



NOVEMBER 2024



HILLTOP RESERVE
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ASSISTED LIVING
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<p>AL Director of Life Enrichment Benjamin Grimes 303.285.5453 bgrimes@hilltopreserve.com</p>	<p>ALL OUTINGS ARE SUBJECT TO CHANGE DUE TO Inclement WEATHER.</p> <p>PLEASE SING UP W/BENJAMIN FOR ALL OUTINGS AHEAD OF TIME.</p>	<p>ML = Main Lobby FC = Fitness Center PDR = Private Dining Room TH = Theater AR = Activity Room BDR = Bayuad Dining Room PKR = Poker Room</p>	<p>HAPPY BIRTHDAY !!</p> <p>November 02 Ada Salsbury</p> <p>November 17 Aundrey Andrus</p>		<p>10:15 'Day-Break' (AR) 1 10:45 Fitness with Anya 11:00 VITALS CLINIC (AR) 1:30 Come and Sing! (TH) 2:30 Shabbat Services (AR) 3:30 Happy Hour !!</p>	<p>10:00 Donuts & Discussion (AR) 2 11:00 Word Games (AR) 1:00 Betsy Schwarm - Classical Music Lecture (TH) 1:00 1 : 1 Visits 2:00 MOVIE (Hocus Pocus)</p>
<p>9:30 Catholic Communion Service 3 10:45 Exercise with Kay (FC) 1:15 Crossword Puzzle (solved as a group on T.V.) (TH) 2:30 Movie Matinee (TH)</p>	<p>10:00 Daybreak (AR) 4 10:45 Exercise with Kay 1:00 STORE OPEN 1:30 Painting with Kay (ART) 2:00 Board Games (AR) 4:00 Cognitive Enrichment (AR)</p>	<p>10:15 'Day-Break' (AR) 5 10:45 Exercise 1:00 STORE OPEN 1:00 Crossword Puzzle (solved as a group) (TH) 2:00 Target (ML)</p>	<p>10:15 'Day-Break' (AR) 6 10:45 Fitness with Anya 1:30 Trivia (TH) 3:00 Hudak on Hollywood: Discussion of Films (TH) 3:00 Bible Study (Christian)</p>	<p>10:15 'Day-Break' (AR) 7 10:30 Yoga / Tai Chi w/ Kaitlyn (FC) 1:00 Outing - Museum of Western Art (ML) 1:00 Store Open 1:30 Blackjack (3rd FL AR)</p>	<p>10:15 'Day-Break' (AR) 8 10:45 Fitness with Anya 1:30 Come and Sing! (TH) 2:30 Shabbat Services (AR) 3:30 Happy Hour !!</p>	<p>10:00 Donuts & Discussion (AR) 9 11:00 Word Games (AR) 1:00 1 : 1 Visits 2:00 MOVIE (The hunt for Red October) (TH)</p>
<p>9:30 Catholic Communion Service 10 10:45 Exercise with Kay (FC) 1:15 Crossword Puzzle (solved as a group on T.V.) (TH) 2:30 Movie Matinee (TH)</p>	<p>10:00 Daybreak (AR) 11 10:45 Exercise with Kay 1:00 STORE OPEN 1:30 Painting with Kay (2nd FL AS) 2:00 Board Games (AR) 4:00 Cognitive Enrichment (AR)</p>	<p>10:15 'Day-Break' (AR) 12 10:45 Exercise 11:30 Lunch Outing (PF Chang's -Chinese) 1:00 STORE OPEN 2:00 Mountain Man Nuts & Fruit Co.Truck at Hilltop (ML) 3:00 Words with Benjamin (TH)</p>	<p>10:15 'Day-Break' (AR) 13 10:45 Fitness with Anya 1:00 Resident Council Meeting (TH) 2:00 Trivia (TH) 3:00 Bible Study (Christian)</p>	<p>10:15 'Day-Break' (AR) 14 10:30 Yoga / Tai Chi w/ Kaitlin 1:00 Store Open 1:30 POKER 3:00 Getting to Know One Another (sharing Life History) 4:00 Activity Calendar Planning Meeting (TH)</p>	<p>10:15 'Day-Break' (AR) 15 10:45 Fitness with Anya 1:30 Come and Sing! (TH) 2:30 Shabbat Services (AR) 3:30 Happy Hour !!</p>	<p>10:00 Donuts & Discussion (AR) 16 11:00 Word Games (AR) 1:00 Betsy Schwarm - Classical Music Lecture (TH) 1:00 1 : 1 Visits 2:00 MOVIE (TH)</p>
<p>9:30 Catholic Communion Service (TH) 17 10:45 Exercise with Kay (FC) 1:15 Crossword Puzzle (solved as a group on T.V.) (TH) 2:30 Movie Matinee (TH)</p>	<p>10:15 Daybreak (AR) 18 10:45 Exercise 1:00 STORE OPEN 1:30 ACTIVE MINDS Lecture (TH) 1:30 Painting with Kay (2nd FL AS) 2:00 Board Games (AR) 4:00 Cognitive Enrichment (AR)</p>	<p>10:15 'Day-Break' (AR) 19 10:45 Exercise 1:00 STORE OPEN 1:30 Cubigo Clinic (TH) 3:00 BINGO (AR)</p>	<p>10:15 'Day-Break' (AR) 20 10:45 Fitness with Anya 11:30 Men's Lunch (AR) 1:30 Trivia (TH) 3:00 Bible Study (Christian)</p>	<p>10:15 'Day-Break' (AR) 21 10:30 Yoga / Tai Chi w/ Kaitlin (FC) 12:45 Movie Theater (ML) 1:00 Store Open 1:30 Blackjack (AR) 2:15 Music and Conversation (TH)</p>	<p>10:15 'Day-Break' (AR) 22 10:45 Fitness with Anya 1:30 Come and Sing! (TH) 2:30 Shabbat Services (AR) 3:30 Happy Hour !!</p>	<p>10:00 Donuts & Discussion (AR) 23 11:00 Word Games (AR) 1:00 1 : 1 Visits 2:00 MOVIE (TH)</p>
<p>9:30 Catholic Communion Service 24 10:45 Exercise with Kay (FC) 1:15 Crossword Puzzle (solved as a group on T.V.) (TH) 2:30 Movie Matinee (TH)</p>	<p>10:15 Daybreak (AR) 25 10:45 Exercise 1:00 STORE OPEN 1:30 Painting with Kay (2nd FL AS) 2:00 Board Games (AR) 4:00 Cognitive Enrichment (AR)</p>	<p>10:15 'Day-Break' (AR) 26 10:45 Exercise 1:00 STORE OPEN 1:30 Book Club (TH) 3:00 Aromatherapy (TH) 3:30 Jeopardy (TH)</p>	<p>10:15 'Day-Break' (AR) 27 10:45 Fitness with Anya 1:30 Trivia (TH) 3:00 Bible Study (Christian)</p>	<p>10:15 'Day Break' AR 28 10:30 Yoga / Tai Chi w/ Kaitlin (FC) 10:30 Thanksgiving Day FOOTBALL GAME (TH) 11:00 Thanksgiving Buffet (BDR) 1:00 Store Open</p>	<p>10:15 'Day-Break' (AR) 29 10:45 Fitness with Anya 1:30 Come and Sing! (TH) 2:30 Shabbat Services (AR) 3:30 Happy Hour !!</p>	<p>10:00 Donuts & Discussion (AR) 30 11:00 Word Games (AR) 1:00 Sing-a-Long w/ Joyce and the Hilltop Singers (ML) 1:00 1 : 1 Visits 2:00 MOVIE (TH)</p>