



MARCH 2025



HILLTOP RESERVE
SUN MON

ASSISTED LIVING
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<p>HAPPY BIRTHDAY 29th – Carol Fattor</p>	<p>GENERAL STORE 2nd Floor Open: Monday-Friday 1-3pm</p>	<p>ML = Main Lobby FC = Fitness Center TH = Theater AR = Activity Room BDR = Bayuad Dining Room GR = Game Room</p>	<p>Podiatry Clinic 3/4 at 9:00 am</p> <p>Please sign up with Darcy</p>			<p>10:00 Donuts & Discussion (AR) 11:00 Word Games (AR) 1:00 1 : 1 Visits 1:00 Betsy Schwarm: Classical Lecture (1st FL TH) 2:00 Movie Matinee: The Last Laugh (TH) 4:30 Afternoon Walk (AR)</p>
<p>9:30 Catholic Communion Service (TH) 2 9:45 Bible Study (TH) 10:45 Exercise with Kay (FC) 1:15 Crossword Puzzle (TH) 2:30 Movie Matinee (TH) Moving On 4:30 Afternoon Walk</p>	<p>10:15 Daybreak (AR) 3 10:45 Exercise (FC) 1:00 STORE OPEN 1:30 Doodles and Hues Class (AR) 3:00 Target Trip (ML) 4:30 Afternoon Walk (AR)</p>	<p>10:15 'Daybreak' (AR) 4 10:45 Exercise (FC) 1:30 BINGO (AR) 1:00 STORE OPEN 3:30 History of Mardi Gras (TH) 4:30 Afternoon Madri Gras Parade (AR)</p>	<p>10:15 'Daybreak' (AR) 5 10:45 Fitness with Anya (FC) 1:30 Trivia (TH) 3:00 Mugs and Muffins (TH) 3:00 Hudak on Hollywood: Discussion of films (1st FL TH) 4:30 Afternoon Walk (AR)</p>	<p>10:15 'Daybreak' (AR) 6 10:30 Yoga/ Tai Chi with Kaitlyn (FC) 1:00 Store Open 1:30 Blackjack (GR) 3:30 Tea Tasting (AR) 4:30 Afternoon Walk (AR)</p>	<p>10:15 'Daybreak' (AR) 7 10:45 Fitness with Anya (FC) 11:00 Vitals Clinic 1:30 Come and Sing! (TH) 2:30 Shabbat Services (AR) 3:30 Happy Hour!! (BDR)</p>	<p>10:00 Donuts & Discussion (AR) 8 11:00 Word Games (AR) 1:00 1 : 1 Visits 1:30 Saturday Sitcom (TH) 2:00 Craft: Painting Mugs (AR) 3:30 Aromatherapy (TH) 4:30 Afternoon Walk (AR)</p>
<p>9:30 Catholic Communion Service (TH) 9 9:45 Bible Study (TH) 10:45 Exercise with Kay (FC) 1:15 Crossword Puzzle (TH) 2:30 Afternoon Spa (TH) 3:30 Slam Poetry (AR) 4:30 Afternoon Walk (AR)</p>	<p>10:15 Daybreak (AR) 10 10:45 Exercise (FC) 11:30 Ladies Lunch (AR) 1:00 STORE OPEN 1:30 Mardi Gras Painting (AR) 2:30 Music with Kiemel (TH) 3:30 Ancient Apocalypse Doc 4:30 Afternoon Walk (AR)</p>	<p>10:15 'Daybreak' (AR) 11 10:45 Exercise (FC) 1:00 STORE OPEN 1:30 BINGO 2:00 Mountain Man Nuts Truck 2:30 Documentary: Life in Color (TH) 4:30 Afternoon Walk</p>	<p>10:15 'Daybreak' (AR) 12 10:45 Fitness with Anya (FC) 1:00 Resident Council (TH) 2:00 Trivia (TH) 3:00 Mugs and Muffins (TH) 4:30 Afternoon Walk (AR)</p>	<p>10:15 'Daybreak' (AR) 13 10:30 Yoga/ Tai Chi with Kaitlyn (FC) 1:00 Store Open 1:30 Poker (GR) 3:30 Tea Tasting (AR) 4:30 Afternoon Walk (AR)</p>	<p>10:15 'Daybreak' (AR) 14 10:45 Fitness with Anya (FC) 1:30 Come and Sing! (TH) 2:30 Shabbat Services (AR) 3:30 Happy Hour!! (BDR)</p>	<p>10:00 Donuts & Discussion (AR) 15 11:00 Word Games (AR) 1:00 1 : 1 Visits 1:00 Betsy Schwarm: Classical Lecture 2:00 Movie Matinee: Book Club the movie (TH) 4:30 Afternoon Walk</p>
