



**HILLTOP RESERVE**  
**SUN MON**

# MAY 2025

**ASSISTED LIVING**  
**TUE WED**



**THU**

**FRI**

**SAT**

<p><b>Boulded = Outside Vendor</b></p> <p><b>Highlighted = Sign Up Required</b></p>				<p><b>9:45 Day Break (AR)</b> <b>10:30 Yoga / Tai Chi w/ Caroline (TH)</b> <b>11:30 Men's Lunch (AR)</b> <b>1:00 Store Open</b> <b>1:30 Blackjack (GR)</b> <b>3:00 The Crown (TH)</b> <b>4:30 Afternoon Walk (AR)</b> <b>6:30 Movie Night: Man of the Year (TH)</b></p>	<p><b>9:45 Day Break (AR)</b> <b>10:15 1:1 Visits</b> <b>11:00 VITALS CLINIC (3rd FL AR)</b> <b>1:30 Come and Sing! (TH)</b> <b>2:30 Shabbat Services (AR)</b> <b>3:30 Happy Hour !! (BDR)</b></p>	<p><b>10:00 Donuts &amp; Discussion (AR)</b> <b>11:00 Word Games (AR)</b> <b>1:00 Betsy Schwarm - Classical Music Lecture (1st FL TH)</b> <b>1:00 Mahjong (AR)</b> <b>2:00 MOVIE: Across the Tracks (TH)</b> <b>3:30 Aromatherapy (TH)</b> <b>4:30 Afternoon Walk (AR)</b></p>
<p><b>9:30 Catholic Communion Service (TH)</b> <b>10:45 Exercise with Kay (FC)</b> <b>1:15 Crossword Puzzle (TH)</b> <b>2:00 Movie Matinee: All Quiet on the Western (TH) (TH)</b> <b>3:30 Bible Study (TH)</b> <b>4:30 Afternoon Walk (AR)</b></p>	<p><b>9:45 Day Break (AR)</b> <b>10:00 Boxing Class (AR)</b> <b>1:00 STORE OPEN</b> <b>1:30 Sugar Skulls Craft (2nd FL AS)</b> <b>2:30 Music with Kiemel (TH)</b> <b>3:30 Target Outing (ML)</b> <b>4:30 Afternoon Walk (AR)</b></p>	<p><b>9:45 Day Break (AR)</b> <b>10:45 Exercise with Kay (FC)</b> <b>1:00 STORE OPEN</b> <b>1:30 Bingo (AR)</b> <b>3:00 Tour of the Sistine Chapel (TH)</b> <b>4:30 Afternoon Walk (AR)</b></p>	<p><b>9:45 Day Break (AR)</b> <b>10:00 Botanic Gardens Outing (ML)</b> <b>10:45 Fitness with Kay (FC)</b> <b>1:30 Trivia with Savina (TH)</b> <b>2:30 Corn Hole in the Courtyard</b> <b>3:00 Hudak on Hollywood: Discussion of Films (1st FL TH)</b> <b>3:30 Mugs and Music (AR)</b> <b>4:30 Afternoon Walk (AR)</b></p>	<p><b>9:45 Day Break (AR)</b> <b>10:30 Bible Study with Luke (AR)</b> <b>10:30 Yoga / Tai Chi w/ Caroline (TH)</b> <b>1:00 Store Open</b> <b>1:30 Poker (GR)</b> <b>3:00 The Crown (TH)</b> <b>4:30 Afternoon Walk (AR)</b></p>	<p><b>9:45 Day Break (AR)</b> <b>10:15 1:1 Visits</b> <b>10:45 Fitness with Anya (FC)</b> <b>1:30 Come and Sing! (TH)</b> <b>2:30 Shabbat Services (AR)</b> <b>3:30 Happy Hour! (BDR)</b></p>	<p><b>10:00 Donuts &amp; Discussion (AR)</b> <b>11:00 Word Games (AR)</b> <b>1:00 Mahjong (AR)</b> <b>2:00 MOVIE: 17 Miracles (TH)</b> <b>3:30 Aromatherapy (TH)</b> <b>4:30 Afternoon Walk (AR)</b></p>
