



HILLTOP RESERVE

September 2026

Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 🎂 <i>HAPPY B-DAY DICK!</i>	5
Sydney MacIntosh <i>AL Life Enrichment Director</i> 303-285-5453		9:45 AM Morning News with Coffee 10:45 AM Stretch & Sweat 1:00 PM STORE OPEN 1:30 PM Midweek Matinee 1:45 PM Trip to Hobby Lobby - SIGN UP (ML) 3:30 PM Evening Meditation (FC)	9:45 AM Morning News with Coffee 10:45 AM Stretch & Sweat 1:00 PM Resident Council 1:00 PM STORE OPEN 2:15 PM Multi-Genre TRIVIA 3:00 PM Group Bible Study w/ Pastor Les (3rd FL AR) 3:30 PM Evening Yoga (FC)	9:15 AM Catholic Communion Service (TH) 9:45 AM Morning News with Coffee 10:30 AM Yoga and Tai Chi w/ Taya 1:00 PM STORE OPEN 1:30 PM Come and Sing! (TH) 2:30 PM Pina Coladas on the Patio 3:30 PM Evening Meditation (FC) 3:30 PM TV Series: The Andy Griffith Show Ep.1	9:45 AM Morning News with Coffee 10:30 AM VITALS CLINIC (3rd FL AR) 10:45 AM Stretch & Sweat 1:00 PM STORE OPEN 1:30 PM Celebration of Life with Optimal Health 2:30 PM Shabbat Services (AR) (3rd FL AR) 3:30 PM Happy Hour with Live Entertainment! (BDR)	10:00 AM Morning Walk in the Courtyard 10:30 AM Donuts & Discussion (3rd FL AR) 11:00 AM Group Games (3rd FL AR) 1:00 PM Betsy Schwarm - Classical Music Lecture (Ground FL TH) (TH) 2:00 PM Color Me Calm (2nd FL AS) 3:00 PM Movie Matinee 3:30 PM 1:1 Connections
6	7	8	9	10	11	12
10:00 AM Morning Walk in the Courtyard 10:30 AM Stretch & Movement Exercise 1:00 PM Lecture - (?) (TH) 3:00 PM Movie Matinee: Documentary 3:30 PM 1:1 Connections 6:00 PM Christian Church Service	9:45 AM Morning News with Coffee 10:45 AM Stretch & Sweat 1:00 PM STORE OPEN 1:30 PM Bingo (3rd FL AR) 2:30 PM Craftworks: 70s Patches (2nd FL AS) 3:30 PM Evening Yoga (FC)	9:45 AM Morning News with Coffee 10:45 AM Stretch & Sweat 1:00 PM STORE OPEN 1:30 PM Midweek Matinee 1:45 PM Shopping Trip to League of Denver Thrift Shop - SIGN UP (ML) 2:00 PM Mountain Man Nuts & Fruit Co.Truck at Hilltop (ML) (ML) 3:30 PM Evening Meditation (FC)	9:45 AM Morning News with Coffee 10:45 AM Stretch & Sweat 1:00 PM STORE OPEN 1:00 PM Parkinson's Support Group 2:15 PM Multi-Genre TRIVIA 3:00 PM Cookie Confections (3rd FL AR) 3:30 PM Evening Yoga (FC)	9:15 AM Catholic Communion Service (TH) 9:45 AM Morning News with Coffee 10:30 AM Yoga and Tai Chi w/ Taya 1:00 PM STORE OPEN 1:30 PM Come and Sing! (TH) 2:30 PM Garden Club (3rd FL AR) 3:30 PM Evening Meditation (FC) 3:30 PM TV Series: The Twilight Zone Ep.1	9:45 AM Morning News with Coffee 10:45 AM Stretch & Sweat 1:00 PM STORE OPEN 1:30 PM Star of the Month: John Travolta 2:30 PM Shabbat Services (AR) (3rd FL AR) 3:30 PM Happy Hour with Live Entertainment! (BDR)	10:00 AM Morning Walk in the Courtyard 10:30 AM Donuts & Discussion (3rd FL AR) 11:00 AM Group Games (3rd FL AR) 2:00 PM Color Me Calm (2nd FL AS) 3:00 PM Movie Matinee 3:30 PM 1:1 Connections

ML = Main Lobby, FC = Fitness Center, 3rd FL AR = Activity Room, BDR = Bayuad Dining Room, TH = Theater, 2nd FL AS = Art Studio

