



# JULY 2024

ASSISTED LIVING

## HILLTOP RESERVE

SUN	MON	TUE	WED	THU	FRI	SAT
	<b>9:00 Audiologist</b> <b>1</b> <b>10:45</b> Exercise w/ Jim <b>1:00</b> STORE OPEN <b>3:30</b> Documentary Series (WWII in color TH)	<b>10:15</b> 'Day-Break' (TH) <b>2</b> <b>10:45</b> Exercise w/ Jim <b>1:00</b> STORE OPEN <b>1:30</b> Crossword Puzzle (solved as a group TH) <b>2:00</b> Live Music Performance (BDR) <b>6:00</b> T.V. Series (TH)	<b>10:15</b> 'Day-Break'(TH) <b>3</b> <b>10:45</b> Fitness with Kelly <b>1:45</b> Chocolate Covered Strawberries - Mimosas - Classical Music(3rd FLAR) <b>3:00</b> Bible Study (Christian) <b>6:00</b> T.V. Series (TH)	<b>10:15</b> 'Day-Break'(TH) <b>4</b> <b>10:45</b> Exercise w/Jim <b>11:30</b> <b>4th of July BBQ!</b> <b>1:00</b> Store Open <b>1:30</b> Blackjack (3rd FLAR)	<b>10:00</b> Donuts (3rd FLAR) & Discussion <b>6</b> <b>11:00</b> Word Games (3rd FLAR) <b>1:00</b> 1:1 Visits <b>1:00</b> Betsy Schwarm Classical Music Lecture (TH) <b>2:00</b> MOVIE (The Boys in the Boat TH)	
<b>9:30</b> Catholic Com. Service <b>2:30</b> Movie Matinee	<b>DERMATOLOGY</b> <b>8</b> <b>10:45</b> Exercise w/ Jim <b>1:00</b> STORE OPEN <b>3:30</b> Documentary Series (WWII in color TH)	<b>10:15</b> 'Day-Break' (TH) <b>9</b> <b>10:45</b> Exercise w/ Jim <b>1:00</b> STORE OPEN <b>1:30</b> BINGO (3rd FLAR) <b>2:00</b> Mountain Man Nuts & Fruit Co.Truck at Hilltop (ML) <b>3:15</b> For the Love of Words (A Reading of Various Written Expressions with Benjamin TH) <b>6:00</b> T.V. Series (TH)	<b>10:15</b> 'Day-Break'(TH) <b>10</b> <b>10:45</b> Exercise w/Jim <b>3:00</b> Sing-a-Long with Marquis(BDR) <b>3:00</b> Bible Study (Christian) <b>6:00</b> T.V. Series (TH)	<b>10:15</b> 'Day-Break'(TH) <b>11</b> <b>10:45</b> Exercise w/Jim <b>1:00</b> Store Open <b>1:30</b> Poker <b>2:30</b> <b>Shopping Trip</b> (King Soopers ML)	<b>10:15</b> 'Day-Break' (TH) <b>12</b> <b>10:45</b> Fitness with Kelly <b>1:30</b> Come and Sing!(TH) <b>2:30</b> Shabbat Services (3rd FLAR) <b>3:45</b> <b>SHARK WEEK Happy Hour !!</b> (BDR)	<b>10:00</b> Donuts (3rd FLAR) & Discussion <b>13</b> <b>11:00</b> Word Games (3rd FLAR) <b>1:00</b> 1:1 Visits <b>2:00</b> MOVIE (Jaws TH)
<b>9:30</b> Catholic Com. Service <b>2:30</b> Movie Matinee	<b>10:45</b> Exercise w/ Jim <b>15</b> <b>1:00</b> STORE OPEN <b>1:30</b> ACTIVE MINDS Lecture (TH) <b>3:30</b> Documentary Series (WWII in color TH)	<b>9:30</b> <b>Blackhawk (Monarch Casino) (ML)</b> <b>16</b> <b>1:00</b> STORE OPEN <b>6:00</b> T.V. Series (TH)	<b>10:15</b> 'Day-Break'(TH) <b>17</b> <b>10:45</b> Fitness with Kelly <b>1:00</b> Resident Council Meeting (TH) <b>2:00</b> Activity Calendar Planning Meeting (for next month TH) <b>3:00</b> Bible Study (Christian) <b>6:00</b> T.V. Series (TH)	<b>10:15</b> 'Day-Break'(TH) <b>18</b> <b>10:45</b> Exercise w/Jim <b>11:00</b> <b>Lunch Outing</b> <b>1:00</b> Store Open <b>1:30</b> Blackjack (3rd FLAR) <b>3:00</b> Crossword Puzzle (solved as a group TH)	<b>10:15</b> 'Day-Break' (TH) <b>19</b> <b>10:45</b> Fitness w/Kelly <b>1:30</b> Come and Sing!