



# DECEMBER 2024



## HILLTOP RESERVE

### ASSISTED LIVING

SUN

MON

TUE

WED

THU

FRI

SAT

<p><b>9:30</b> Catholic Communion Service</p> <p><b>1:15</b> Crossword Puzzle (solved as a group on T.V.) (TH)</p> <p><b>2:30</b> Movie Matinee (TH)</p>	<p><b>10:15</b> Daybreak (AR)</p> <p><b>10:45</b> Exercise</p> <p><b>1:00</b> STORE OPEN</p> <p><b>1:30</b> Painting with Kay (2nd FL AS)</p> <p><b>2:00</b> Board Games (AR)</p> <p><b>4:00</b> Cognitive Enrichment (AR)</p>	<p><b>10:15</b> 'Day-Break' (AR)</p> <p><b>1:00</b> STORE OPEN</p> <p><b>1:00</b> Music and Conversation</p> <p><b>1:30</b> BINGO (AR)</p> <p><b>3:00</b> Board Games (AR)</p>	<p><b>10:15</b> 'Day-Break' (AR)</p> <p><b>10:45</b> Fitness with Anya (FR)</p> <p><b>1:00p</b> Explore our Facebook Page (TH)</p> <p><b>1:30</b> Trivia (TH)</p> <p><b>3:00</b> Bible Study (Christian) (TH)</p>	<p><b>10:15</b> 'Day-Break' (AR)</p> <p><b>10:30</b> Yoga / Tai Chi</p> <p><b>1:00</b> Store Open</p> <p><b>1:30</b> Blackjack (AR)</p> <p><b>1:30</b> <b>Target (Shopping Trip)</b></p> <p><b>2:15</b> Christmas Card Writing (AR)</p> <p><b>3:15</b> Jeopardy (TH)</p>	<p><b>10:15</b> 'Day-Break' (AR)</p> <p><b>10:45</b> Fitness with Anya</p> <p><b>11:00</b> VITALS CLINIC (AR)</p> <p><b>1:30</b> Come and Sing! (TH)</p> <p><b>2:30</b> Shabbat Services (AR)</p> <p><b>3:30</b> Happy Hour !!</p>	<p><b>10:00</b> Donuts &amp; Discussion (AR)</p> <p><b>11:00</b> Word Games (3rd FL AR)</p> <p><b>1:00</b> Betsy Schwarm - Classical Music Lecture (TH)</p> <p><b>1:00</b> 1:1 Visits</p> <p><b>2:00</b> MOVIE (The Post 2018) (TH)</p>
<p><b>9:30</b> Catholic Communion Service</p> <p><b>10:45</b> Exercise with Kay (FC)</p> <p><b>1:15</b> Crossword Puzzle (solved as a group on T.V.) (TH)</p> <p><b>2:30</b> Movie Matinee (TH)</p>	<p><b>10:15</b> Daybreak (AR)</p> <p><b>10:45</b> Exercise</p> <p><b>1:00</b> STORE OPEN</p> <p><b>1:30</b> Pet Therapy (AR)</p> <p><b>2:00</b> Board Games (AR)</p> <p><b>4:00</b> Cognitive Enrichment (AR)</p>	<p><b>10:15</b> 'Day-Break' (AR)</p> <p><b>10:45</b> Exercise</p> <p><b>1:00</b> STORE OPEN</p> <p><b>2:00</b> Mountain Man Nuts &amp; Fruit Co.Truck at Hilltop (ML)</p> <p><b>2:00</b> Hott Chocolates! (AR)</p> <p><b>3:00</b> Words with Benjamin (TH)</p>	<p><b>9:45</b> Music Therapy with Kimel (FC)</p> <p><b>10:15</b> 'Day-Break' (3rd FL AR)</p> <p><b>10:45</b> Fitness with Anya</p> <p><b>1:00</b> Resident Council Meeting (TH)</p> <p><b>1:30</b> Trivia (TH)</p> <p><b>3:00</b> Bible Study (Christian)</p>	<p><b>10:15</b> 'Day-Break' (AR)</p> <p><b>10:45</b> Exercise</p> <p><b>1:00</b> Store Open</p> <p><b>1:30</b> POKER</p> <p><b>2:15</b> Music and Conversation (TH)</p> <p><b>4:00</b> Aromatherapy (TH)</p>	<p><b>10:15</b> 'Day-Break' (3rd FL AR)</p> <p><b>10:45</b> Fitness with Anya</p> <p><b>1:30</b> Come and Sing! (TH)</p> <p><b>2:30</b> Shabbat Services (3rd FL AR)</p> <p><b>3:30</b> Happy Hour !!</p>	<p><b>10:00</b> Donuts &amp; Discussion (3rd FL AR)</p> <p><b>11:00</b> Word Games (AR)</p> <p><b>1:00p</b> <b>Christmas Carol Sing-a-Long with the Hilltop Singers</b> (ML)</p> <p><b>1:00</b> 1:1 Visits</p> <p><b>2:00</b> MOVIE (12 Mighty Orphans 2021) (TH)</p>
<p><b>9:30</b> Catholic Communion Service</p> <p><b>10:45</b> Exercise with Kay (FC)</p> <p><b>1:15</b> Crossword Puzzle (solved as a group on T.V.) (TH)</p> <p><b>2:30</b> Movie Matinee (TH)</p>	<p><b>10:15</b> Daybreak (AR)</p> <p><b>10:45</b> Exercise</p> <p><b>1:00</b> STORE OPEN</p> <p><b>1:30</b> ACTIVE MINDS Lecture (TH)</p> <p><b>1:30</b> Painting with Kay (2nd FL AS)</p> <p><b>1:30</b> Book Club (TH)</p> <p><b>2:00</b> Board Games (AR)</p> <p><b>4:00</b> Cognitive Enrichment (AR)</p>	<p><b>10:15</b> 'Day-Break' (AR)</p> <p><b>10:45</b> Exercise</p> <p><b>1:00</b> STORE OPEN</p> <p><b>2:00</b> Activity Calendar Planning Meeting (for next month) (TH)</p> <p><b>3:15</b> BINGO (AR)</p>	<p><b>10:15</b> 'Day-Break' (AR)</p> <p><b>10:45</b> Fitness with Anya</p> <p><b>1:00</b> Hot Cocoa and Cookies! (AR)</p> <p><b>1:30</b> Trivia (TH)</p> <p><b>3:00</b> Bible Study (Christian)</p> <p><b>3:00</b> Hudak on Hollywood: Discussion of Films (TH)</p>	<p><b>10:15</b> 'Day-Break' (AR)</p> <p><b>10:30</b> Yoga / Tai Chi w/ Kaitlin (FC)</p> <p><b>10:45</b> <b>PF Chang's (Lunch Outing) (ML)</b></p> <p><b>1:00</b> Store Open</p> <p><b>1:30</b> Blackjack (AR)</p> <p><b>3:00</b> Jeopardy (TH)</p>	<p><b>10:15</b> 'Day-Break' (AR)</p> <p><b>10:45</b> Fitness with Anya</p> <p><b>1:30</b> Come and Sing! (TH)</p> <p><b>2:30</b> Shabbat Services (AR)</p> <p><b>3:30</b> Happy Hour !!</p>	<p><b>10:00</b> Donuts &amp; Discussion (3rd FL AR)</p> <p><b>11:00</b> Word Games (AR)</p> <p><b>1:00</b> Betsy Schwarm - Classical Music Lecture (TH)</p> <p><b>1:00</b> 1:1 Visits</p> <p><b>2:00</b> MOVIE (Saturday Night 2024) (TH)</p>
