Apple Pies 1:00 General Store is OPEN! 1:00 Meditation Class w Dottie (GR) 2:00 PBS- Colorado Experience: 2:00 Balance (FC) 3:00 Group Bible Study w/ Pastor Les (3rd FL AR) 3:30 Happy Hour w Live Music- 50 people max	9:00 Advanced Strength Class w Bret (FC) 9:15 Catholic Communion Service (TH) 10:00 Strength and Conditioning (FC) 10:30 Scrabble (GR) 10:30 Protein smoothies with Kelly 11:00 Water Aerobics (FC) 11:30 Shopping in Main Lobby (ML) 1:00 General Store is OPEN 1:30 Come and Sing! (TH)	9:00 Stretch Class w Christian (FC) 10:00 Strength and Conditioning (FC) 1:00 General Store is OPEN 1:00 Bingo w Martha (GR) 2:00 Balance (FC) 2:30 Shabbat Services (AR) (3rd FL AR)	1:00 Betsy Schwarm - Classical Music Lecture (Ground FL TH) (TH) 2:00 Rummikub (GR) 3:00 Concert in Lobby (ML) 7:00 Movie (TH)

ML = Main Lobby, GR = Game Room, TH = Theater, FC = Fitness Center, 3rd FL AR = Activity Room, BDR = Bayuad Dining Room, PDR = Private Dining Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	21	22 🍰	23	24 🍰	25	26 🍰
10:30 Sunday Brunch (BDR) 2:00 Sunday Bridge (GR) 2:05 Broncos vs. Jaguars (TH) 4:30 Hilltop Women Meet! (GR) 6:00 Christian Church Service	8:00 Rocky Mountain National Park Picnic and Leaf Peeping (ML) 9:00 Advanced Fitness w Christian (7 people max) (FC) 10:00 Strength and Conditioning (FC) 1:00 CANASTA (GR) 1:00 STORE OPEN 1:30 ACTIVE MINDS Lecture- Canada (TH) 2:00 Balance (FC)	9:00 Boxing Fitness Class 9:45 Water Aerobics 11:00 Water Aerobics 11:00 King Soopers Trip (ML) 1:00 STORE OPEN 1:30 Bridge Club (GR) 2:00 Bob Kreis' 100th Birthday Cake in Lobby (ML) 3:00 PBS: Nature Series (TH)	8:30 Outing: The Broadmoor Hotel for Lunch (ML) 9:00 Balance Class w Christian (5 people max) 10:00 Strength and Conditioning (FC) 10:15 Mahjong Practice (GR) 1:00 General Store is OPEN! 1:00 Meditation Class w Dottie (GR) 2:00 PBS- Colorado Experience: 2:00 Balance (FC)	9:00 Advanced Strength Class w Bret (FC) 9:15 Catholic Communion Service (TH) 10:00 Strength and Conditioning (FC) 10:30 Scrabble (GR) 10:30 Protein smoothies with Kelly 11:00 Water Aerobics (FC) 12:30 Trip to TARGET (sign up) (ML) 1:00 General Store is OPEN 1:30 Come and Sing! (TH) 3:30 Apple Cider Cocktail (ML)	9:00 Stretch Class w Christian (FC) 10:00 Strength and Conditioning (FC) 1:00 General Store is OPEN 1:00 Bingo w Martha (GR) 2:00 Balance (FC) 2:30 Shabbat Services (AR) (3rd FL AR) 3:30 Dollywood Happy Hour (GR)	12:00 BUNCO Potluck (GR) 2:00 Rummikub (GR) 7:00 Movie (TH)
27 🍰	28	29	30	Happy Birthday 🍰		
10:30 Sunday Brunch (BDR) 2:00 Sunday Bridge (GR) 2:00 Piano Concert in Lobby- Lindy Gold (ML) 6:20 Broncos vs. Rams (TH)	9:00 Advanced Fitness w Christian (7 people max) (FC) 9:30 Outing: Woodgrain Bagel (ML) 10:00 Strength and Conditioning (FC) 1:00 CANASTA (GR) 1:00 STORE OPEN 2:00 Balance (FC) 3:00 BOOKCLUB 7:00 GAME NIGHT- Family Feud Hilltop Edition (ML)	9:00 Boxing Fitness Class 9:00 Pancakes w Kelly 9:00 Art Class w Rob 9:45 Water Aerobics 11:00 Water Aerobics 11:00 King Soopers Trip (ML) 1:00 STORE OPEN 1:30 Bridge Club (GR) 2:00 MONTH Birthday Party! (ML) 3:00 PBS: Nature Series (TH)	9:00 Balance Class w Christian (5 people max) 10:00 Strength and Conditioning (FC) 10:15 Mahjong Practice (GR) 1:00 General Store is OPEN! 1:00 Meditation Class w Dottie (GR) 2:00 PBS- Colorado Experience: 2:00 Balance (FC) 3:00 Group Bible Study w/ Pastor Les (3rd FL AR) 4:30 Opening Ceremony Hilltop Olympics Dinner	Sep 08 Marcia Kublanow Sep 15 Francisco Rios	Sep 22 Robert Kreis & Susan Valas Sep 24 Dora Trujillo & Judy Gardenswartz	Sep 26 Ardell Swartzendruber Sep 27 Joanne Pogue

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