



HILLTOP RESERVE

SUN

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FRI

SAT

JANUARY 2025

ASSISTED LIVING



<p>Jan 05 Bob Elliott Jan 06 George Young Jan 09 Bette Kal Jan 12 Diane Choate Jan 21 Phyllis Goodman</p>	<p>GENERAL STORE 2nd Floor Open: Monday-Friday 1-3pm</p>	<p>ML = Main Lobby FC = Fitness Center PDR = Private Dining Room TH = Theater 3rd FL AR = Activity Room BDR = Bayuad Dining Room GR = Game Room AK = Activity Kitchen</p>	<p>10:15 'Day-Break' (AR) 1 10:45 Fitness with Anya 1:30 Trivia (TH) 3:00 Bible Study (Christian) 3:00 Hudak on Hollywood: Discussion of Films (TH)</p>	<p>10:15 'Day-Break' (AR) 2 10:30 Yoga / Tai Chi w/ Kaitlin (FC) 1:00 Store Open 1:30 Blackjack (3rd FL AR) 1:30 TARGET (Shopping Trip) (ML) 3:30 Crossword</p>	<p>10:15 'Day-Break' (3rd FL AR) 3 10:45 Fitness with Anya 11:30 Vitals Clinic (AR) 1:30 Come and Sing! (TH) 2:30 Shabbat Services (3rd FL AR) 3:30 Happy Hour !!</p>	<p>10:00 Donuts & Discussion (3rd FL AR) 4 11:00 Word Games (AR) 1:00 1 : 1 Visits 1:00 Betsy Schwarm - Classical Music Lecture (TH) 2:00 MOVIE (Sully 2016 <i>True Story</i>) (TH)</p>
<p>9:30 Catholic Communion Service (TH) 5 10:45 Exercise with Kay (FC) 1:15 Crossword Puzzle (solved as a group on T.V.) (TH) 2:30 Movie Matinee (Focus 2015) (TH)</p>	<p>10:15 Daybreak (AR) 6 10:45 Exercise 1:00 STORE OPEN 1:30 Painting w/ Kay (AR) 3:00 Board Games (AR) 4:00 Cognitive Enrichment (AR)</p>	<p>10:15 Day Break 7 10:45 Exercise 1:00 STORE OPEN 2:00 Baking w/ Kay (Brownies and Cookies) (AR) 3:30 Jeopardy</p>	<p>10:15 'Day-Break' (AR) 8 10:45 Fitness with Anya 1:00 Resident Council Meeting (TH) 2:00 Trivia (TH) 3:00 Bible Study (Christian)</p>	<p>10:15 'Day-Break' (AR) 9 10:30 Yoga / Tai Chi w/ Kaitlin (FC) 1:00 Store Open 1:30 Aromatherapy (TH) 2:00 Explore Facebook Page (TH) 3:15 Wine Tasting (Red) (AR)</p>	<p>10:15 'Day-Break' (3rd FL AR) 10 10:45 Fitness with Anya 1:30 Come and Sing! (TH) 2:30 Shabbat Services (AR) 3:30 Happy Hour !!</p>	<p>10:00 Donuts & Discussion (AR) 11 11:00 Word Games (AR) 1:00 1 : 1 Visits 2:00 MOVIE (Whiplash 2014 <i>*Strong Language*</i>) (TH)</p>
<p>9:30 Catholic Communion Service (TH) 12 10:45 Exercise with Kay (FC) 1:15 Crossword Puzzle (solved as a group on T.V.) (TH) 2:30 Movie Matinee (The Imitation Game 2014 <i>Biological Thriller</i>) (TH)</p>	<p>10:15 Daybreak (AR) 13 10:45 Exercise 1:00 STORE OPEN 1:30 Painting w/ Kay(AR) 3:00 Pet Therapy(AR) 4:00 Cognitive Enrichment (AR)</p>	<p>10:15 'Day-Break' (AR) 14 10:45 Exercise 1:00 STORE OPEN 2:00 Hot Tea and Conversation (AR) 3:30 Bingo</p>	<p>10:15 