

## HILLTOP RESERVE

## APRIL 2025

		9:45 Coffee & Chat 10:45 Exercise 1:00 STORE OPEN 1:30 Bingo with Kristina! 3:00 Comedy Special (TH) 4:00 Afternoon Walk	<ul> <li>9:45 Coffee &amp; Chat</li> <li>10:45 Fitness with Anya</li> <li>1:30 Jeopardy (TH)</li> <li>2:00 The America's TV</li> <li>Series (TH)</li> <li>3:00 Hudak on Hollywood:</li> <li>Discussion of Films (TH)</li> <li>3:30 Mugs and Music (AR)</li> <li>4:30 Afternoon Walk (AR)</li> </ul>	9:45 Coffee & Chat 10:45 Yoga/ Tai Chi with Kaitlin 11:30 Men's Lunch 1:00 Store Open 1:30 Blackjack 4:30 Afternoon Walk	9:45 Coff 10:15 1:1 V 10:45 Fitr 11:00 Vita 1:30 Com 2:30 Shal 3:30 Hap
2:30 Catholic Communion 0:45 Exercise with Kay (FC) 15 Crossword Puzzle 2:00 Movie: Hidden Figures (TH) 2:30 Chess Club 3:30 Bible Study 4:00 Afternoon Walk	9:45 Coffee & Chat 10:45 Exercise 1:00 STORE OPEN 1:30 Bunny Painting 2:30 Music with Kiemel 3:30 Outing to Target 4:00 Afternoon Walk	9:45 Coffee & Chat 10:45 Yoga 1:00 STORE OPEN 1:30 Boxing Class 2:00 Mountain Man Nuts & Fruit Co.Truck (ML) 2:30 Bobby Kennedy for President 3:30 Aromatherapy 4:30 Afternoon Walk	9:45 Coffee & Chat 10:45 Fitness with Anya 1:00 Resident Council 2:00 Activity Planning for Next Month 3:30 Mugs and Music 4:00 Afternoon Walk	9:45 Coffee & Chat 10:30 Yoga/ Tai Chi with Kaitlin 1:00 Store Open 1:30 POKER 3:00 Rolling Thunder Revue: A Bob Dylan Story 4:30 Afternoon Walk	9:45 Coff 10:15 1:1 V 10:45 Fitr 1:30 Com 2:30 Shal 3:30 Hap
<ul> <li>2:30 Catholic Communion</li> <li>10:45 Exercise with Kay (FC)</li> <li>1:15 Crossword Puzzle</li> <li>2:00 Movie: Night at the Museum</li> <li>2:30 Chess Club</li> <li>3:30 Bible Study</li> <li>4:00 Afternoon Walk</li> <li>5:00 Seder Dinner</li> </ul>	9:45 Coffee & Chat 10:00 Boxing Class 1:00 STORE OPEN 2:00 Doodles and Hues Painting Class 3:00 Gardening Class 4:00 Afternoon Walk	<ul> <li>9:45 Coffee &amp; Chat 15</li> <li>10:45 Exercise</li> <li>1:00 STORE OPEN</li> <li>2:30 Bobby Kennedy for President</li> <li>4:30 Afternoon Walk</li> </ul>	9:45 Coffee & Chat 10:45 Fitness with Anya 1:30 America's TV Series 3:30 Mugs and Music 4:30 Afternoon Walk	9:45 Coffee & Chat 17 10:30 Yoga/ Tai Chi with Kaitlin 11:30 Women's Lunch 1:00 Store Open 1:30 Blackjack 4:30 Afternoon Walk	9:45 Coff 10:15 1:1 V 10:45 Fitr 1:30 Com 2:30 Shal 3:30 Hap
20 30 Catholic Communion 0:45 Exercise with Kay (FC) 1:30 Easter Brunch 1:5 Crossword Puzzle 2:00 Movie: Here (TH) 3:30 Easter Egg Hunt 4:00 Afternoon Walk	9:45 Coffee & Chat 10:45 Exercise 1:00 STORE OPEN 1:30 Active Minds lecture (1st FL TH) 1:00 Outing to Walgreens 2:30 Music with Kiemel 4:30 Afternoon Walk	9:45 Coffee & Chat 22 10:45 Exercise 1:00 STORE OPEN 2:30 Bobby Kennedy for President 3:30 Aromatherapy 4:30 Afternoon Walk	9:45 Coffee & Chat 10:45 Fitness with Anya 1:30 Trivia (TH) 2:30 The America's TV Series 3:30 Mugs and Music 4:30 Afternoon Walk	9:45 Coffee & Chat 24 10:30 Yoga/ Tai Chi with Kaitlin 10:45 Outing TBD 1:00 Store Open 1:30 POKER 3:30 America's TV Series	9:45 Coffe 10:15 1:1 Vi 10:45 Fitn 1:30 Come 2:30 Shab 3:30 Happ
9:30 Catholic Communion 27 10:45 Exercise with Kay (FC) 1:15 Crossword Puzzle 2:00 Movie: The Six Triple Eight (TH) 2:30 Chess Club 3:30 Bible Study 4:00 Afternoon Walk	9:45 Coffee & Chat 10:45 Exercise 1:00 STORE OPEN 1:30 Craft Hour: Glass bead Suncatchers 3:30 Dominos 4:30 Afternoon Walk	9:45 Coffee & Chat 10:45 Exercise 1:00 STORE OPEN 1:30 Craft Hour: Glass Bead Suncatchers 3:30 Dominos 4:30 Afternoon Walk	9:45 Coffee & Chat 10:45 Fitness with Anya 1:30 Jeopardy (TH) 2:30 The America's TV Series 3:30 Mugs and Music 4:30 Afternoon Walk		
			Kay Cushing Assisted Living Life Enrichment Assistant kcushing@hilltopreserve.com	Anastasia Hoben Life Enrichment Director 720-724-7749 ahoben@hilltopreserve.com	ML = Ma FC = Fitr TH = The AR = Act BDR = B GR = Gar

SAT FR 5 **4 10:00** Donuts & offee & Chat Visits Discussion (3rd FL AR) itness with Anya 11:00 Word Games (AR) tal Clinic (AR) 1:00 Besty Schwarm: Classical me and Sing! (TH) music Lecture (1<sup>st</sup> FL TH) abbat Services (AR) 1:00 Mahjong ppy Hour!! 2:00 MOVIE: Grumpy Old Men **11 10:00** Donuts & 12 offee & Chat Discussion (3rd FL AR) Visits **11:00** Word Games (AR) itness with Anya 1:00 Mahjong me and Sing! (TH) **2:00** MOVIE: Glass Onion (TH) abbat Services (AR) **4:30** Afternoon Walk ppy Hour !! 10:00 Donuts & 18 19 Discussion (AR) offee & Chat **11:00** Word Games (AR) Visits 1:00 Besty Schwarm: Classical itness with Anya music Lecture (1<sup>st</sup> FL TH) me and Sing! (TH) 1:00 Mahjong abbat Services (AR) 2:00 MOVIE: The Ridiculous 6 ppy Hour !! **4:30** Afternoon Walk 26 25 10:00 Donuts & ffee & Chat Discussion (3rd FL AR) Visits **11:00** Word Games (AR) tness with Anya 1:00 Mahjong me and Sing! (TH) 2:00 MOVIE: The Beautiful abbat Services (AR) Game (TH) ppy Hour !! 4:30 Afternoon Walk 1ain Lobby **GENERAL STORE** itness Center 2nd Floor heater ctivity Room Open: Bayuad Dining Room Monday-Friday iame Room 1-3pm