(TH) <b>2:30</b> Shabbat Services (3rd FLAR) <b>3:45</b> <b>Happy Hour!!</b> (BDR)	<b>10:00</b> Donuts (3rd FLAR) & Discussion <b>20</b> <b>11:00</b> Word Games (3rd FLAR) <b>1:00</b> 1:1 Visits <b>1:00</b> Betsy Schwarm Classical Music Lecture (TH) <b>2:00</b> MOVIE (On the Basis of Sex - Ruth Bader Ginsburg TH)
<b>9:30</b> Catholic Com. Service <b>2:30</b> Movie Matinee	<b>10:45</b> Exercise w/ Jim <b>22</b> <b>1:00</b> STORE OPEN <b>3:30</b> Documentary Series (WWII in color TH)	<b>10:15</b> 'Day-Break' (TH) <b>23</b> <b>10:30</b> Chair Yoga / Tai Chi (TH) <b>1:00</b> STORE OPEN <b>1:30</b> Creative Classes w/ Karen (2nd FLAR) <b>6:00</b> T.V. Series (TH)	<b>10:15</b> 'Day-Break'(TH) <b>24</b> <b>10:45</b> Fitness with Kelly <b>1:30</b> Men's Lunch (3rd FLAR) <b>3:00</b> Bible Study (Christian) <b>6:00</b> T.V. Series (TH)	<b>10:15</b> 'Day-Break'(TH) <b>25</b> <b>10:45</b> Exercise w/Jim <b>1:00</b> Store Open <b>1:30</b> Poker <b>3:00</b> Jeopardy (TH)	<b>10:15</b> 'Day-Break' (TH) <b>26</b> <b>10:45</b> Fitness w/Kelly <b>11:15</b> WATCH PARTY for the Opening Ceremonies of the World Olympics (TH) <b>1:30</b> Come and Sing!(TH) <b>2:30</b> Shabbat Services (3rd FLAR) <b>3:45</b> <b>Happy Hour!!</b> (BDR)	<b>10:00</b> Donuts (3rd FLAR) & Discussion <b>27</b> <b>11:00</b> Word Games (3rd FLAR) <b>1:00</b> 1:1 Visits <b>2:00</b> MOVIE (Bonnie and Clyde TH) <b>5:30</b> <b>Music Under the Stars</b>
<b>9:30</b> Catholic Com. Service <b>2:30</b> Movie Matinee	<b>10:45</b> Exercise w/ Jim <b>29</b> <b>1:00</b> STORE OPEN <b>3:30</b> Documentary Series (WWII in color TH)	<b>10:15</b> 'Day-Break'(TH) <b>30</b> <b>10:45</b> Exercise w/ Jim <b>1:00</b> STORE OPEN <b>3:30</b> Sing-a-Long w/ Lynde (TH) <b>6:00</b> T.V. Series (TH)	<b>10:15</b> 'Day-Break'(TH) <b>31</b> <b>10:45</b> Fitness with Kelly <b>3:00</b> Bible Study (Christian) <b>6:00</b> T.V. Series (TH)			
<b>HAPPY BIRTHDAY</b> <b>Jul 01</b> Thomas Makovsky <b>Jul 08</b> Ron Smith <b>Jul 14</b> Philip Stahl	<b>Jul 25</b> Charles "Hugh" Neilson <b>Jul 28</b> Doris Meyers	Director of AL Life Enrichment <b>Benjamin Grimes</b> 303 385 5453 bgrimes@hilltopreserve.com	<b>Bold activity = Sign up mandatory</b>	<b>Please sign up w/Benjamin for all outings ahead of time.</b>	<b>All outings are subject to inclement weather.</b>	TH = Theater ML = Main Lobby 3rd FL AR = Activity Room BDR = Bayuad Dining Room 2nd FL AS = Art Studio