

## HILLTOP RESERVE

## SEPTEMBER 2024

|     | HILLIOP RESERVE   |  |   | ASSISTED LIVING  |   |   |   |
|-----|---|--|---|--|---|---|---|
|     | // SUN  | MON  | TUE   | WED  | THU   | FRI   | SAT   |
| _   | 9:30 AM Catholic Communion Service 10:45 AM Exercise with Kay (FC) 1:15 PM Crossword Puzzle (solved as a group on T.V.) (TH) 2:30 PM Movie Matinee – Chicago (TH) 5:00 PM T.V. Series (TH)        | 10:45 AM Exercise with Jim 11:45 AM Labor Day BBQ (BDR) 1:00 PM STORE OPEN 1:30 PM Crafting (2nd FL AS) 3:30 PM Documentary Series (WWII in color) (TH) 4:00 PM Good News with Kay (AR)                          | 10:15 AM 'Day-Break' (AR) 10:45 AM Exercise with Jim 1:00 PM STORE OPEN 2:00 PM 'Name That Tune' (TH) 4:00 PM Jeopardy (TH) 6:00 PM T.V. Series (TH)  | 10:15 AM 'Day-Break' (AR) 10:45 AM Fitness with Kelly 1:30 PM Trivia (TH) 3:00 PM Hudak on Hollywood: Discussion of Films (TH) 3:00 PM Bible Study (Christian) 6:00 PM T.V. Series (TH)                                  | 10:15 AM 'Day-Break' (AR) 10:30 AM Seated Exercise w/ Lindsay - Yoga (FC) 1:00 PM Store Open 1:30 PM Blackjack (3rd FL AR) 2:00 PM Music and Conversation (TH) 3:00 PM King Soopers (ML)        | 10:15 AM 'Day-Break' (AR) 10:45 AM Fitness with Kelly 11:00 AM VITALS CLINIC (3rd FL AR) 1:30 PM Come and Sing! (TH) 2:30 PM Shabbat Services 3:00 PM Happy Hour!! 5:00 PM Luau!!           | 10:00 AM Donuts & Discussion (AR) 11:00 AM Word Games (AR) 1:00 PM Betsy Schwarm - Classical Music Lecture (TH) 1:00 PM 1:1 Visits 2:00 PM MOVIE - Now You See Me (TH)                |
|     | 9:30 AM Catholic Communion Service 10:45 AM Exercise with Kay (FC) 1:15 PM Crossword Puzzle (solved as a group on T.V.) (TH) 2:30 PM Movie Matinee – The Blind Side (TH) 5:00 PM T.V. Series (TH) | 10:45 AM Exercise with Jim 1:00 PM STORE OPEN 2:00 PM Food with Kay (3rd FL AR) 3:30 PM Documentary Series (WWII in color) (TH) 4:00 PM Good News with Kay (3rd FL AR)   | 10:15 AM 'Day-Break' (AR) 10:45 AM Exercise with Jim 11:15 AM Lunch Outing - New York Deli News (ML) 1:00 PM STORE OPEN 2:00 PM Mountain Man Nuts & Fruit Co.Truck at Hilltop (ML) 3:00 PM Bingo (3rd FL AR) 6:00 PM T.V. Series (TH) | 10:15 AM 'Day-Break' (AR) 10:45 AM Fitness with Kelly 1:00 PM Resident Council Meeting (TH) 2:00 PM Activity Calendar Planning Meeting (for next month) (TH) 2:00 PM Food Committee (AR) 3:00 PM Bible Study (Christian) | 10:15 AM 'Day-Break' (AR) 10:30 AM Seated Exercise w/ Lindsay - Tai Chi (FC) 1:00 PM Store Open 1:30 PM Poker 2:15 PM Music and Conversation (TH) 3:30 PM Words with Benjamin (TH)              | 10:15 AM 'Day-Break' (3rd FL AR) 10:45 AM Fitness with Kelly 1:30 PM Come and Sing! (TH) 2:30 PM Shabbat Services 3:00 PM Happy Hour!!  | 10:00 AM Donuts & Discussion (3rd FL AR) 11:00 AM Word Games (3rd FL AR) 1:00 PM 1:1 Visits 2:00 PM MOVIE – Catch Me if You Can (TH))   |
