



# APRIL 2025



**HILLTOP RESERVE**  
**SUN MON**

**INDEPENDENT LIVING**  
**TUE WED**

**THU**

**FRI**

**SAT**

<p><b>HAPPY BIRTHDAY</b> <b>Apr 03</b> Mary Beck <b>Apr 21</b> Carole Kreis</p>	<p><b>Apr 22</b> Barbara Johnson <b>Apr 24</b> William Porter</p>	<p><b>10:00 AM</b> Boxing Fitness Class <b>11:00 AM King Soopers Trip</b> <b>11:00 AM</b> Water Aerobics <b>1:00 PM</b> STORE OPEN <b>1:30 PM</b> Bridge Club (GR) <b>3:00 PM Rick Steves Travel Show</b> <b>6:00 PM</b> Maj Jong (private)</p>	<p><b>9:30 AM</b> Rosary Group <b>10:00 AM</b> Strength and Conditioning <b>11:00 AM</b> Tai Chi (FC) <b>1:00 PM</b> Balance (FC) <b>2:00 PM</b> PBS- Colorado Experience <b>2:45 PM</b> Stretch with Anya <b>3:00 PM Hudak on Hollywood: Discussion of Films (TH)</b></p>	<p><b>9:00 AM</b> Strength <b>10:00 AM</b> Strength and Conditioning (FC) <b>10:30 AM</b> Protein smoothies <b>10:30 AM</b> Scrabble (GR) <b>11:00 AM</b> Water Aerobics <b>2:00 PM</b> Art Class with Kelly</p>	<p><b>9:00 AM</b> Advanced Circuit Training- Sign Up with Anya <b>10:00 AM</b> Strength and Conditioning <b>1:00 PM</b> Balance (FC) <b>1:30 PM</b> Come and Sing! (TH) <b>2:30 PM</b> Shabbat Services (3rd FL) <b>2:45 PM</b> Stretch with Anya <b>3:00 PM</b> Happy Hour</p>	<p><b>10:30 AM</b> Tai Chi (FC) <b>1:00 PM</b> Maj Jong (private) <b>1:00 PM</b> Betsy Schwarm - Classical Music Lecture (TH) <b>2:00 PM</b> Rummikub (GR) <b>7:00 PM</b> Netflix-Bobby Kennedy for President Series</p>
<p><b>9:30 AM</b> Catholic Communion <b>10:30 AM</b> Sunday Brunch (BDR) <b>2:00 PM</b> Sunday Bridge (GR) <b>3:00 PM</b> Revival69- The Concert that Rocked the World (TH) <b>4:30 PM</b> Hilltop Women Meet! (GR)</p>	<p><b>10:00 AM</b> Strength and Conditioning (FC) <b>10:00 AM</b> Lecture- Lost Treasures <b>1:00 PM</b> CANASTA (GR) <b>1:00 PM</b> Balance (FC) <b>1:30 PM</b> ACTIVE MINDS Lecture <b>2:45 PM</b> Stretch with Anya <b>4:30 PM</b> Little Ollies Dinner</p>	<p><b>10:00 AM</b> Boxing Fitness Class <b>11:00 AM King Soopers Trip</b> <b>11:00 AM</b> Water Aerobics <b>12:45 PM</b> Coloring with 1st Graders! (ML) <b>1:30 PM</b> Bridge Club (GR) <b>2:00 PM</b> Mountain Man <b>3:00 PM</b> Rick Steves Travel Show</p>	<p><b>9:30 AM</b> Rosary Group <b>10:00 AM</b> Strength and Conditioning (FC) <b>11:00 AM</b> Tai Chi (FC) <b>1:00 PM</b> Balance (FC) <b>2:00 PM</b> PBS- Colorado Ex. <b>2:45 PM</b> Stretch with Anya <b>3:00 PM</b> S'mores in courtyard</p>	<p><b>9:00 AM</b> Strength <b>10:00 