



JANUARY

MONARCH HOUSE

2024

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	9:30 Moves (3rd FL AR) 10:30 Daily Chronicles 11:15 Snack 11:30 Lunch 2:00 Crafts 2:15 Snack 4:30 Dinner 5:30 Movie Night	9:30 Morning Moves 10:30 Daily Chronicles 11:15 Snack 11:30 Lunch in Bistro \$ 1:00 Travel Tuesday to Japan on Smart Board 2:00 Bingo 3:30 Happy Hour with Randy Martin (3rd FL AR) 4:30 Dinner 5:30 Movie Night	10:00 Morning moves 11:30 Lunch 2:00 Daily Chronicle 3:00 Flower Arranging 4:00 Dance Party/Karaoke on Smart Board 4:30 Dinner 5:30 Movie Night	9:30 Morning Exercise 10:45 Chair Yoga 11:30 Lunch in Bistro\$ 2:45 Guided Meditation 3:00 Sensory Outing with Meghan 4:30 Dinner 5:30 Movie Night	10:00 Morning Exercise 10:45 Word Games 11:15 Snack 11:30 Lunch 1:00 Creative Memories (BDR) 2:00 Fancy Nails 2:00 Daily Chronicle 3:00 Guided Meditation 4:30 Dinner 5:30 Movie Night	10:00 Morning Exercise 11:30 Lunch 2:00 Daily Chronicle 2:45 Guided Meditation 3:00 Family Time 4:30 Dinner 5:30 Movie Night 10:45 B-I-N-G-O
9:30 Faith 10:30 Morning Moves 11:15 Snack 11:30 Lunch 2:00 Daily Chronicle 2:45 Guided Meditation 4:00 Dance Party 4:30 Dinner 5:30 Movie Night	10:00 Morning Moves chair yoga 10:45 Daily Chronicles 11:30 Lunch 2:00 Elvis B-Day Celebration 4:00 Snack 4:30 Dinner 5:30 Movie Night	9:30 Morning Moves weights 11:30 Lunch 1:00 Travel Tuesday to Italy on Smart Board 2:00 Daily Chronicle 3:30 Happy Hour with Molly K 4:30 Dinner 5:30 Movie Night	10:00 Morning moves 11:15 Snack 11:30 Lunch 1:00 Afternoon Tea Party 2:00 Daily Chronicle 2:15 Snack 4:00 Dance Party 4:30 Dinner 5:30 Movie Night	9:30 Morning Moves 10:45 Chair Yoga 11:15 Snack 11:30 Lunch 2:00 Daily Chronicle 2:15 Snack 3:00 Travel with Chris Wells 4:30 Dinner Family Night 5:30 Spaghetti/ Italian Movie Night	10:00 Morning Exercise 10:45 Word Games 11:15 Snack 11:30 Lunch 2:00 Fancy Nails 2:00 Daily Chronicle 2:15 Snack 3:00 Elder Grow 4:30 Dinner 5:30 Movie Night	10:00 Morning Exercise 11:15 Snacks 11:30 Lunch 2:00 Baking Rice Krispy's Treats 2:00 Daily Chronicle 2:45 Guided Meditation 3:00 Family Time 4:30 Dinner 5:30 Movie Night 10:45 B-I-N-G-O
9:30 Faith 10:30 Morning Moves 11:15 Snack 1:00 Daily Chronicle 2:00 Creative Memories 2:15 Snack 4:00 Dance Party 4:30 Dinner 5:30 Movie Night	10:00 Morning Moves 11:45 Snack 11:30 Lunch 1:30 MLK Day Party Celebration 3:00 MLK Day Crafts 4:00 Karaoke Sing along on Smart Board	10:00 Happy Hour with Molly K 11:15 Snack 11:30 Lunch 2:00 Daily Chronicle 3:30 Happy Hour with Meeshi 4:30 Dinner 5:30 