



AUGUST 2024

HILLTOP RESERVE
SUN MON

INDEPENDENT LIVING

TUE

WED

THU

FRI

SAT

<p>ML = Main Lobby FC = Fitness Center PDR = Private Dining Room TH = Theater 3rd FL AR = Activity Room BDR = Bayuad Dining Room GR = Game Room AK = Activity Kitchen</p>	<p>28</p> <p>GENERAL STORE 2nd Floor Open: Monday-Friday 1-3pm</p>	<p>29</p> <p>HAPPY BIRTHDAY</p> <p>Aug 16 Sara Pfaff</p> <p>Aug 20 Al Zimmerman & Shirley Epstein</p>	<p>30</p> <p>Aug 21 Don Hanson</p> <p>Aug 25 Gary Friedland</p> <p>Aug 27 David Efron</p>	<p>31</p> <p>10:00 Strength and Conditioning 10:30 NEW: Scrabble (GR) 3:00 Dime Bingo 7:00 Movie- The Peanut Butter Falcon</p>	<p>1</p> <p>9:00 Courtyard Walk w Kelly 10:00 Strength and Conditioning 11:30 Canasta 1:30 Come and Sing! (TH) 2:00 Root Beer Floats 2:30 Shabbat Services 4:00 Happy Hour (ML)</p>	<p>2</p> <p>10:30 Tai Chi (FC) 1:00 Maj Jong (private) 1:00 Betsy Schwarm - Classical Music Lecture (TH) 3:00 Crafts with Suzie 7:00 Movie- Airport</p>
<p>4</p> <p>9:30 Catholic Communion Service 10:30 Sunday Brunch (BDR) 2:00 NEW- Sunday Bridge (GR) 4:30 Hilltop Women Meet! (GR)</p>	<p>5</p> <p>8:45 Walking Club (ML) 10:00 Strength and Conditioning 10:45 Lunch Outing to Luciles Creole Cafe 1:00 CANASTA (GR) 1:00 Balance (FC) 1:30 ACTIVE MINDS Lecture 2:30 CRUISE TRIP PLANNING</p>	<p>6</p> <p>9:00 Pancakes with Kelly 10:00 Twist and Bend (FC) 11:00 King Soopers Trip (ML) 11:00 Water Aerobics 12:30 Boxing Fitness Class 1:30 Bridge Club (GR) 3:00 Alzheimer's Education 6:00 Maj Jong (private) (GR) 7:00 "History of Jazz"-KenBurns (TH)</p>	<p>7</p> <p>10:00 Strength and Conditioning 11:00 Tai Chi (FC) 1:00 Balance (FC) 1:00 General Store is OPEN! 3:00 Hudak on Hollywood: 3:00 Bible Study (Christian) 3:00 What's Happening at Hilltop? (TH)</p>	<p>8</p> <p>10:00 Strength and Conditioning 10:30 NEW: Scrabble (GR) 1:00 Trip to COSTCO (sign up) (ML) 3:00 Dime Bingo 3:00 Men's Group Meeting 7:00 Movie- TBD (TH)</p>	<p>9</p> <p>9:00 Courtyard Walk w Kelly 10:00 Strength and Conditioning (FC) 11:30 Canasta 1:30 Come and Sing! (TH) 2:30 Shabbat Services 4:00 Happy Hour (ML)</p>	<p>10</p> <p>10:30 Tai Chi (FC) 1:00 Maj Jong (private) 7:00 Movie- TBD (TH)</p>
<p>11</p> <p>9:30 Catholic Communion Service 10:30 Sunday Brunch (BDR) 2:00 NEW- Sunday Bridge (GR)</p>	<p>12</p> <p>9:30am Olympic and Paralympic Museum- Colorado Springs 10:00 Strength and Conditioning 1:00 CANASTA (GR) 1:00 Balance (FC) 3:00 Active Minds - POETRY EXPLORATIONS (PDR) 6:45 Travels w Chris Wells (TH)</p>	<p>13</p> <p>10:00 Twist and Bend (FC) 11:00 King Soopers Trip (ML) 11:00 Water Aerobics 12:30 Boxing Fitness Class 1:30 Bridge Club (GR) 2:00 Mountain Man (ML) 3:00 Jazz Duo with Michael Friedman 6:00 Maj Jong (private) (GR) 7:00 "History of Jazz"- Ken Burns (TH)</p>	<p>14</p> <p>10:00 Strength and Conditioning 11:00 Tai Chi (FC) 1:00 Balance (FC) 1:30 Trip to Bonnie Brae for Ice