AM</b> Strength and Conditioning (FC) <b>10:30 AM</b> Protein smoothies <b>10:30 AM</b> Scrabble (GR) <b>11:00 AM</b> Water Aerobics <b>1:00 PM</b> Trip to COSTCO <b>3:00 PM</b> Men's Group Meeting</p>	<p><b>9:00 AM</b> Advanced Circuit Training- Sign Up with Anya <b>10:00 AM</b> Strength and Conditioning <b>1:00 PM</b> General Store is OPEN <b>1:00 PM</b> Balance (FC) <b>1:30 PM</b> Come and Sing! (TH) <b>1:30 PM</b> MSU Denver Opp. Fair <b>2:30 PM</b> Shabbat Services (3rd FL) <b>2:45 PM</b> Stretch with Anya</p>	<p><b>10:30 AM</b> Tai Chi (FC) <b>1:00 PM</b> Maj Jong (private) <b>2:00 PM</b> Rummikub (GR) <b>7:00 PM</b> Netflix-Bobby Kennedy for President Series</p>
<p><b>9:30 AM</b> Catholic Communion Service <b>10:30 AM</b> Sunday Brunch (BDR) <b>2:00 PM</b> Sunday Bridge (GR) <b>5:00 PM</b> Seder Dinner</p>	<p><b>10:00 AM</b> Strength and Conditioning (FC) <b>11:00 AM Stanley Marketplace: Shop &amp; Eat</b> <b>1:00 PM</b> CANASTA (GR) <b>1:00 PM</b> Balance (FC) <b>2:45 PM</b> Stretch with Anya <b>3:00 PM</b> Active Minds - POETRY <b>6:45 PM</b> Travels w Chris Wells</p>	<p><b>10:00 AM</b> Boxing Fitness Class <b>11:00 AM King Soopers Trip</b> <b>11:00 AM</b> Water Aerobics <b>1:30 PM</b> Bridge Club (GR) <b>2:00 PM</b> Flower Arranging <b>3:00 PM</b> Rick Steves Travel Show (TH) <b>6:00 PM</b> Maj Jong (private)</p>	<p><b>9:30 AM</b> Rosary Group <b>10:00 AM</b> Strength and Conditioning (FC) <b>11:00 AM</b> Tai Chi (FC) <b>1:00 PM</b> Balance (FC) <b>2:00 PM</b> PBS- Colorado Experience: <b>2:30 PM</b> Drawing with Jill <b>2:45 PM</b> Stretch with Anya</p>	<p><b>9:00 AM</b> Strength <b>10:00 AM</b> S&amp;C <b>10:30 AM</b> Protein smoothies <b>10:30 AM</b> Scrabble (GR) <b>11:00 AM</b> Water Aerobics <b>1:00 PM</b> Trip to TARGET <b>5:00 PM</b> Sock Hop Dinner Event</p>	<p><b>9:00 AM</b> Advanced Circuit Training- Sign Up with Anya <b>10:00 AM</b> Strength and Conditioning <b>1:00 PM</b> Balance (FC) <b>2:30 PM</b> Shabbat Services (3rd ) <b>2:45 PM</b> Stretch with Anya <b>3:00 PM</b> Happy Hour</p>	<p><b>10:30 AM</b> Tai Chi (FC) <b>1:00 PM</b> Maj Jong (private) <b>1:00 PM</b> Betsy Schwarm - Classical Music Lecture (TH) <b>2:00 PM</b> Rummikub (GR) <b>7:00 PM</b> Netflix-Bobby Kennedy for President Series</p>