<p><b>9:30 Catholic Communion Service (TH)</b> <b>10:30 Mothers Day Brunch (BD)</b> <b>10:45 Exercise with Kay (FC) (FC)</b> <b>2:00 Movie Matinee: Enola Holmes (TH) (TH)</b> <b>3:30 Bible Study (TH)</b> <b>4:30 Afternoon Walk (AR)</b></p>	<p><b>9:45 Day Break (AR)</b> <b>10:45 Exercise with Kay (FC)</b> <b>1:00 STORE OPEN</b> <b>1:30 Faux Stain Glass Class (2nd FL AS)</b> <b>3:30 Gardening Class (AR)</b> <b>4:30 Afternoon Walk (AR)</b></p>	<p><b>9:45 Day Break (AR)</b> <b>10:45 Exercise with Kay (FC)</b> <b>11:00 Lunch Outing: Mexican Restaurant (ML)</b> <b>1:00 STORE OPEN</b> <b>1:30 Bingo (AR)</b> <b>2:00 Mountain Man Nuts &amp; Fruit Co.Truck at Hilltop (ML)</b> <b>3:00 Secrets of the Last Supper (TH)</b> <b>4:30 Afternoon Walk (AR)</b></p>	<p><b>9:45 Day Break (AR)</b> <b>10:45 Fitness with Kay (FC)</b> <b>1:00 Resident Council Meeting (TH)</b> <b>2:00 Activity Calendar Planning Meeting (for next month) (TH)</b> <b>3:30 Mugs and Music (AR)</b> <b>4:30 Afternoon Walk (AR)</b></p>	<p><b>9:45 Day Break (AR)</b> <b>10:30 Yoga / Tai Chi w/ Caroline (TH)</b> <b>11:30 Ladies Lunch (AR)</b> <b>1:00 Store Open</b> <b>1:30 Blackjack (GR)</b> <b>3:00 The Crown (TH)</b> <b>4:30 Afternoon Walk (AR)</b> <b>6:30 Movie Night: Son of the South (TH)</b></p>	<p><b>9:45 Day Break (AR)</b> <b>10:15 1:1 Visits</b> <b>10:45 Fitness with Anya (FC)</b> <b>1:30 Come and Sing! (TH)</b> <b>2:30 Shabbat Services (AR)</b> <b>3:30 Happy Hour! (BDR)</b></p>	<p><b>10:00 Donuts &amp; Discussion (AR)</b> <b>11:00 Word Games (AR)</b> <b>1:00 Betsy Schwarm - Classical Music Lecture (1st FL TH)</b> <b>1:00 Mahjong (AR)</b> <b>2:00 MOVIE: Big Red (TH)</b> <b>3:30 Aromatherapy (TH)</b> <b>4:30 Afternoon Walk (AR)</b></p>
<p><b>9:30 Catholic Communion Service (TH)</b> <b>10:45 Exercise with Kay (FC)</b> <b>1:15 Crossword Puzzle (TH)</b> <b>2:00 Movie Matinee: Million Dollar Arm (TH)</b> <b>3:30 Bible Study (TH)</b> <b>4:30 Afternoon Walk (AR)</b></p>	<p><b>9:45 Day Break (AR)</b> <b>10:00 Boxing Class (AR)</b> <b>1:00 STORE OPEN</b> <b>1:00 Book Club (TH)</b> <b>1:30 ACTIVE MINDS Lecture (TH)</b> <b>2:30 Music with Kiemel (TH)</b> <b>4:30 Afternoon Walk (AR)</b></p>	<p><b>9:45 Day Break (AR)</b> <b>10:30 Bible Study with Luke (TH)</b> <b>10:45 Exercise with Kay (FC)</b> <b>1:00 STORE OPEN</b> <b>1:30 Bingo (AR)</b> <b>3:00 Vincent Van Gogh Museum Tour (TH)</b> <b>4:30 Afternoon Walk (AR)</b></p>	<p><b>9:45 Day Break (AR)</b> <b>10:45 Fitness with Kay (FC)</b> <b>11:00 King Soopers Outing (ML)</b> <b>1:30 Trivia with Savina (TH)</b> <b>2:30 Mini Golf in the Courtyard (TH)</b> <b>3:30 Mugs and Music (AR)</b> <b>4:30 Afternoon Walk (AR)</b></p>	<p><b>9:45 Day Break (AR)</b> <b>10:30 Yoga / Tai Chi w/ Caroline (TH)</b> <b>1:00 Store Open</b> <b>1:30 Poker (GR)</b> <b>3:00 