Cream 3:00 Bible Study (Christian) 3:00 What's Happening at Hilltop? (TH)</p>	<p>15</p> <p>10:00 Strength and Conditioning 10:30 NEW: Scrabble (GR) 1:00 Trip to TARGET (sign up) (ML) 3:00 Dime Bingo 5:30 Luau SIGN UP 7:00 Movie- TBD (TH)</p>	<p>16</p> <p>9:00 Courtyard Walk w Kelly 10:00 Strength and Conditioning (FC) 11:30 Canasta 1:30 Come and Sing! (TH) 2:30 Shabbat Services 4:00 Happy Hour (ML)</p>	<p>17</p> <p>10:30 Tai Chi (FC) 1:00 Maj Jong (private) 1:00 Betsy Schwarm - Classical Music Lecture (TH) 7:00 Movie- TBD (TH)</p>
<p>18</p> <p>9:30 Catholic Communion Service 10:30 Sunday Brunch (BDR) 2:00 NEW- Sunday Bridge (GR)</p>	<p>19</p> <p>9:30 Trip to Botanical Garden 10:00 Strength and Conditioning (FC) 10:45 Lunch Outing to Luciles Creole Cafe 1:00 CANASTA (GR) 1:00 Balance (FC) 1:30 ACTIVE MINDS Lecture (TH)</p>	<p>20</p> <p>10:00 Twist and Bend (FC) 11:00 King Soopers Trip (ML) 11:00 Water Aerobics 12:30 Boxing Fitness Class 1:30 MONTH Birthday Party! (ML) 1:30 Bridge Club (GR) 2:30 Creative Hour with Kelly 3:00 Alzheimer's Education 6:00 Maj Jong (private) (GR) 7:00 "History of Jazz"- Ken Burns (TH)</p>	<p>21</p> <p>10:00 Strength and Conditioning 11:00 Tai Chi (FC) 1:00 Balance (FC) 1:00 Lemonade Stand with Kelly & Kim (Courtyard) 3:00 Bible Study (Christian) 2:00 Town Hall (TH) 3:00 Hudak on Hollywood (TH)</p>	<p>22</p> <p>10:00 Strength and Conditioning (FC) 10:30 NEW: Scrabble (GR) 1:00 Trip to Clarks Market-SIGN UP (ML) 3:00 Dime Bingo 7:00 Movie- TBD (TH)</p>	<p>23</p> <p>9:00 Courtyard Walk w Kelly 10:00 Strength and Conditioning (FC) 11:30 Canasta 1:00 General Store is OPEN 1:30 Come and Sing! (TH) 2:30 Shabbat Services 4:00 Happy Hour (ML)</p>	<p>24</p> <p>10:30 Tai Chi (FC) 12:00 BUNCO Potluck (GR) 1:00 Maj Jong (private) 7:00 Movie- TBD (TH)</p>
<p>25</p> <p>9:30 Catholic Communion Service 10:30 Sunday Brunch (BDR) 2:00 NEW- Sunday Bridge (GR)</p>	<p>26</p> <p>9:30 Denver Zoo Outing- Demonstration on Asian Elephants 10:00 Strength and Conditioning 1:00 CANASTA (GR) 1:00 Balance (FC) 3:00 BOOKCLUB</p>	<p>27</p> <p>10:00 Twist and Bend (FC) 11:00 King Soopers Trip (ML) 11:00 Water Aerobics 12:30 Boxing Fitness Class 1:00 STORE OPEN 1:30 Bridge Club (GR) 3:00 Ambassador Meeting 6:00 Maj Jong (private) (GR) 7:00 "History of Jazz"- Ken Burns (TH)</p>	<p>28</p> <p>10:00 Strength and Conditioning 11:00 Tai Chi (FC) 1:00 Balance (FC) 1:00 General Store is OPEN! 3:00 Bible Study (Christian) 3:00 What's Happening at Hilltop? (TH)</p>	<p>29</p> <p>10:00 Strength and Conditioning 10:30 NEW: Scrabble (GR) 11:00 Rockies vs. Marlins Baseball Game Outing (ML) 3:00 Dime Bingo 7:00 Movie- TBD (TH)</p>	<p>30</p> <p>9:00 Courtyard Walk w Kelly 10:00 Strength and Conditioning (FC) 11:30 Canasta 1:30 Come and Sing! (TH) 2:30 Shabbat Services 4:00 Happy Hour (ML)</p>	<p>31</p> <p>10:30 Tai Chi (FC) 1:00 Maj Jong (private) 7:00 Movie- TBD (TH)</p>