'Day-Break' (AR) 15 10:45 Fitness with Anya 11:30 Men's Lunch 1:30 Trivia (TH) 3:00 Bible Study (Christian)</p>	<p>10:15 'Day-Break' (AR) 16 10:30 Yoga / Tai Chi w/ Kaitlin (FC) 11:30 Lunch Outing - FRENCH (ML) 1:00 Store Open 1:30 Blackjack (AR) 3:15 Getting to Know One Another -Sharing Life History Forms (TH)</p>	<p>10:15 'Day-Break' (3rd FL AR) 17 10:45 Fitness with Anya 1:30 Come and Sing! (TH) 2:30 Shabbat Services (3rd FL AR) 3:30 Happy Hour !!</p>	<p>10:00 Donuts & Discussion (AR) 18 11:00 Word Games (AR) 1:00 Betsy Schwarm - Classical Music Lecture (TH) 1:00 1 : 1 Visits 2:00 MOVIE (Casino Royale - James Bond) (TH)</p>
<p>9:30 Catholic Communion Service (TH) 19 10:45 Exercise with Kay (FC) 1:15 Crossword Puzzle (solved as a group on T.V.) (TH) 2:30 Movie Matinee (Bridge of Spies 2015) (TH)</p>	<p>10:15 Daybreak (AR) 20 10:45 Exercise 1:00 STORE OPEN 1:30 ACTIVE MINDS Lecture (TH) 1:30 Book Club (TH) 3:00 Board Games (AR) 4:00 Cognitive Enrichment (AR)</p>	<p>10:15 'Day-Break' (AR) 21 10:45 Exercise 11:30 Quick Lunch and Shopping (ML) 1:00 STORE OPEN 3:00 Bingo (AR) 4:00 Explore FB page Together (TH)</p>	<p>10:15 'Day-Break' (AR) 22 10:45 Fitness with Anya 1:00 Aromatherapy 1:30 Trivia (TH) 3:00 Bible Study (Christian)</p>	<p>10:15 'Day-Break' (AR) 23 10:45 Exercise 1:00 Store Open 1:30 POKER (PKR) 3:15 Words w/ Benjamin (TH)</p>	<p>10:15 'Day-Break' (3rd FL AR) 24 10:45 Fitness with Anya 1:30 Come and Sing! (TH) 2:30 Shabbat Services (3rd FL AR) 3:30 Happy Hour !!</p>	<p>10:00 Donuts & Discussion (AR) 25 11:00 Word Games (AR) 1:00 1 : 1 Visits 2:00 MOVIE (Rush <i>True Story</i>) -Niki Lauda) (TH)</p>
<p>9:30 Catholic Communion Service 26 10:45 Exercise with Kay (FC) 1:15 Crossword Puzzle (solved as a group on T.V.) (TH) 2:30 Movie Matinee (The Jungle Book 1994 <i>*Live Action*</i>) (TH)</p>	<p>10:15 Daybreak (AR) 27 10:45 Exercise 1:00 STORE OPEN 1:30 Painting w/ Kay (AR) 3:00 Board Games (AR) 4:00 Cognitive Enrichment (AR)</p>	<p>10:15 'Day-Break' (AR) 28 10:45 Exercise 12:30 Movie Theater (ML) 1:00 STORE OPEN 2:00 Live Music Performance (BDR)</p>	<p>10:15 'Day-Break' (AR) 29 10:45 Fitness with Anya 1:30 Trivia (TH) 3:00 Bible Study (Christian)</p>	<p>10:15 'Day-Break' (AR) 30 10:45 Exercise 1:00 Store Open 1:30 POKER (PKR) 3:15 <u>Memorial Service</u> (For residents recently passed) (TH)</p>	<p>10:15 'Day-Break' (3rd FL AR) 31 10:45 Fitness with Anya 1:30 Come and Sing! (TH) 2:30 Shabbat Services (3rd FL AR) 3:30 Happy Hour !!</p>	<p>AL Director of Life Enrichment Benjamin Grimes 303 285 5453 bgrimes@hilltopreserve.com</p>