The Crown (TH)</b> <b>4:30 Afternoon Walk (AR)</b> <b>6:30 Movie Night: The 355 (TH)</b></p>	<p><b>9:45 Day Break (AR)</b> <b>10:15 1:1 Visits</b> <b>10:45 Fitness with Anya (FC)</b> <b>1:30 Come and Sing! (TH)</b> <b>2:30 Shabbat Services (AR)</b> <b>3:30 Happy Hour! (BDR)</b></p>	<p><b>10:00 Donuts &amp; Discussion (AR)</b> <b>11:00 Word Games (AR)</b> <b>1:00 Mahjong (AR)</b> <b>2:00 MOVIE: The Fighting Prince of Donegal (TH)</b> <b>3:30 Aromatherapy (TH)</b> <b>4:30 Afternoon Walk (AR)</b></p>
<p><b>9:30 Catholic Communion Service (TH)</b> <b>10:45 Exercise with Kay (FC)</b> <b>1:15 Crossword Puzzle (TH)</b> <b>2:00 Movie Matinee: Cinderella Live (TH)</b> <b>3:30 Bible Study (TH)</b> <b>4:30 Afternoon Walk (AR)</b></p>	<p><b>9:45 Day Break (AR)</b> <b>10:45 Exercise with Kay (FC)</b> <b>11:30 Memorial Day BBQ</b> <b>1:00 STORE OPEN</b> <b>2:00 Spiral Starts Craft (2nd FL AS)</b> <b>3:00 Movie: The Turning Point: The Bomb and the Cold War (TH)</b> <b>4:30 Afternoon Walk (AR)</b></p>	<p><b>9:45 Day Break (AR)</b> <b>10:45 Exercise with Kay (FC)</b> <b>1:00 STORE OPEN</b> <b>1:30 Bingo (AR)</b> <b>3:00 Artist Class: Mary Cassett (AR)</b> <b>4:30 Afternoon Walk (AR)</b></p>	<p><b>9:45 Day Break (AR)</b> <b>10:45 Fitness with Kay (FC)</b> <b>11:00 Aquarium Outing (ML)</b> <b>1:30 Trivia with Savina (TH)</b> <b>2:30 Badminton in the Courtyard</b> <b>3:30 Benjamin's Health Journey (TH)</b> <b>4:30 Afternoon Walk (AR)</b></p>	<p><b>9:45 Day Break (AR)</b> <b>10:30 Yoga / Tai Chi w/ Caroline (TH)</b> <b>1:00 Store Open</b> <b>1:30 Blackjack (GR)</b> <b>3:00 The Crown (TH)</b> <b>4:30 Afternoon Walk (AR)</b> <b>6:30 Movie Night: Still Mine (TH)</b></p>	<p><b>9:45 Day Break (AR)</b> <b>10:15 1:1 Visits</b> <b>10:45 Fitness with Anya (FC)</b> <b>1:30 Come and Sing! (TH)</b> <b>2:30 Shabbat Services (AR)</b> <b>3:30 Happy Hour! (BDR)</b></p>	<p><b>10:00 Donuts &amp; Discussion (AR)</b> <b>11:00 Word Games (AR)</b> <b>1:00 Mahjong (AR)</b> <b>2:00 MOVIE: A Boy Called Po (TH)</b> <b>3:30 Aromatherapy (TH)</b> <b>4:30 Afternoon Walk (AR)</b></p>
		<p><b>GENERAL STORE</b> <b>2nd Floor</b> <b>Open:</b> <b>Monday-Friday</b> <b>1-3pm</b></p>	<p><b>ML = Main Lobby</b> <b>FC = Fitness Center</b> <b>PDR = Private Dining Room</b> <b>TH = Theater</b> <b>AR = Activity Room</b> <b>BDR = Bayuad Dining Room</b> <b>GR = Game Room</b></p>	<p><b>HAPPY BIRTHDAY</b></p> <p>11<sup>th</sup> Herold 27<sup>th</sup> Rosa F.</p>	<p><b>Kay Cushing</b> Life Enrichment Assistant for Assisted Living</p> <p>Kcushing@hilltopreserve.com</p>	<p><b>Benjamin Grimes</b> AL Director of Life Enrichment</p> <p>303-285-5453 bgrimes@hilltopreserve.com</p>