<p><b>9:30</b> Catholic Communion Service</p> <p><b>10:45</b> Exercise with Kay (FC)</p> <p><b>1:15</b> Crossword Puzzle (solved as a group on T.V.) (TH)</p> <p><b>2:30</b> Movie Matinee (TH)</p>	<p><b>10:15</b> Daybreak (AR)</p> <p><b>10:45</b> Exercise</p> <p><b>1:00</b> STORE OPEN</p> <p><b>1:30</b> Pet Therapy (AR)</p> <p><b>2:00</b> Board Games (AR)</p> <p><b>4:00</b> Cognitive Enrichment (AR)</p>	<p><b>10:15</b> 'Day-Break' (AR)</p> <p><b>10:30</b> Exercise</p> <p><b>11:00</b> <b>Christmas Eve Day BRUNCH (BDR)</b></p> <p><b>1:00</b> STORE OPEN</p> <p><b>1:00</b> <b>Christmas Movies (A Christmas Story and Home Alone 2)</b> (TH)</p>	<p><b>10:15</b> 'Day-Break' (AR)</p> <p><b>10:45</b> Fitness with Anya</p> <p><b>11:00</b> <b>Christmas Day BRUNCH (BDR)</b></p> <p><b>1:30</b> Trivia (TH)</p> <p><b>3:00</b> <del>Bible Study (Christian)</del></p>	<p><b>10:15</b> 'Day-Break' (AR)</p> <p><b>10:30</b> Yoga / Tai Chi w/ Kaitlin (FC)</p> <p><b>1:00</b> Store Open</p> <p><b>1:30</b> POKER</p> <p><b>3:15</b> Music and Conversation (TH)</p> <p><b>4:00</b> Aromatherapy (TH)</p>	<p><b>10:15</b> 'Day-Break' (AR)</p> <p><b>10:45</b> Fitness with Anya</p> <p><b>1:30</b> Come and Sing! (TH)</p> <p><b>2:30</b> Shabbat Services (AR)</p> <p><b>3:30</b> Happy Hour !!</p>	<p><b>10:00</b> Donuts &amp; Discussion (3rd FL AR)</p> <p><b>11:00</b> Word Games (AR)</p> <p><b>1:00</b> 1:1 Visits</p> <p><b>2:00</b> MOVIE (AIR 2023) (TH)</p>
<p><b>9:30</b> Catholic Communion Service</p> <p><b>10:45</b> Exercise with Kay (FC)</p> <p><b>11:00</b> <b>Hannakuah Celebration (IL Dining Room)</b></p> <p><b>1:15</b> Crossword Puzzle (solved as a group on T.V.) (TH)</p> <p><b>2:30</b> Movie Matinee (TH)</p>	<p><b>10:15</b> Daybreak (AR)</p> <p><b>10:45</b> Exercise</p> <p><b>1:00</b> STORE OPEN</p> <p><b>1:30</b> Painting with Kay (2nd FL AS)</p> <p><b>2:00</b> Board Games (AR)</p> <p><b>4:00</b> Cognitive Enrichment (AR)</p>	<p><b>10:15</b> 'Day-Break' (AR)</p> <p><b>10:45</b> Exercise</p> <p><b>1:00</b> STORE OPEN</p> <p><b>1:00p</b> New Years Champagne Toast and Celebration !</p>		<p><b>GENERAL STORE</b></p> <p><b>2nd Floor</b></p> <p><b>Open: Monday, Tuesday, Thursday 1-3pm</b></p>	<p><b>HAPPY BIRTHDAY</b></p> <p><b>Dec 4</b> Mary Elliot</p> <p><b>Dec 6</b> Karen Stone</p> <p><b>Dec 9</b> Fran Stern</p> <p><b>Dec 19</b> Sandra Savit</p>	<p><b>AL Director of Life Enrichment</b></p> <p><b>Benjamin Grimes</b></p> <p><b>303.285.5453</b></p> <p><b>bgrimes@hilltopreserve.com</b></p>