

February 2026

Monarch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 🎂	2	3 🎂	4	5	6	7 🎂
10:00 Morning Social 10:45 Mellow Movement 11:30 Lunch 2:30 Snack & Sitcoms 3:00 Pet Therapy w/ Annie 3:00 IL Skit coming to Monarch	9:45 Morning Social 10:30 Stretch & Shine 11:00 Word Search 11:30 Lunch 2:00 Matinee Movie & Popcorn (TH)	9:45 Morning Social 10:30 Stretch & Shine 11:00 Word Search 11:30 Lunch 2:00 Around the World Travel Show 3:00 Painting Hour	9:45 Morning Social 10:30 Cardio Crew 11:00 Word Search 11:30 Lunch 1:00 Rhythm and Reminiscence 3:00 B-I-N-G-O	9:45 Morning Social 10:00 Live Music with Kiemel 11:00 Word Search 11:30 Lunch 3:00 Craft Hour (3rd FL AR) 6:00 Movie Night	9:45 Morning Social 10:30 Cardio Crew 11:00 Word Search 11:30 Lunch 2:00 Velvet Coloring Pages and Classical Music 3:30 Happy Hour !!	9:45 Morning Social 10:30 Cardio Crew 11:30 Lunch 1:30 Saturday Musical 3:00 B-I-N-G-O 3:00 Concert in Lobby (ML)
8 🎂	9	10	11	12	13 🎂	14 🎂
10:00 Morning Social 10:45 Mellow Movement 11:30 Lunch 2:30 Snack & Sitcoms 3:00 Pet Therapy w/ Annie	9:45 Morning Social 10:30 Stretch & Shine 11:00 Word Search 11:30 Lunch 1:00 Mosaic Heart Placemats w IL residents 2:00 Matinee Movie & Popcorn (TH)	9:45 Morning Social 10:30 Stretch & Shine 11:00 Word Search 11:30 Lunch 2:00 Around the World Travel Show 3:00 Painting Hour	9:45 Morning Social 10:30 Cardio Crew 11:00 Word Search 11:30 Lunch 3:00 B-I-N-G-O	9:45 Morning Social 10:00 Live Music with Kiemel 11:00 Word Search 11:30 Lunch 1:30 Rootbeer Floats and Sing-a-long 3:00 Craft Hour (3rd FL AR) 6:00 Movie Night	9:45 Morning Social 10:30 Cardio Crew 11:00 Word Search 11:30 Lunch 1:00 Monarch House Volunteer: Delivering roses! 2:00 Velvet Coloring Pages and Classical Music 3:30 Valentines Day Happy Hour!	9:45 Morning Social 10:30 Cardio Crew 11:30 Lunch 2:00 Strawberry Love Floats 3:00 B-I-N-G-O 4:00 Valentines Day Concert (ML)
15	16 🎂	17 🎂	18	19	20	21 🎂
10:00 Morning Social 10:45 Mellow Movement 11:30 Lunch 2:30 Snack & Sitcoms 3:00 Pet Therapy w/ Annie	9:45 Morning Social 10:30 Stretch & Shine 11:00 Word Search 11:30 Lunch 2:00 Matinee Movie & Popcorn (TH)	9:45 Morning Social 10:30 Stretch & Shine 11:00 Word Search 11:30 Lunch 2:00 Around the World Travel Show 3:00 Painting Hour	9:45 Morning Social 10:30 Cardio Crew 11:00 Word Search 11:30 Lunch 3:00 Family Council 3:00 B-I-N-G-O 4:30 Olympic theme Italian Dinner!	9:45 Morning Social 10:00 Live Music with Kiemel 11:00 Word Search 11:30 Lunch 3:00 Craft Hour (3rd FL AR) 6:00 Movie Night	9:45 Morning Social 10:30 Cardio Crew 11:00 Word Search 11:30 Lunch 2:00 Velvet Coloring Pages and Classical Music 3:30 Happy Hour !!	9:45 Morning Social 10:30 Cardio Crew 11:30 Lunch 1:30 Saturday Musical 3:00 B-I-N-G-O

TH = Theater, 3rd FL AR = Activity Room, ML = Main Lobby

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 🎂	23	24	25	26	27	28
10:00 Morning Social 10:45 Mellow Movement 11:30 Lunch 2:30 Snack & Sitcoms 3:00 Pet Therapy w/ Annie	9:45 Morning Social 10:30 Stretch & Shine 11:00 Word Search 11:30 Lunch 2:00 Matinee Movie & Popcorn (TH)	9:45 Morning Social 10:30 Stretch & Shine 11:00 Word Search 11:30 Lunch 2:00 Travel to Paris w Kelly 2:00 Around the World Travel Show 3:00 Painting Hour	9:45 Morning Social 10:30 Cardio Crew 11:00 Word Search 11:30 Lunch 3:00 B-I-N-G-O	9:45 Morning Social 10:00 Live Music with Kiemel 11:00 Word Search 11:30 Lunch 3:00 Craft Hour (3rd FL AR) 6:00 Movie Night	9:45 Morning Social 10:30 Cardio Crew 11:00 Word Search 11:30 Lunch 2:00 Velvet Coloring Pages and Classical Music 3:30 Happy Hour !!	9:45 Morning Social 10:30 Cardio Crew 11:30 Lunch 1:30 Saturday Musical 3:00 B-I-N-G-O

Happy Birthday 🎂

Feb 01 Marilyn Reichenstein Feb 03 Eloise Rubin	Feb 07 Kathy Steinberg Feb 08 Don Strickland	Feb 13 Don Hollenbeck & Jill Williams Feb 14 Judy Handler & Marti Hanson	Feb 16 Arnie Idelberg Feb 17 Dorothy Neuman	Feb 21 Ned Heitz Feb 22 William Cureton		
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