



HILLTOP RESERVE

June 2026

Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 🎂	3	4 🎂	5	6
	10:00 Strength and Conditioning (FC) 1:00 CANASTA (GR) 1:00 STORE OPEN 2:00 Balance (FC) 2:30 Rootbeer Floats in Courtyard	9:00 Boxing Fitness Class 11:00 Water Aerobics 11:00 King Soopers Trip (ML) 1:00 STORE OPEN 1:30 Bridge Club (GR) 1:30 ACTIVE MINDS Lecture- Interstate Highways (TH) 3:00 PBS: Nature Series (TH)	9:30 Outing: La Fillette Bakery 10:00 Strength and Conditioning (FC) 10:15 Mahjong Lessons w Eloise (GR) 1:00 General Store is OPEN! 1:00 Meditation Class w Dottie (GR) 2:00 PBS- Colorado Experience: 2:00 Balance (FC) 3:00 Learning Sign Language with Les Gwin	9:00 Advanced Strength Class w Bret (FC) 9:15 Catholic Communion Service (TH) 10:00 Strength and Conditioning (FC) 10:30 Scrabble (GR) 10:30 Protein smoothies with Kelly 11:00 Water Aerobics (FC) 1:00 General Store is OPEN 1:30 Come and Sing! (TH) 3:30 Bartender Kelly Hour: Strawberry Vodka Mojito (ML)	10:00 Strength and Conditioning (FC) 1:00 General Store is OPEN 1:00 Bingo w Martha (GR) 2:00 Balance (FC) 2:30 Shabbat Services (AR) (3rd FL AR)	1:00 Betsy Schwarm - Classical Music Lecture (1st FL TH) (TH) 2:00 Rummikub (GR) 7:00 Movie (TH)
7 🎂	8	9	10	11	12	13
10:30 Sunday Brunch (BDR) 2:00 Sunday Bridge (GR) 3:00 Watermelon Refresher Drink 4:30 Hilltop Women Meet! (GR)	10:00 Strength and Conditioning (FC) 1:00 CANASTA (GR) 1:00 STORE OPEN 2:00 Balance (FC) 3:00 Active Minds - POETRY EXPLORATIONS (PDR) 6:45 Travels w Chris Wells (TH)	9:00 Boxing Fitness Class 11:00 Water Aerobics 11:00 King Soopers Trip (ML) 1:00 STORE OPEN 1:30 Bridge Club (GR) 2:00 Mountain Man Nuts & Fruit Co.Truck at Hilltop (ML) (ML) 3:00 PBS: Nature Series (TH) 4:00 Dinner Outing: Benihana (ML)	10:00 Strength and Conditioning (FC) 10:15 Mahjong Lessons w Eloise (GR) 12:30 Trip to COSTCO (sign up) (ML) 1:00 General Store is OPEN! 1:00 Meditation Class w Dottie (GR) 1:00 Parkinson's Support Group 2:00 PBS- Colorado Experience: 2:00 Balance (FC) 3:00 Bible Study w/ Pastor Les (3rd FL AR) 3:00 Piano Concert- James K. (ML)	9:00 Advanced Strength Class w Bret (FC) 9:15 Catholic Communion Service (TH) 10:00 Strength and Conditioning (FC) 10:30 Scrabble (GR) 10:30 Protein smoothies with Kelly 11:00 Water Aerobics (FC) 1:00 General Store is OPEN 1:00 Petting Zoo in Courtyard! 1:30 Come and Sing! (TH) 3:00 Men's Group Meeting 4:00 Bartender Kelly: Mystery Cocktail (ML)	10:00 Strength and Conditioning (FC) 1:00 General Store is OPEN 1:00 Bingo w Martha (GR) 2:00 Balance (FC) 2:30 Shabbat Services (AR) (3rd FL AR)	10:00 Donuts and Coffee w Kelly (ML) 2:00 Rummikub (GR) 7:00 Movie (TH)

FC = Fitness Center, GR = Game Room, ML = Main Lobby, TH = Theater, 3rd FL AR = Activity Room, BDR = Bayuad Dining Room, PDR = Private Dining Room

