



OCTOBER 2024



HILLTOP RESERVE

ASSISTED LIVING

SUN

MON

TUE

WED

THU

FRI

SAT

<p>ML = Main Lobby TH = Theater AR = Activity Room BDR = Bayuad Dining Room PK = Poker Room ART = Art Studio</p>	<p>AL Director of Life Enrichment Benjamin Grimes 303.285.5453 bgrimes@hilltopreserve.com</p>	<p>10:15 'Day-Break' (AR) 1 10:45 Exercise with Jim 11:00 Resident Life History 1:00 STORE OPEN 1:30 Trivia (TH) 3:00 Crossword Puzzle (Solved as a Group) (TH)</p>	<p>10:15 'Day-Break' (AR) 2 10:45 Fitness with Anya 11:00 Resident Life History (AR) 2:00 Trivia (TH) 3:00 Hudak on Hollywood: Discussion of Films (TH) 3:00 Bible Study (Christian) (TH) 3:30 Rosh Hashana Celebration (Bisto)</p>	<p>10:15 'Day-Break' (3rd FL AR) 3 10:30 Yoga / Tai Chi w/ Lindsay (FC) 1:00 Store Open 1:30 Blackjack (3rd FL AR) 2:00 Live Musical Performance w/ Lynde and Nina (BDR)</p>	<p>10:15 'Day-Break' (3rd FL AR) 4 10:45 Fitness with Anya 11:00 VITALS CLINIC (AR) 1:30 Come and Sing! (TH) 2:30 Shabbat Services (PDR) 3:30 Happy Hour !!</p>	<p>10:00 AM Donuts & Discussion (AR) 5 11:00 AM Word Games (AR) 1:00 PM Betsy Schwarm - Classical Music Lecture (TH) 1:00 PM 1:1 Visits 2:00 PM MOVIE (Into the Wild) (TH)</p>
<p>9:30 Catholic Communion Service 6 10:45 Exercise with Kay (FC) 1:15 Crossword Puzzle (solved as a group on T.V.) (TH) 2:30 Movie Matinee (The Green Book) (TH)</p>	<p>10:15 'Day-Break' (AR) 7 10:45 Exercise with Jim 1:00 STORE OPEN 1:30 Painting with Kay (ART) 3:00 Documentary Series (Cool Inventions) (TH) 4:00 Good News with Kay (AR)</p>	<p>10:15 'Day-Break' (AR) 8 10:45 Exercise with Jim 1:00 STORE OPEN 1:30 BINGO (3rd FL AR) 2:00 Mountain Man Nuts & Fruit Co.Truck at Hilltop (ML) 2:30 King Soopers (ML)</p>	<p>10:15 'Day-Break' (3rd FL AR) 9 10:45 Fitness with Anya 1:00 Resident Council Meeting (TH) 3:00 Bible Study (Christian) 4:00 Rummikube (Tile Game) (3rd FL AR)</p>	<p>10:15 'Day-Break' (AR) 10 10:30 Yoga / Tai Chi w/ Lindsay (FC) 11:00 Resident Life History (3rd FL AR) 1:00 Store Open 1:30 POKER 3:15 Words with Benjamin</p>	<p>10:15 'Day-Break' (3rd FL AR) 11 10:45 Fitness with Anya 1:30 Come and Sing! (TH) 2:30 Shabbat Services (PDR) 3:30 Happy Hour !!</p>	<p>10:00 Donuts & Discussion (AR) 12 11:00 Word Games (AR) 1:00 1:1 Visits 2:00 MOVIE (Million Dollar Arm) (TH) 5:00 'Break-the-Fast' Celebration (BISTRO)</p>
<p>9:30 Catholic Communion Service 13 10:45 Exercise with Kay (FC) 1:15 Crossword Puzzle (solved as a group on T.V.) (TH) 2:30 Movie Matinee (Moulin Rouge) (TH)</p>	<p>10:45 Exercise with Jim 14 1:00 STORE OPEN 1:30 Painting with Kay (ART) 2:00 Food Comitte (TH) 3:00 Documentary Series (Cool Inventions) (TH) 4:00 Good News with Kay (AR)</p>	<p>10:15 'Day-Break' (AR) 15 10:45 Exercise with Jim 1:00 STORE OPEN 1:30 Trivia (TH) 3:00 Crossword