

February 2026

Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 🎂 9:00 Catholic Communion Service (TH) 10:15 Puzzle Club (3rd FL AR) 10:45 Stretching w/ Teresa 2:30 1:1 Connections 3:30 Movie Matinee: Documentaries	2 10:00 Exercise w/ Teresa 10:45 Morning Minds: This Day in History (3rd FL AR) 1:00 STORE OPEN 1:00 BINGO (3rd FL AR) 2:30 Winter Olympics Trivia (3rd FL AR) 3:30 Painting w/ Teresa (2nd FL AS)	3 10:00 Exercise w/ Sydney 10:45 Morning Minds: Brain Games (3rd FL AR) 1:00 STORE OPEN 1:30 Let's Learn: The History of Cut Paper Art 3:45 Family Feud Game Night (3rd FL AR) 4:00 1:1 Connections	4 10:00 Exercise w/ Teresa 10:45 Morning Minds: You Be the Judge (3rd FL AR) 1:00 STORE OPEN 1:00 Resident Council 2:30 Activity Connect 3:00 Bible Study w/ Pastor Les (3rd FL AR)	5 10:00 Puzzle Club (3rd FL AR) 10:30 Yoga and Tai Chi w/ Taya 1:00 Store Open 1:30 Come and Sing! (TH) 3:30 Craftworks w/ Sydney: Clay Hearts pt. 1 (2nd FL AS)	6 10:00 Exercise w/ Sydney 10:45 Morning Minds: Finishing Lines 11:00 VITALS CLINIC (3rd FL AR) 1:00 STORE OPEN 2:30 Shabbat Services (AR) (3rd FL AR) 3:30 Happy Hour w/ Charlie Zanichell (BDR)	7 10:00 Donuts & Discussion (AR) (3rd FL AR) 11:00 What's in a Word (3rd FL AR) 1:00 Betsy Schwarm - Classical Music Lecture (1st FL TH) (TH) 3:00 Movie Matinee: Classic 3:00 Concert in Lobby (ML)
8 9:00 Catholic Communion Service (TH) 10:15 Puzzle Club (3rd FL AR) 10:45 Stretching w/ Teresa 1:00 Lecture - (?) (TH) 1:30 1:1 Connections 4:30 Super Bowl LX Watch Party	9 10:00 Exercise w/ Teresa 10:45 Morning Minds: This Day in History (3rd FL AR) 1:00 STORE OPEN 1:00 BINGO (3rd FL AR) 2:30 Music w/ Kiemel 3:00 Painting w/ Teresa - Clay Hearts pt. 2 (2nd FL AS)	10 10:00 Exercise w/ Sydney 10:45 Morning Minds: Brain Games (3rd FL AR) 1:00 STORE OPEN 2:00 Mountain Man Nuts & Fruit Co. Truck at Hilltop (ML) (ML) 2:30 Let's Learn Sign Language w/ Les Gwin (3rd FL AR) 4:00 1:1 Connections	11 10:00 Exercise w/ Teresa 10:45 Morning Minds: You Be the Judge (3rd FL AR) 1:00 STORE OPEN 1:30 Multi-Genre TRIVIA 2:30 Kitchen Creations: Valentine's No Bake Energy Bites (AK) 3:45 Traveling to New Zealand w/ Sydney	12 10:00 Puzzle Club (3rd FL AR) 10:30 Yoga and Tai Chi w/ Taya 1:00 STORE OPEN 1:30 Come and Sing! (TH) 2:45 Winter Senior Olympic Games! (3rd FL AR) 3:45 Craftworks w/ Sydney: Flower Arrangements (2nd FL AS)	13 10:00 Exercise w/ Sydney 10:45 Morning Minds: Finishing Lines (3rd FL AR) 1:00 STORE OPEN 2:30 Shabbat Services (AR) (3rd FL AR) 3:30 Happy Hour w/ Scott Hackler (BDR)	14 🎂 10:00 Donuts & Discussion (AR) (3rd FL AR) 11:00 What's in a Word (3rd FL AR) 1:30 Color Me Calm: Tea & Art (2nd FL AS) 3:00 Valentine's Day Party! (BDR)

3rd FL AR = Activity Room, 2nd FL AS = Art Studio, BDR = Bayuad Dining Room, TH = Theater, ML = Main Lobby, AK = Activity Kitchen

