



## HILLTOP RESERVE

# JANUARY 2024

INDEPENDENT LIVING

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	<div>1</div> <div>8:45 Walking Club (ML) 10:00 Strength and Conditioning (FC) 3:00 Bible Study with Glenn 3:00 STORE OPEN</div>	<div>2</div> <div>10:00 Twist &amp; Bend, FC 11:00 <b>King Soopers (ML)</b> 1:30 Bridge Club (private) (PDR) 7:00 MOVIE: TBD, TH</div>	<div>3</div> <div>10:00 Strength and Conditioning (FC) Tai Chi, FC 11:00 Mahjong (3rd FL AR) 1:30 Balance (FC) 2:00 What's Happening at Hilltop? (TH) 3:00 STORE OPEN 3:00 Hudak on Hollywood: Discussion of Films (TH)</div>	<div>4</div> <div>10:00 Strength and Conditioning (FC) 1:00 General Store is OPEN 2:00 Water Walking 3:00 Dime Bingo 7:00 MOVIE - TBD (TH)</div>	<div>5</div> <div>9:00 Courtyard Walk w Kelly 10:00 Strength &amp; Conditioning 1:00 General Store is OPEN 1:30 Creative Memories (BDR) 2:30 Shabbat Services 4:00 HAPPY HOUR, Bistro</div>	<div>6</div> <div>10:30 Tai Chi (FC) 1:15 Betsy Schwarm - Classical Music Lecture (TH) 3:00 RUMIKUB (GR) 6:45 Mah Jong (Private Group) (GR) 7:00 MOVIE - TBD (TH)</div>
<div>7</div> <div>9:30 Catholic Communion Service 11:15 Snack 2:00 Movie Matinee (TH) 4:30 Hilltop Women Meet! 6:00 BRONCOS v RAIDERS (Time TBD) (TH)</div>	<div>8</div> <div>8:45 Walking Club (ML) 10:00 Strength and Conditioning (FC) 1:30 <b>ACTIVE MINDS Automobiles (TH)</b> 3:00 CANASTA (GR) 3:00 Bible Study with Glenn 3:00 STORE OPEN 3:00 Active Minds - POETRY EXPLORATIONS (PDR) 6:45 Travels w Chris Wells (TH)</div>	<div>9</div> <div>10:00 Twist &amp; Bend, FC 11:00 <b>King Soopers (ML)</b> 1:30 Bridge Club (private) (PDR) 2:00 Mountain Man Nuts &amp; Fruit Co.Truck at Hilltop (ML) 7:00 MOVIE: TBD, TH</div>	<div>10</div> <div>10:00 Strength and Conditioning (FC) 10:30 Yale University Acapella Group 11:00 Tai Chi (FC) 1:30 Mahjong (3rd FL AR) 2:00 What's Happening at Hilltop? (TH) 3:00 STORE OPEN</div>	<div>11</div> <div>10:00 Strength and Conditioning (FC) 1:00 General Store is OPEN 1:30 <b>Trip to COSTCO (sign up) (ML)</b> 2:00 Water Walking 3:00 Dime Bingo 3:00 Men's Group Meeting 7:00 MOVIE - TBD (TH)</div>	<div>12</div> <div>9:00 Courtyard Walk w Kelly 10:00 Strength &amp; Conditioning 1:00 General Store is OPEN 1:30 Hilltop Singers (BDR) 2:30 Shabbat Services 4:00 HAPPY HOUR, Bistro</div>	<div>13</div> <div>10:30 Tai Chi (FC) 3:00 RUMIKUB (GR) 6:45 Mah Jong (Private Group) (GR) 7:00 MOVIE - TBD (TH)</div>
<div>14</div> <div>9:30 Catholic Communion Service 2:00 Movie Matinee (TH) 2:15 Snack</div>	<div>15</div> <div>10:00 Strength and Conditioning (FC) 1:30 ACTIVE MINDS Lecture (TH) 1:30 CANASTA (GR) 3:00 Bible Study with Glenn 3:00 STORE OPEN</div>	<div>16</div> <div>10:00 Twist &amp; Bend, FC 11:00 <b>King Soopers (ML)</b> 1:30 MONTH Birthday Party! (ML) 1:30 Bridge Club (private) (PDR) 7:00 MOVIE: TBD, TH</div>	<div>17</div> <div>10:00 Strength and Conditioning (FC) Tai Chi, FC 11:00 12:00 <b>New Resident Lunch (invite only)</b> 1:30 Mahjong (3rd FL AR) 2:00 TOWN HALL (TH) 3:00 STORE OPEN</div>	<div>18</div> <div>10:00 Strength and Conditioning (FC) 1:00 General Store is OPEN 1:30 <b>Trip to TARGET(sign up) (ML)</b> 3:00 Dime Bingo 5:00 <b>Western BBQ - Giddy UP!