Movie Night	10:00 Morning moves 11:30 Lunch 1:30 AppleBee's Lunch Outing (ML) 2:00 Daily Chronicle 2:15 Snack 4:00 Dance Party 4:30 Dinner 5:30 Movie Night	9:30 Morning Exercise 11:15 Snack 11:30 Lunch in Bistro\$ 1:00 Betty White B-day celebration 2:00 Daily Chronicle 3:00 Sensory Outing 4:30 Dinner 5:30 Movie Night 6:00 Music Entertainment with Patsy Cline (ML)	10:00 Morning Exercise 11:45 Word Games 11:30 Lunch 1:30 Come an (BDR) 2:00 Daily Chronicle 2:45 Guided Meditation 4:30 Dinner 5:30 Movie Night	10:00 Morning Exercise 11:30 Lunch 2:00 Daily Chronicle 2:45 Guided Meditation 3:00 Family Time 4:30 Dinner 5:30 Movie Night 10:45 B-I-N-G-O
9:30 Faith 10:00 Morning Moves 10:45 Spiritual Songs 11:15 Snack 1:00 Daily Chronicle 2:00 Creative Memories 4:00 Dance Party 4:30 Dinner 5:30 Movie Night	10:00 Morning Moves 10:45 Chair Yoga 11:30 Lunch 2:00 Daily Chronicle 3:00 Crafts 4:00 B-I-N-G-O Smart Board 4:30 Dinner 5:30 Movie Night	10:00 Morning Moves 11:30 Lunch in Bistro\$ 2:00 Daily Chronicle 3:30 Happy Hour with Singer Jeff King 4:30 Dinner 5:30 Movie Night	10:00 Scenic Drive 11:30 Lunch 2:00 Daily Chronicle 3:00 Resident Council 4:00 Dance Party with Smart Board 4:30 Dinner 5:30 Movie Night	9:30 Morning Exercise 11:15 Snack 11:30 Lunch 2:00 Daily Chronicle 3:00 Crafts 4:00 Winter Ice Cream Social/Family Night 5:30 Movie Night 4:30 Dinner	10:00 Morning Exercise 11:45 Word Games 11:30 Lunch 2:00 Daily Chronicle 2:45 Guided Meditation 4:30 Dinner 5:30 Movie Night	10:00 Morning Exercise 11:30 Lunch 2:00 Daily Chronicle 2:45 Guided Meditation 3:00 Family Time 4:30 Dinner 5:30 Movie Night 10:45 B-I-N-G-O
9:30 Faith 10:00 Morning Moves 10:30 Sunday Brunch 10:45 Spiritual Songs 2:00 Daily Chronicle 2:45 Creative Memories 4:15 Snack 4:00 Dance Party 4:30 Dinner 5:30 Movie Night	10:00 Morning Exercise 10:45 Chair Yoga 11:30 Lunch 2:00 Daily Chronicle 2:45 Guided Meditation 3:00 B-I-N-G-O 4:30 Dinner 5:30 Movie Night	10:00 Morning Exercise 11:30 Lunch 2:00 Daily Chronicle 3:30 Happy Hour 4:30 Dinner 5:30 Movie Night	10:00 Scenic Drive 11:30 Lunch 2:00 Daily Chronicle 3:00 AL/MC Social 4:00 Dance Party 4:30 Dinner 5:30 Movie Night			
			HAPPY BIRTHDAY Jan 02 Kenneth Gilbreath & Robyn Friedman Jan 05 J.P. Miquel Jan 12 Kathryn Lindahl Jan 19	Barbara Tasky Jan 22 Ellen Ranson Jan 26 Beverly White Jan 28 Ken Fox Jan 30 Jim Ford	Bold activity = Sign up mandatory	ML = Main Lobby FC = Fitness Center PDR = Private Dining Room TH = Theater 3rd FL AR = Activity Room BDR = Bayuad Dining Room GR = Game Room AK = Activity Kitchen