



AUGUST 2024

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<p>28</p> <p>Bold activity = Outside Vendor</p> <p>HIGHLIGHTED = Outing Sign up Required</p>	<p>29</p> <p>HAPPY BIRTHDAY: AUG 21 ALICE P. AUG 31 LOREN H.</p>	<p>30</p> <p>Ancillary Servies: -August 2nd Virtals Clinic -August 5th Audiology at 9:00am -August 7th Optomologist at 8:30am -August 12th Dermatology</p>	<p>31</p> <p>Monarch Mealtimes are as follows unless otherwise noted: 7:30-9 Breakfast 11:30 Lunch 4:45 Dinner</p>	<p>1</p> <p>9:30 Music Therapy with Kiemel 10:30 Zumba Exercise Video 1:30 Montessori Activities-Sensory Outings 2:30 Matinee Movie with Popcorn 4:00 RELAX with Music</p>	<p>2</p> <p>10:30 Morning Meeting 11:00 Exercise Video 2:00 Smart Board Games 2:30 Coffee Chat 3:30 Happy Hour with Pete Vrazsity!! 4:30 Walking Club</p>	<p>3</p> <p>10:30 Morning Meeting 11:00 Stretching Video 1:30 Color by Number 2:00 B-I-N-G-O 3:00 Puzzles and Popcorn</p>
<p>4</p> <p>9:30 Worship & prayers 10:30 Tai Chi Video 1:30 Book Club 2:00 Crafting 3:00 Pet Therapy with Annie 3:30 Nail Spa</p>	<p>5</p> <p>10:30 Morning Meeting 11:00 Exercise Game 1:30 Coloring Meditation 2:00 B-I-N-G-O 3:00 Sing-along 4:00 Walking Club</p>	<p>6</p> <p>10:30 Morning Meeting 11:00 Chair Yoga Video 1:00 Purple Art 2:00 Jeopardy 3:00 Olympic Viewing Party 3:30 Afternoon Coffee Chat</p>	<p>7</p> <p>10:30 Morning Meeting 11:00 Exercise Game 2:00 Card Making Club 3:00 Eldergrow Class and Maintenance 3:45 Walking Club</p>	<p>8</p> <p>9:30 Music Therapy with Kiemel 10:30 Zumba Exercise Video 2:00 Sing-Along 2:30 Matinee Movie with Popcorn 4:00 RELAX with Music</p>	<p>9</p> <p>10:30 Morning Meeting 11:00 Exercise Video 2:00 Smart Board Games 2:30 Coffee Chat 3:30 Happy Hour with Warren Floyd!! 4:30 Walking Club</p>	<p>10</p> <p>10:30 Morning Meeting 11:00 Stretching Video 1:30 Color by Number 2:00 B-I-N-G-O 3:00 Puzzles and Popcorn</p>
<p>11</p> <p>9:30 Worship & prayers 10:30 Tai Chi Video 12:00 Olympics Closing Ceremony 2:30 Crafting 3:00 Pet Therapy with Annie 3:30 Nail Spa</p>	<p>12</p> <p>10:30 Morning Meeting 11:00 Exercise Game 1:30 Walk to end Alzheimer's Painting Class 3:00 Sing-along 4:00 Walking Club</p>	<p>13</p> <p>9:30 Outing to Jewish Day School Farm 10:30 Morning Meeting 11:00 Chair Yoga Video 1:00 B-I-N-G-O 2:00 Jeopardy 3:30 Afternoon Coffee Chat</p>	<p>14</p> <p>10:30 Morning Meeting 11:00 Exercise Game 2:00 Scrapbooking 3:30 Root Beer Float Bar & Trivia 4:00 Walking Club</p>	<p>15</p> <p>9:30 Music Therapy with Kiemel 10:30 Zumba Exercise Video 2:00 Matinee Movie & Popcorn 3:30 Cirque De Monarch Performance 5:30 Luau BBQ</p>	<p>16</p> <p>10:30 Morning Meeting 11:00 Exercise Video 2:00 Smart Board Games 2:30 Coffee Chat 3:30 Happy Hour with Christopher Conroy!! 4:30 Walking Club</p>	<p>17</p> <p>10:30 Morning Meeting 11:00 Stretching Video 1:30 Color by Number 2:00 B-I-N-G-O 3:00 Puzzles and Popcorn</p>
<p>18</p> <p>9:30 Worship & prayers 10:30 Tai Chi Video 11:00 Exercise Video 1:30 Book Club 2:00 Crafting 3:00 Pet Therapy with Annie 3:30 Nail Spa</p>	<p>19</p> <p>10:30 Morning Meeting 11:00 Exercise Game 1:30 Coloring Meditation 2:00 B-I-N-G-O 3:00 Sing-along 4:00 Walking Club</p>	<p>20</p> <p>10:30 Morning Meeting 11:00 Chair Yoga Video 1:00 Purple Art 2:00 Tea Party 3:00 Jeopardy 4:00 Afternoon Coffee Chat</p>	<p>21</p> <p>10:30 Morning Meeting 11:00 Exercise Game 2:00 Card Making Club 3:00 Family Council 4:00 Walking Club</p>	<p>22</p> <p>10:30 Morning Meeting 11:00 Zumba Exercise Video 2:00 Sing-Along 2:30 Matinee Movie with Popcorn 4:00 RELAX with Music</p>	<p>23</p> <p>10:30 Morning Meeting 11:00 Exercise Video 2:00 Smart Board Games 2:30 Coffee Chat 3:30 Happy Hour with Jim Kurty!! 4:30 Walking Club</p>	<p>24</p> <p>10:30 Morning Meeting 11:00 Stretching Video 1:30 Color by Number 2:00 B-I-N-G-O 3:00 Puzzles and Popcorn</p>
<p>25</p> <p>9:30 Worship & prayers 10:30 Tai Chi Video 1:30 Book Club 2:00 Crafting 3:00 Pet Therapy with Annie 3:30 Nail Spa</p>	<p>26</p> <p>10:30 Morning Meeting 11:00 Exercise Game 1:30 Coloring Meditation 2:00 B-I-N-G-O 3:00 Sing-along 4:00 Walking Club</p>	<p>27</p> <p>10:30 Painting with Polly 11:00 Chair Yoga Video 1:00 Jeopardy 2:00 Afternoon Coffee 3:00 Music with Meeshi</p>	<p>28</p> <p>10:30 Morning Meeting 11:00 Exercise Game 2:00 Eldergrow Class and Maintenance 3:00 Ice Cream Outing! 4:00 Walking Club</p>	<p>29</p> <p>9:30 Music Therapy with Kiemel 11:00 Zumba Exercise Video 1:30 Montessori Activities 2:30 Matinee Movie with Popcorn 4:00 RELAX with Music</p>	<p>30</p> <p>10:30 Morning Meeting 11:00 Exercise Video 2:00 Smart Board Games 2:30 Coffee Chat 3:30 Happy Hour with Rande Ames!! 4:30 Walking Club</p>	<p>31</p> <p>10:30 Morning Meeting 11:00 Stretching Video 1:30 Color by Number 2:00 B-I-N-G-O 3:00 Puzzles and Popcorn</p>
<p>Anastaisa Hoben Monarch House Life Enrichment Director</p>	<p>ahoben@hilltopreserve.com 720-724-7749</p>					