|     | 9:30 AM Catholic Communion Service 10:45 AM Exercise with Kay (FC) 1:15 PM Crossword Puzzle (solved as a group on T.V.) (TH) 2:30 PM Movie Matinee – Sound of Music (TH) 5:00 PM T.V. Series (TH) | 9:00 AM Dermatology 10:45 AM Exercise with Jim 1:00 PM STORE OPEN 1:30 PM ACTIVE MINDS Lecture (TH) 1:30 PM Crafting (2nd FL AS) 3:30 PM Documentary Series (WWII in color) (TH) 4:00 PM Good News with Kay (3rd | 10:15 AM 'Day-Break' (AR) 10:45 AM Exercise with Jim 11:15 AM Men's Lunch (AR) 1:00 PM STORE OPEN 2:00 PM Bingo (AR) 3:30 PM Rummikube (Tile Game) (3rd FL AR) 6:00 PM T.V. Series (TH)   | 10:15 AM 'Day-Break' (AR) 10:45 AM Fitness with Kelly 11:15 AM Colorado Rockies Baseball Game (ML) 2:00 PM Live Music Performance (BDR) 3:00 PM Bible Study (Christian) 6:00 PM T.V. Series (TH)                         | 9:30 AM Fishing Trip (ML) 10:15 AM 'Day-Break' (3rd FL AR) 10:30 AM Seated Exercise w/ Lindsay - Yoga (FC) 1:00 PM Store Open 1:30 PM Blackjack (3rd FL AR) 3:30 PM Music and Conversation (TH) | 10:15 AM 'Day-Break' (3rd FL AR) 10:45 AM Fitness with Kelly 1:30 PM Come and Sing! (TH) 2:30 PM Shabbat Services 3:00 PM Happy Hour!!  | 10:00 AM Donuts & Discussion (3rd FL AR) 11:00 AM Word Games (3rd FL AR) 1:00 PM Betsy Schwarm - Classical Music Lecture (TH) 1:00 PM 1:1 Visits 2:00 PM MOVIE – Ford v. Ferrari (TH) |
| 1   | 9:30 AM Catholic Communion Service 10:45 AM Exercise with Kay (FC) 1:15 PM Crossword Puzzle (solved as a group on T.V.) (TH) 2:30 PM Movie Matinee - (TH) 5:00 PM T.V. Series (TH)                | 10:45 AM Exercise with Jim 1:00 PM STORE OPEN 2:00 PM Food with Kay (AR) 2:00 PM Tequila Tasting (AR) 3:30 PM Documentary Series (WWII in color) (TH) 4:00 PM Good News with Kay (3rd FL AR)                     | 10:15 AM 'Day-Break' (R) 10:45 AM Exercise with Jim  1:00 PM STORE OPEN 1:30 PM Wine and Canvas !! AS) 3:30 PM Crossword Puzzle (Solved as a group) (AR) 6:00 PM T.V. Series (TH)   | 10:15 AM 'Day-Break' (AR) 10:45 AM Fitness with Kelly 11:15 AM Lunch Outing - Mexican Restaurant (ML) 1:30 PM Trivia (TH) 3:00 PM Bible Study (Christian) 6:00 PM T.V. Series (TH)                                       | 10:15 AM 'Day-Break' (3rd FL AR) 10:30 AM Seated Exercise w/ Lindsay - Tai Chi (FC) 1:00 PM Store Open 1:30 PM Poker 2:00 PM A day at the Casino!! (BDR)  | 10:15 AM 'Day-Break' (3rd FL AR) 10:45 AM Fitness with Kelly 1:30 PM Come and Sing! (TH) 2:30 PM Shabbat Services 3:00 PM Resident Monthly Birthday Party (for everyone) & Happy Hour (BDR) | 10:00 AM Donuts & Discussion (3rd FL AR) 11:00 AM Word Games (3rd FL AR) 1:00 PM 1:1 Visits 1:00 PM Sing-a-Long with Joyce and the Hilltop Singers (ML) 2:00 PM MOVIE (TH)            |
| / / | 9:30 AM Catholic Communion Service 10:45 AM Exercise with Kay (FC) 1:15 PM Crossword Puzzle (solved as a group on T.V.) (TH) 2:30 PM Movie Matinee - (TH) 5:00 PM T.V. Series (TH)                | 10:45 AM Exercise with Jim 1:00 PM STORE OPEN 3:30 PM Documentary Series (WWII in color) (TH) 4:00 PM Good News with Kay (3rd FL AR)   | HAPPY BIRTHDAY!!  Sept 4 – Richard Pauly Sept 10 – Bernard Steinberg Sept 18 – Gail Young Sept 29 – Carol Karsh   | ML = Main Lobby TH = Theater AR = Activity Room BDR = Bayuad Dining Room PK = Poker Room ART= Art Studio   | Bold activity = Sign up<br>mandatory<br>PLEASE SING UP<br>W/BENJAMIN FOR ALL<br>OUTINGS AHEAD OF TIME.  | AL Director of Life Enrichment Benjamin Grimes 303.285.5453 bgrimes@hilltopreserve.com  | ALL OUTINGS ARE SUBJECT<br>TO CHANGE DUE TO<br>Inclement WEATHER.   |