<p><b>9:30 AM</b> Catholic Communion Service <b>10:30 AM</b> Easter Brunch <b>2:00 PM</b> Sunday Bridge (GR) <b>4:30 PM</b> Hilltop Women Meet! (GR)</p>	<p><b>10:00 AM</b> Strength and Conditioning (FC) <b>1:00 PM</b> CANASTA (GR) <b>1:00 PM</b> STORE OPEN <b>1:00 PM</b> Balance (FC) <b>1:30 PM</b> ACTIVE MINDS Lecture (TH) <b>2:45 PM</b> Stretch with Anya</p>	<p><b>10:00 AM</b> Boxing Fitness Class <b>11:00 AM King Soopers Trip</b> <b>11:00 AM</b> Water Aerobics <b>1:30 PM</b> Bridge Club (GR) <b>1:30 PM</b> MONTH Birthday Party! (ML) <b>3:00 PM</b> Rick Steves Travel Show (TH) <b>6:00 PM</b> Mai Jong (private)</p>	<p><b>9:30 AM</b> Rosary Group <b>10:00 AM</b> Strength and Conditioning <b>10:00 AM</b> Center for Colorado Women's History Museum Outing <b>11:00 AM</b> Tai Chi (FC) <b>1:00 PM</b> Balance (FC) <b>2:00 PM</b> PBS- Colorado Experience: <b>2:45 PM</b> Stretch with Anya</p>	<p><b>9:00 AM</b> Strength <b>10:00 AM</b> Strength and Conditioning (FC) <b>10:30 AM</b> Protein smoothies with <b>10:30 AM</b> Scrabble (GR) <b>11:00 AM</b> Water Aerobics <b>2:00 PM</b> TOWN HALL <b>3:00 PM</b> Sweet treats w Kelly</p>	<p><b>9:00 AM</b> Advanced Circuit Training- Sign Up with Anya <b>10:00 AM</b> Strength and Conditioning (FC) <b>1:30 PM</b> Come and Sing! (TH) <b>2:30 PM</b> Shabbat Services (3rd FL AR) <b>2:45 PM</b> Stretch with Anya</p>	<p><b>10:30 AM</b> Tai Chi (FC) <b>12:00 PM</b> BUNCO Potluck (GR) <b>1:00 PM</b> Maj Jong (private) <b>2:00 PM</b> Rummikub (GR) <b>7:00 PM</b> Netflix-Bobby Kennedy for President Series</p>
<p><b>9:30 AM</b> Catholic Communion Service <b>10:30 AM</b> Sunday Brunch (BDR) <b>2:00 PM</b> Sunday Bridge (GR) <b>2:00 PM</b> Piano Recital in Lobby (ML)</p>	<p><b>10:00 AM</b> Strength and Conditioning (FC) <b>1:00 PM</b> CANASTA (GR) <b>1:00 PM</b> STORE OPEN <b>1:00 PM</b> Balance (FC) <b>2:45 PM</b> Stretch with Anya <b>3:00 PM</b> BOOKCLUB</p>	<p><b>10:00 AM</b> Boxing Fitness Class <b>11:00 AM King Soopers Trip</b> <b>11:00 AM</b> Water Aerobics <b>1:00 PM</b> STORE OPEN <b>1:30 PM</b> Bridge Club (GR) <b>3:00 PM</b> Rick Steves Travel Show (TH) <b>6:00 PM</b> Maj Jong (private)</p>	<p><b>9:30 AM</b> Rosary Group <b>10:00 AM</b> Strength and Conditioning (FC) <b>11:00 AM</b> Tai Chi (FC) <b>1:00 PM</b> General Store is OPEN! <b>1:00 PM</b> Balance (FC) <b>2:00 PM</b> PBS- Colorado Experience: <b>2:45 PM</b> Stretch with Anya</p>			

**ML** = Main Lobby  
**FC** = Fitness Center  
**PDR** = Private Dining Room  
**TH** = Theater  
**3rd FL AR** = Activity Room  
**BDR** = Bayuad Dining Room  
**GR** = Game Room  
**AK** = Activity Kitchen

**GENERAL STORE**  
**2nd Floor**  
**Open: Monday-Friday**  
**1-3pm**