Puzzle (Solved as a Group) (TH) 4:00 Exploring the Hilltop Reserve Facebook Page (TH)</p>	<p>16 8:45 Music Therapy with Kimel 10:45 Fitness with Anya 1:00 Aromatherapy (TH) 1:30 Trivia (TH) 3:00 Bible Study (Christian)</p>	<p>9:30 Art Museum (+ Lunch) (ML) 17 10:30 Yoga / Tai Chi w/ Lindsay (FC) 1:00 Store Open 1:30 Blackjack (AR) 3:00 Live Music Performance (BDR)</p>	<p>10:15 'Day-Break' (AR) 18 10:45 Fitness with Anya 1:30 Come and Sing! (TH) 2:30 Shabbat Services (PDR) 3:30 Happy Hour !!</p>	<p>10:00 Donuts & Discussion (AR) 19 11:00 Word Games (AR) 1:00 Betsy Schwarm - Classical Music Lecture (TH) 1:00 1:1 Visits 2:00 MOVIE (The Illusionist) (TH)</p>
<p>9:30 Catholic Communion Service 20 10:45 Exercise with Kay (FC) 1:15 Crossword Puzzle (solved as a group on T.V.) (TH) 2:30 Movie Matinee (1917 - {WAR}) (TH)</p>	<p>10:45 Exercise with Jim 21 1:00 STORE OPEN 1:30 ACTIVE MINDS Lecture (TH) 1:30 Painting with Kay (ART) 3:00 Documentary Series (Cool Inventions) (TH) 4:00 Good News with Kay (AR)</p>	<p>10:15 'Day-Break' (AR) 22 10:45 Exercise with Jim 1:00 STORE OPEN 2:00 BINGO (TH) 3:00 Activity Calendar Planning Meeting (TH) 4:00 Jeopardy (TH)</p>	<p>10:15 'Day-Break' (AR) 23 10:45 Fitness with Anya 11:15 Lunch Outing (Monaco Inn *Greek*) (ML) 1:30 Trivia (TH) 3:00 Bible Study (Christian)</p>	<p>10:15 'Day-Break' (3rd FL AR) 24 10:30 Yoga / Tai Chi w/ Lindsay (FC) 1:00 Store Open 1:30 POKER 4:00 Exploring the Hilltop Reserve Facebook Page (TH)</p>	<p>10:00 Flu / Covid Vaccination Clinic (AR) 25 10:15 'Day-Break' (AR) 10:45 Fitness with Anya 1:00 Sing-a-Long Performance w/ Joyce and the Hilltop Singers (ML) 2:30 Shabbat Services (PDR) 3:30 Happy Hour !!</p>	<p>10:00 Donuts & Discussion (3rd FL AR) 26 11:00 Word Games (3rd FL AR) 1:00 1:1 Visits 2:00 MOVIE (The Hunt for Red October) (TH)</p>
<p>9:30 Catholic Communion Service 27 10:45 Exercise with Kay (FC) 1:15 Crossword Puzzle (solved as a group on T.V.) (TH) 2:30 Movie Matinee (High Society) (TH)</p>	<p>10:15 'Day-Break' (AR) 28 10:45 Exercise with Jim 1:00 STORE OPEN 1:30 Painting with Kay (ART) 3:00 Documentary Series (Cool Inventions) (TH) 4:00 Good News with Kay (AR)</p>	<p>10:15 'Day-Break' (AR) 29 10:45 Exercise with Jim 1:00 STORE OPEN 1:00 OUTING - 4 Mile House (ML) 4:00 Ball Bounce (FC)</p>	<p>10:15 'Day-Break' (AR) 30 10:45 Fitness with Anya 1:15 Aromatherapy (TH) 1:30 Trivia (TH) 3:00 Bible Study (Christian)</p>	<p>10:15 'Day-Break' (3rd FL AR) 31 10:30 Yoga / Tai Chi w/ Lindsay (FC) 1:00 Store Open 1:30 An hour of Seinfeld (TV) (TH) 2:30 Halloween Costume Party (BDR)</p>	<p>PLEASE SIGN UP W/BENJAMIN FOR ALL OUTINGS AHEAD OF TIME. ALL OUTINGS ARE SUBJECT TO CHANGE DUE TO Inclement WEATHER.</p>	<p>HAPPY BIRTHDAY October 9th James Hall October 10th Sharon Pauly</p>