



HILLTOP RESERVE

May 2026

Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					8:30 May Day Cafe (3rd FL AR) 10:30 VITALS CLINIC (3rd FL AR) 1:00 STORE OPEN 1:30 Functions of the Human Body 2:30 Shabbat Services (AR) (3rd FL AR) 3:30 Happy Hour with Charlie Zanichelli	10:00 Donuts & Discussion (AR) (3rd FL AR) 11:00 What's in a Word (3rd FL AR) 1:00 Betsy Schwarm - Classical Music Lecture (1st FL TH) (TH) 1:30 Mid-Day Walk (3rd FL AR) 2:00 Color Me Calm (2nd FL AS) 3:00 Movie Matinee 4:00 1:1 Connections
3	4	5	6	7	8	9
9:00 Catholic Communion Service (TH) 10:00 Morning Connect (3rd FL AR) 10:45 Stretching w/ Teresa 1:00 Lecture - (?) (TH) 1:30 Who, What, Where Game (3rd FL AR) 3:00 Movie Matinee: Documentary 4:00 1:1 Connections	10:00 Morning Sun: daily news and walk around the courtyard (3rd FL AR) 10:45 Exercise w/ Teresa 1:00 STORE OPEN 1:00 Bingo (3rd FL AR) 2:30 Music with Kiemel 3:30 Candy Confections	10:00 Morning Sun: daily news and walk around the courtyard (3rd FL AR) 10:45 Exercise w/ Sydney 11:00 Brunch Outing at Morning Story: SIGN UP (ML) 1:00 STORE OPEN 1:30 Midweek Matinee 3:30 Cinco de Mayo Party (3rd FL AR) 4:30 Evening Yoga	10:00 Morning Sun: daily news and walk around the courtyard (3rd FL AR) 10:45 Exercise w/ Teresa 1:00 Resident Council 1:00 STORE OPEN 2:00 Celebrating Motherly Love (3rd FL AR) 3:00 Learning Sign Language with Les Gwin 4:30 Evening Yoga	10:00 Morning Sun: daily news and walk around the courtyard (3rd FL AR) 10:30 Yoga and Tai Chi w/ Taya 1:00 STORE OPEN 1:30 Come and Sing! (TH) 4:00 1:1 Connections 4:30 Evening Yoga	10:00 Morning Sun: daily news and walk around the courtyard (3rd FL AR) 10:45 Exercise w/ Sydney 1:00 STORE OPEN 1:30 Let's Learn: Baseball Legends 2:30 Shabbat Services (AR) (3rd FL AR) 3:30 Happy Hour with Scott Hackler	10:00 Donuts & Discussion (AR) (3rd FL AR) 11:00 What's in a Word (3rd FL AR) 1:30 Mid-Day Walk (3rd FL AR) 2:00 Color Me Calm (2nd FL AS) 3:00 Movie Matinee 4:00 1:1 Connections
10	11	12	13	14	15	16
9:00 Catholic Communion Service (TH) 10:00 Morning Connect (3rd FL AR) 10:45 Stretching w/ Teresa 1:30 Who, What, Where Game (3rd FL AR) 3:00 Movie Matinee: Documentary	10:00 Morning Sun: daily news and walk around the courtyard (3rd FL AR) 10:45 Exercise w/ Teresa 1:00 STORE OPEN 1:00 Bingo (3rd FL AR) 2:30 Art with Teresa (2nd FL AS) 4:00 1:1 Connections	10:00 Morning Sun: daily news and walk around the courtyard (3rd FL AR) 10:45 Exercise w/ Sydney 1:00 STORE OPEN 1:30 Midweek Matinee 2:00 Mountain Man Nuts & Fruit Co.Truck at Hilltop (ML) (ML) 3:30 All About Snake Plants (3rd FL AR) 4:30 Evening Yoga	10:00 Morning Sun: daily news and walk around the courtyard (3rd FL AR) 10:45 Exercise w/ Teresa 1:00 STORE OPEN 1:30 Multi-Genre TRIVIA 3:00 Bible Study w/ Pastor Les (3rd FL AR) 4:30 Evening Yoga	10:00 Morning Sun: daily news and walk around the courtyard (3rd FL AR) 10:30 Yoga and Tai Chi w/ Taya 1:00 STORE OPEN 1:30 Come and Sing! (TH) 2:30 Shopping Trip to King Soopers - SIGN UP REQUIRED (ML AR) 3:45 To a "T" Game Night (3rd FL AR) 4:30 Evening Yoga	10:00 Morning Sun: daily news and walk around the courtyard (3rd FL AR) 10:45 Exercise w/ Sydney 1:00 STORE OPEN 1:30 Art Appreciation: Mary Cassatt 2:30 Shabbat Services (AR) (3rd FL AR) 3:30 Happy Hour with Pete Vrazsity	10:00 Donuts & Discussion (AR) (3rd FL AR) 11:00 What's in a Word (3rd FL AR) 1:00 Betsy Schwarm - Classical Music Lecture (1st FL TH) (TH) 1:30 Mid-Day Walk (3rd FL AR) 2:00 Color Me Calm (2nd FL AS) 3:00 Movie Matinee 4:00 1:1 Connections