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	15	16 🎂	17	18	19	20
10:30 Sunday Brunch (BDR) 2:00 Sunday Bridge (GR)	9:45 History Colorado Museum (ML) 10:00 Strength and Conditioning (FC) 1:00 CANASTA (GR) 1:00 STORE OPEN 1:30 ACTIVE MINDS Lecture- Dinosaurs! (TH) 2:00 Balance (FC) 4:00 Dinner Outing: Burndown (ML)	9:00 Boxing Fitness Class 11:00 Water Aerobics 11:00 King Soopers Trip (ML) 11:45 Purple Art Class 1:00 STORE OPEN 1:00 Art Lecture w Wendy Adler (TH) 1:30 Bridge Club (GR) 3:00 PBS: Nature Series (TH) 4:00 Happy Hour by Waterfall w Live Music (50 people max)	8:45 FULL Day Outing: Terry Bison Ranch- Cheyenne, Wyoming (ML) 10:00 Strength and Conditioning (FC) 10:15 Mahjong Lessons w Eloise (GR) 1:00 General Store is OPEN! 1:00 Meditation Class w Dottie (GR) 2:00 PBS- Colorado Experience: 2:00 Balance (FC) 3:00 Learning Sign Language with Les Gwin	9:00 Advanced Strength Class w Bret (FC) 9:15 Catholic Communion Service (TH) 10:00 Strength and Conditioning (FC) 10:30 Scrabble (GR) 10:30 Protein smoothies with Kelly 11:00 Water Aerobics (FC) 1:00 General Store is OPEN 1:30 Come and Sing! (TH) 3:00 Ballet Dance/Presentation (ML)	10:00 Strength and Conditioning (FC) 1:00 General Store is OPEN 1:00 Bingo w Martha (GR) 2:00 Balance (FC) 2:30 Shabbat Services (AR) (3rd FL AR) 3:00 Colorado Choir Video (TH)	1:00 Betsy Schwarm - Classical Music Lecture (1st FL TH) (TH) 2:00 Rummikub (GR) 7:00 Movie (TH)
21	22 🎂	23 🎂	24	25	26 🎂	27 🎂
10:30 Sunday Brunch (BDR) 2:00 Sunday Bridge (GR) 4:00 Happy Hour and Live Music 4:30 Hilltop Women Meet! (GR)	9:45 Outing: Garden and Glen Jeep Tour (make-up from May) (ML) 10:00 Strength and Conditioning (FC) 1:00 CANASTA (GR) 1:00 STORE OPEN 2:00 Balance (FC)	9:00 Boxing Fitness Class 11:00 Water Aerobics 11:00 King Soopers Trip (ML) 12:30 Crafting w Kelly 1:00 STORE OPEN 1:30 Bridge Club (GR) 1:30 MONTH Birthday Party! (ML) 3:00 Ambassador Meeting 3:00 PBS: Nature Series (TH)	10:00 Strength and Conditioning (FC) 10:15 Mahjong Lessons w Eloise (GR) 1:00 General Store is OPEN! 1:00 Meditation Class w Dottie (GR) 2:00 PBS- Colorado Experience: 2:00 Balance (FC) 3:00 Bible Study w/ Pastor Les (3rd FL AR) 3:30 Bartender Kelly: White Sangria (ML)	9:00 Advanced Strength Class w Bret (FC) 9:15 Catholic Communion Service (TH) 10:00 Strength and Conditioning (FC) 10:30 Scrabble (GR) 10:30 Protein smoothies with Kelly 11:00 Water Aerobics (FC) 1:00 General Store is OPEN 1:00 Trip to TARGET (sign up) (ML) 1:30 Come and Sing! (TH) 3:00 Townhall (TH)	10:00 Strength and Conditioning (FC) 1:00 General Store is OPEN 1:00 Bingo w Martha (GR) 2:00 Balance (FC) 2:30 Shabbat Services (AR) (3rd FL AR)	12:00 BUNCO Potluck (GR) 2:00 Rummikub (GR) 7:00 Movie (TH)
28	29	30	Happy Birthday 🎂			
10:30 Sunday Brunch (BDR) 2:00 Sunday Bridge (GR)	10:00 Strength and Conditioning (FC) 11:45 Purple Art Class 1:00 CANASTA (GR) 1:00 STORE OPEN 2:00 Balance (FC) 3:00 Piano Concert- David Wohl (ML)	8:30 Pikes Peak Cog Railway (make-up from May) HIGH ALTITUDE WARNING (ML) 9:00 Boxing Fitness Class 11:00 Water Aerobics 11:00 King Soopers Trip (ML) 1:00 STORE OPEN 1:30 Bridge Club (GR) 3:00 PBS: Nature Series (TH) 3:00 Vocals and Guitar Concert- Carly K. (ML)	Jun 02 Janey Shih Jun 04 Jayne Baughman	Jun 07 Dori Kaplan Jun 16 Thomas Byrnes	Jun 22 Betty Dawson Jun 23 Charles Eisen	Jun 26 Carol Heitz Jun 27 Elise Strickland

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