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13	14 <i>NATIONAL ASSISTED LIVING WEEK</i>	15 <i>NATIONAL ASSISTED LIVING WEEK</i>	16 <i>NATIONAL ASSISTED LIVING WEEK</i>	17 <i>NATIONAL ASSISTED LIVING WEEK</i>	18 <i>NATIONAL ASSISTED LIVING WEEK</i>	19
10:00 AM Morning Walk in the Courtyard 10:30 AM Stretch & Movement Exercise 1:45 PM Cocktails on the Patio 3:00 PM Movie Matinee: Documentary 3:30 PM 1:1 Connections	9:45 AM Morning News with Coffee 10:45 AM Stretch & Sweat 1:00 PM STORE OPEN 1:30 PM Bingo (3rd FL AR) 2:30 PM Music with Kiemel 3:30 PM Evening Yoga (FC)	9:45 AM Morning News with Coffee 10:45 AM Stretch & Sweat 1:00 PM STORE OPEN 1:30 PM Midweek Matinee 2:00 PM Hand Spa with Aromatherapy Workshop - SIGN UP (2nd FL AS) 3:30 PM Evening Meditation (FC) 4:00 PM Dementia Support Group	9:45 AM Morning News with Coffee 10:45 AM Stretch & Sweat 1:00 PM STORE OPEN 2:00 PM Neighborhood Block Party! (BDR) 3:00 PM Group Bible Study w/ Pastor Les (3rd FL AR) 3:30 PM Evening Yoga (FC)	9:15 AM Catholic Communion Service (TH) 9:45 AM Morning News with Coffee 10:00 AM Leaf Peeping & Lunch in Idaho Springs - SIGN UP (ML) 10:30 AM Yoga and Tai Chi w/ Taya 1:00 PM STORE OPEN 1:30 PM Come and Sing! (TH) 2:30 PM Purple Art: Instructor Led Class - SIGN UP (2nd FL AS) 3:30 PM Evening Meditation (FC) 3:30 PM TV Series: Leave It to Beaver Ep.1	9:45 AM Morning News with Coffee 10:45 AM Stretch & Sweat 1:00 PM STORE OPEN 1:30 PM Lecture by Joe Wiggins: The History of the Space Age 2:30 PM Shabbat Services (AR) (3rd FL AR) 3:30 PM Happy Hour with Live Entertainment! (BDR)	10:00 AM Morning Walk in the Courtyard 10:30 AM Donuts & Discussion (3rd FL AR) 11:00 AM Group Games (3rd FL AR) 1:00 PM Betsy Schwarm - Classical Music Lecture (Ground FL TH) (TH) 2:00 PM Oktoberfest Beer (3rd FL AR) 3:00 PM Movie Matinee 3:30 PM 1:1 Connections
20	21	22 🎂 <i>HAPPY B-DAY EUGENE!</i>	23	24	25	26
10:00 AM Morning Walk in the Courtyard 10:30 AM Stretch & Movement Exercise 1:00 PM Lecture - (?) (TH) 1:45 PM Cocktails on the Patio 3:00 PM Movie Matinee: Documentary 3:30 PM 1:1 Connections 6:00 PM Christian Church Service	9:45 AM Morning News with Coffee 10:45 AM Stretch & Sweat 1:00 PM STORE OPEN 1:30 PM ACTIVE MINDS Lecture (TH) 1:30 PM Bingo (3rd FL AR) 2:30 PM Flower Arrangements (2nd FL AS) 3:30 PM Evening Yoga (FC)	9:45 AM Morning News with Coffee 10:45 AM Stretch & Sweat 1:00 PM STORE OPEN 1:30 PM Midweek Matinee 2:30 PM Making Muddy Buddies - SIGN UP (3rd FL AR) 3:30 PM Evening Meditation (FC)	9:45 AM Morning News with Coffee 10:45 AM Stretch & Sweat 11:15 AM Lunch Outing to Thai Pot - SIGN UP (ML) 1:00 PM STORE OPEN 2:15 PM Multi-Genre TRIVIA 3:30 PM Evening Yoga (FC)	9:15 AM Catholic Communion Service (TH) 9:45 AM Morning News with Coffee 10:30 AM Yoga and Tai Chi w/ Taya 12:00 PM Outing to a Rockies Game (vs. D-Backs) - SIGN UP (ML) 1:00 PM STORE OPEN 1:30 PM Come and Sing! (TH) 3:30 PM TV Series: Gilligan's Island Ep.1	9:45 AM Morning News with Coffee 10:45 AM Stretch & Sweat 1:00 PM STORE OPEN 1:30 PM Music Appreciation: The Bee Gees 2:30 PM Shabbat Services (AR) (3rd FL AR) 3:30 PM Happy Hour with Live Entertainment! (BDR)	10:00 AM Morning Walk in the Courtyard 10:30 AM Donuts & Discussion (3rd FL AR) 11:00 AM Group Games (3rd FL AR) 2:00 PM Color Me Calm (2nd FL AS) 3:00 PM Movie Matinee 3:30 PM 1:1 Connections
27	28	29 🎂 <i>HAPPY B-DAY CAROL K.!</i>	30	Happy Birthday 🎂		
10:00 AM Morning Walk in the Courtyard 10:30 AM Stretch & Movement Exercise 1:45 PM Cocktails on the Patio 3:00 PM Movie Matinee: Documentary 3:30 PM 1:1 Connections	9:45 AM Morning News with Coffee 10:45 AM Stretch & Sweat 1:00 PM STORE OPEN 1:30 PM Bingo (3rd FL AR) 2:30 PM Music with Kiemel 3:30 PM Evening Yoga (FC)	9:45 AM Morning News with Coffee 10:45 AM Stretch & Sweat 1:00 PM STORE OPEN 1:30 PM Midweek Matinee 1:45 PM Trip to King Soopers - SIGN UP (ML) 3:30 PM Evening Meditation (FC)	9:45 AM Morning News with Coffee 10:45 AM Stretch & Sweat 1:00 PM STORE OPEN 1:30 PM September Birthday Party! (3rd FL AR) 2:15 PM Multi-Genre TRIVIA 3:00 PM Group Bible Study w/ Pastor Les (3rd FL AR) 3:30 PM Evening Yoga (FC)	Sep 04 Dick Pauly	Sep 22 Eugene Mingo	Sep 29 Carol Karsh

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