<p>9:30 Catholic Communion Service (TH) 16 9:45 Bible Study (TH) 10:45 Exercise with Kay (FC) 1:15 Crossword Puzzle (TH) 2:30 Movie Matinee: Summer Camp (TH) 4:30 Afternoon Walk (AR)</p>	<p>10:15 Daybreak (AR) 17 10:45 Exercise (FC) 11:30 Shamrock POP UP! (AR) 1:00 STORE OPEN 1:30 Book Club (TH) 2:00 Activity Planning (TH) 3:00 Shamrock Chalk Painting (AR)</p>	<p>10:15 'Daybreak' (AR) 18 10:45 Exercise (FC) 1:00 STORE OPEN 1:30 BINGO (AR) 3:00 Documentary: Life in Color with David Attenborough (TH) 4:30 Afternoon Walk</p>	<p>10:15 'Daybreak' (AR) 19 10:45 Fitness with Anya (FC) 1:30 Trivia (TH) 3:00 Mugs and Muffins (TH) 4:30 Afternoon Walk (AR)</p>	<p>10:15 'Daybreak' (AR) 20 10:30 Yoga/ Tai Chi with Kaitlyn (FC) 11:00 Museum Outing (ML) 1:00 Store Open 1:30 Blackjack (GR) 3:00 Aromatherapy (TH) 4:30 Afternoon Walk (AR)</p>	<p>10:15 'Daybreak' (AR) 21 10:45 Fitness with Anya (FC) 1:30 Come and Sing! (TH) 2:30 Shabbat Services (AR) 3:30 St. Patrick's Day Happy Hour!! (BDR)</p>	<p>10:00 Donuts & Discussion (AR) 22 11:00 Word Games (AR) 1:00 1 : 1 Visits 1:30 Saturday Sitcom (TH) 2:00 Craft: Pen Bags (AR) 3:30 Aromatherapy (TH) 4:30 Afternoon Walk (AR)</p>
<p>9:30 Catholic Communion Service (TH) 23 9:45 Bible Study (TH) 10:45 Exercise with Kay (FC) 11:30 Lunch Outing (ML) 1:15 Crossword Puzzle (TH) 2:30 Aromatherapy 4:30 Afternoon Walk (AR)</p>	<p>10:15 Daybreak (AR) 24 10:45 Exercise (FC) 11:30 Men's Lunch (AR) 1:00 STORE OPEN 1:30 Painting Class (AR) 2:30 Music with Kiemel (TH) 3:30 Word Game (TH) 4:30 Afternoon Walk (AR)</p>	<p>10:15 'Daybreak' (AR) 25 10:45 Exercise (FC) 1:00 STORE OPEN 1:30 BINGO (AR) 3:00 Documentary: Life in Color with David Attenborough (TH) 4:30 Afternoon Walk</p>	<p>10:15 'Daybreak' (AR) 26 10:45 Fitness with Anya (FC) 1:30 Trivia (TH) 3:00 Mugs and Muffins (TH) 4:30 Afternoon Walk (AR)</p>	<p>10:15 'Daybreak' (AR) 27 10:30 Yoga/ Tai Chi with Kaitlyn (FC) 1:00 Store Open 1:30 Poker (GR) 3:30 Tea Tasting (AR) 4:30 Afternoon Walk (AR)</p>	<p>10:15 'Daybreak' (AR) 28 10:45 Fitness with Anya (FC) 1:30 Come and Sing! (TH) 2:30 Shabbat Services (AR) 3:30 Happy Hour!! (BDR)</p>	<p>10:00 Donuts & Discussion (AR) 29 11:00 Word Games (AR) 1:00 1 : 1 Visits 2:00 Movie Matinee: Downton Abbey (TH) 4:30 Afternoon Walk (AR)</p>
<p>9:30 Catholic Communion Service (TH) 30 9:45 Bible Study (TH) 10:45 Exercise with Kay (FC) 1:15 Crossword Puzzle (TH) 2:30 Movie Matinee: Sandlot (TH) 4:30 Afternoon Walk (AR)</p>	<p>10:15 Daybreak (AR) 31 10:45 Exercise (FC) 11:30 Cooking Class (AR) 1:00 STORE OPEN 1:30 Craft Hour: Welcome Spring (AR) 2:30 Music History (TH) 3:30 Word Game (TH) 4:30 Afternoon Walk (AR)</p>			<p>Kay Cushing Assisted Living Life Enrichment Assistant kcushing@hilltopreserve.com</p>	<p>Anastasia Hoben Monarch House Life Enrichment Director (720)724-7749 ahoben@hilltopreserve.com</p>	<p>Highlighted = Outing Bolded = Outside Vendor</p>