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15 9:00 Catholic Communion Service (TH) 10:15 Puzzle Club (3rd FL AR) 10:45 Stretching w/ Teresa 1:30 1:1 Connections 3:30 Movie Matinee: Documentaries	16 10:00 Exercise w/ Teresa 10:45 Morning Minds: This Day in History (3rd FL AR) 1:00 STORE OPEN 1:00 BINGO (3rd FL AR) 1:30 ACTIVE MINDS Lecture (TH) 2:30 Chinese New Year Trivia (3rd FL AR) 3:30 Painting w/ Teresa (2nd FL AS)	17 10:00 Exercise w/ Sydney 10:45 Morning Minds: Brain Games (3rd FL AR) 1:00 STORE OPEN 1:30 Chinese New Year Celebration (3rd FL AR) 2:30 Indoor Gardening Workshop (3rd FL AR) 4:00 Dementia Support Group	18 10:00 Exercise w/ Teresa 10:45 Morning Minds: You Be the Judge (3rd FL AR) 1:00 STORE OPEN 1:30 Multi-Genre TRIVIA 2:00 Candy Confections (3rd FL AR) 3:00 Bible Study w/ Pastor Les (3rd FL AR)	19 10:00 Puzzle Club (3rd FL AR) 10:30 Yoga and Tai Chi w/ Taya 1:00 STORE OPEN 1:30 Come and Sing! (TH) 2:45 Winter Senior Olympic Games! (3rd FL AR) 3:45 Craftworks w/ Sydney: Drawstring Pouch (2nd FL AS)	20 10:00 Exercise w/ Sydney 10:45 Morning Minds: Finishing Lines (3rd FL AR) 1:00 STORE OPEN 2:30 Shabbat Services (AR) (3rd FL AR) 3:30 Happy Hour w/ Pete Vrazsity	21 10:00 Donuts & Discussion (AR) (3rd FL AR) 11:00 What's in a Word (3rd FL AR) 1:00 Betsy Schwarm - Classical Music Lecture (1st FL TH) (TH) 1:30 Color Me Calm: Tea & Art (2nd FL AS) 3:00 Movie Matinee: Comedy
22 9:00 Catholic Communion Service (TH) 10:15 Puzzle Club (3rd FL AR) 10:45 Stretching w/ Teresa 1:00 Lecture - (?) (TH) 1:30 1:1 Connections 3:30 Movie Matinee: Documentaries	23 10:00 Exercise w/ Teresa 10:45 Morning Minds: This Day in History (3rd FL AR) 1:00 STORE OPEN 1:00 BINGO (3rd FL AR) 2:30 Music w/ Kiemel 3:00 Painting w/ Teresa (2nd FL AS)	24 10:00 Exercise w/ Sydney 10:45 Morning Minds: Brain Games (3rd FL AR) 1:00 STORE OPEN 2:30 Let's Learn Sign Language w/ Les Gwin (3rd FL AR) 3:45 Jeopardy Game Night 4:00 1:1 Connections	25 10:00 Exercise w/ Teresa 10:45 Morning Minds: You Be the Judge (3rd FL AR) 1:00 STORE OPEN 1:30 Multi-Genre TRIVIA 2:45 Smart Device Seminar 4:00 February Birthday Party! (BDR)	26 10:00 Puzzle Club (3rd FL AR) 10:30 Yoga and Tai Chi w/ Taya 1:00 STORE OPEN 1:30 Come and Sing! (TH) 2:45 Winter Senior Olympic Games! (3rd FL AR) 3:45 Craftworks w/ Sydney: Collage Journaling (2nd FL AS)	27 10:00 Exercise w/ Sydney 10:45 Morning Minds: Finishing Lines (3rd FL AR) 1:00 STORE OPEN 2:30 Shabbat Services (AR) (3rd FL AR) 3:30 Happy Hour w/ Stu Macaskie	28 10:00 Donuts & Discussion (AR) (3rd FL AR) 11:00 What's in a Word (3rd FL AR) 1:30 Color Me Calm: Tea & Art (2nd FL AS) 3:00 Movie Matinee: Musical
Happy Birthday 🎂						
Feb 01 Marilyn Reichenstein	Feb 14 Judy Handler					

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