</b> 6:30 "Patsy Cline" Concert (ML) 7:00 MOVIE - TBD (TH)</div>	<div>19</div> <div>10:00 Strength &amp; Conditioning 11:30 <b>LUNCH OUT - Location TBD (sign up) (ML)</b> 1:00 General Store is OPEN 1:30 Hilltop Singers (BDR) 2:30 Shabbat Services 4:00 HAPPY HOUR, Bistro</div>	<div>20</div> <div>10:30 Tai Chi, FC 1:15 Betsy Schwarm: -Classical Music Lecture (TH) 2:30 <b>Dementia Education Series (TH)</b> 3:00 RUMIKUB (GR) 6:45 Mah Jong (Private Group) (GR) 7:00 MOVIE - TBD (TH)</div>
<div>21</div> <div>9:30 Catholic Communion Service 10:30 Sunday Brunch 2:00 Movie Matinee (TH) 4:30 Hilltop Women Meet!</div>	<div>22</div> <div>10:00 Strength and Conditioning (FC) 1:30 CANASTA (GR) 3:00 Bible Study with Glenn 3:00 STORE OPEN 3:00 BOOKCLUB (PDR)</div>	<div>23</div> <div>10:00 Twist &amp; Bend, FC 11:00 <b>King Soopers (ML)</b> 1:30 Bridge Club (private) (PDR) 1:30 Curious Dragonfly (Science Lecture) 3:00 Ambassador Meeting 7:00 MOVIE: TBD, TH</div>	<div>24</div> <div>10:00 Strength and Conditioning (FC) Tai Chi, FC 11:00 Mahjong (3rd FL AR) 1:30 What's Happening at Hilltop? (TH) 2:45 <b>DIY Craft Class with Suzie and Karla (AK)</b> 3:00 STORE OPEN</div>	<div>25</div> <div>10:00 Strength and Conditioning (FC) 1:00 General Store is OPEN 1:30 <b>Trip to Trader Joes (sign up) (ML)</b> 3:00 Dime Bingo 7:00 MOVIE - TBD (TH)</div>	<div>26</div> <div>10:00 Strength &amp; Conditioning 1:00 General Store is OPEN 1:30 Hilltop Singers (BDR) 2:30 Shabbat Services 4:00 HAPPY HOUR, Bistro</div>	<div>27</div> <div>10:15 <b>Trip to see Met Opera, Carmen, at Theater</b> 10:30 Tai Chi (FC) 12:00 BUNCO Potluck 3:00 RUMIKUB (GR) 6:45 Mah Jong (Private Group) (GR) 7:00 MOVIE - TBD (TH)</div>
<div>28</div> <div>9:30 Catholic Communion Service 10:30 Sunday Brunch 2:00 Movie Matinee (TH)</div>	<div>29</div> <div>10:00 Strength and Conditioning (FC) 1:30 CANASTA (GR) 3:00 Bible Study with Glenn 3:00 STORE OPEN</div>	<div>30</div> <div>10:00 Twist &amp; Bend, FC 11:00 <b>King Soopers (ML)</b> 1:30 Bridge Club (private) (PDR) 7:00 MOVIE: TBD, TH</div>	<div>31</div> <div>10:00 Strength and Conditioning (FC) Tai Chi, FC 11:00 Mahjong (3rd FL AR) 1:30 What's Happening at Hilltop? (TH) 3:00 STORE OPEN</div>			
			<b>HAPPY BIRTHDAY</b> Jan 02 Kenneth Gilbreath & Robyn Friedman Jan 05 J.P. Miquel Jan 12 Kathryn Lindahl Jan 19	Barbara Tasky Jan 22 Ellen Ranson Jan 26 Beverly White Jan 28 Ken Fox Jan 30 Jim Ford	<b>Bold activity = Sign up mandatory</b>	ML = Main Lobby FC = Fitness Center PDR = Private Dining Room TH = Theater 3rd FL AR = Activity Room BDR = Bayuad Dining Room GR = Game Room AK = Activity Kitchen