3rd FL AR = Activity Room, GR = Game Room, TH = Theater, 2nd FL AS = Art Studio, ML = Main Lobby, AK = Activity Kitchen

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17 9:00 Catholic Communion Service (TH) 10:00 Morning Connect (3rd FL AR) 10:45 Stretching w/ Teresa 1:00 Lecture - (?) (TH) 1:30 Who, What, Where Game (3rd FL AR) 3:00 Movie Matinee: Documentary 4:00 1:1 Connections	18 10:00 Morning Sun: daily news and walk around the courtyard (3rd FL AR) 10:45 Exercise w/ Teresa 1:00 STORE OPEN 1:00 Bingo (3rd FL AR) 1:30 ACTIVE MINDS Lecture (TH) 2:30 Music with Kiemel 3:30 Bakery Confections (AK)	19 10:00 Morning Sun: daily news and walk around the courtyard (3rd FL AR) 10:45 Exercise w/ Sydney 1:00 STORE OPEN 1:30 Midweek Matinee 3:30 Making Chocolate Turtles - SIGN UP (AK) 4:00 Dementia Support Group 4:30 Evening Yoga	20 10:00 Morning Sun: daily news and walk around the courtyard (3rd FL AR) 10:45 Exercise w/ Teresa 1:00 STORE OPEN 1:30 Multi-Genre TRIVIA 3:00 Learning Sign Language with Les Gwin 4:30 Evening Yoga	21 10:00 Morning Sun: daily news and walk around the courtyard (3rd FL AR) 10:30 Yoga and Tai Chi w/ Taya 11:00 Lunch Outing at Park Burger - SIGN UP REQUIRED (ML) 1:00 STORE OPEN 1:30 Come and Sing! (TH) 3:00 Jeopardy Game Night (3rd FL AR) 4:30 Evening Yoga	22 10:00 Morning Sun: daily news and walk around the courtyard (3rd FL AR) 10:45 Exercise w/ Sydney 1:00 STORE OPEN 1:30 Traveling to Oahu Hawaii 2:30 Shabbat Services (AR) (3rd FL AR) 3:30 Happy Hour! (BDR)	23 10:00 Donuts & Discussion (AR) (3rd FL AR) 11:00 What's in a Word (3rd FL AR) 1:30 Mid-Day Walk (3rd FL AR) 2:00 Color Me Calm (2nd FL AS) 3:00 Movie Matinee 4:00 1:1 Connections
24 9:00 Catholic Communion Service (TH) 10:00 Morning Connect (3rd FL AR) 10:45 Stretching w/ Teresa 1:30 Who, What, Where Game (3rd FL AR) 3:00 Movie Matinee: Documentary	25 10:00 Morning Sun: daily news and walk around the courtyard (3rd FL AR) 10:45 Exercise w/ Teresa 1:00 STORE OPEN 1:00 Bingo (3rd FL AR) 2:30 Art with Teresa: Memorial Day Poppies (2nd FL AS) 4:00 1:1 Connections	26 10:00 Morning Sun: daily news and walk around the courtyard (3rd FL AR) 10:45 Exercise w/ Sydney 1:00 STORE OPEN 1:30 Midweek Matinee 1:30 Trip to Butterfly Pavilion - SIGN UP REQUIRED (ML) 4:30 Evening Yoga	27 🎂 <i>Happy Birthday Rosa!</i> 10:00 Morning Sun: daily news and walk around the courtyard (3rd FL AR) 10:45 Exercise w/ Teresa 1:00 STORE OPEN 1:30 Multi-Genre TRIVIA 2:00 Birthday Party (3 rd FL AR) 3:00 Bible Study w/ Pastor Les (3rd FL AR) 4:30 Evening Yoga	28 10:00 Morning Sun: daily news and walk around the courtyard (3rd FL AR) 10:30 Yoga and Tai Chi w/ Taya 1:00 STORE OPEN 1:30 Come and Sing! (TH) 2:45 Craftworks: Flower Frog - SIGN UP (2nd FL AS) 3:45 Tug of War Dice Game (3rd FL AR) 4:30 Evening Yoga	29 10:00 Morning Sun: daily news and walk around the courtyard (3rd FL AR) 10:45 Exercise w/ Sydney 1:00 STORE OPEN 1:30 Film Appreciation: George Lucas 2:30 Shabbat Services (AR) (3rd FL AR) 3:30 Happy Hour! (BDR)	30 10:00 Donuts & Discussion (AR) (3rd FL AR) 11:00 What's in a Word (3rd FL AR) 1:30 Mid-Day Walk (3rd FL AR) 2:00 Color Me Calm (2nd FL AS) 3:00 Movie Matinee 4:00 1:1 Connections
31 🎂 <i>Happy Birthday Joan!</i> 9:00 Catholic Communion Service (TH) 10:00 Morning Connect (3rd FL AR) 10:45 Stretching w/ Teresa 1:00 Lecture - (?) (TH) 1:30 Who, What, Where Game (3rd FL AR) 3:00 Movie Matinee: Documentary 4:00 1:1 Connections	Happy Birthday 🎂					
	May 27 Rosa Feldmann May 31 Joan Beldock					

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