

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

SEPTEMBER 2023

<p>9:30 Catholic Communion Service, 3rd FL AL 3</p> <p>10:30 – 1:30 SUNDAY BRUNCH</p> <p>2:00 MATINEE, Off Track, TH</p> <p>4:30 NEW GROUP – Hilltop Women in the Courtyard!</p>	<p>8:45 Walking Club (sign up), Lobby 4</p> <p>10:00 Strength&Conditioning, FC</p> <p>11:30 LABOR DAY BBQ, CY</p> <p>1:00 Balance, FC</p> <p>1:30 ACTIVE MINDS: BRAZIL, TH</p> <p>2:30 Bible Study w Glenn, NL</p> <p><small>Labor Day</small></p>	<p>10:00 Twist & Bend, FC 5</p> <p>11:00 Trip to King Soopers (sign up!)</p> <p>1:30 Bridge, 3rd FL AL</p> <p>6:30 Mah Jong, 3rd FL AL</p> <p>7:00 MOVIE: TBD, TH</p>	<p>10:00 Strength&Conditioning 10:30-Yogurt Bar, LBY 6</p> <p>11:00 Tai Chi, FC</p> <p>1:00 Balance, FC</p> <p>1:00 HUDAK on Hollywood: "Greatest Movie Quotes", TH</p> <p>2:00 "What's Happening at Hilltop?", TH</p> <p>6:45 Beginner Mah Jong, GR</p>	<p>10:00 Strength&Conditioning 7</p> <p>2:00 Water Walking, PL</p> <p>2:30 Hilltop Singers, 3rd FL AL</p> <p>3:30 Dime Bingo, BIS</p> <p>7:00 MOVIE: TBD, TH</p>	<p>9:00 Courtyard Walk w Kelly 8</p> <p>10:00 Strength&Conditioning</p> <p>2:30 Shabbat Svc, 3rd FL AL</p> <p>4:00 Happy Hour, BI</p>	<p>10:30 Tai Chi, FC 9</p> <p>1:30 Mah Jong, GR</p> <p>7:00 MOVIE: TBD, TH</p>
<p>9:30 Catholic Communion Service, 3rd FL AL 10</p> <p>10:30 – 1:30 SUNDAY BRUNCH</p> <p>2:25 – BRONCOS v. Raiders, TH</p> <p>4:30 Hilltop Women in the Courtyard!</p> <p><small>Grandparents Day</small></p>	<p>8:45 Walking Club (sign up), Lobby 11</p> <p>10:00 Strength&Conditioning, FC</p> <p>11:00 TRIP to COSTCO (sign up)</p> <p>1:00 Balance, FC</p> <p>2:30 Bible Study w Glenn, NL</p> <p>3:00 ACTIVE MINDS: Poetry Expressions, PDR</p> <p>6:45 Travels w Chris Wells, TH</p>	<p>10:00 Twist & Bend, FC 12</p> <p>11:00 Trip to King Soopers (sign up!)</p> <p>1:30 Bridge, 3rd FL AL</p> <p>2:00 MOUNTAIN MAN (nuts/chocolate) Truck in Lobby Driveway</p> <p>6:30 Mah Jong, 3rd FL AL</p> <p>7:00 MOVIE: TBD, TH</p>	<p>10:00 Strength&Conditioning 13</p> <p>11:00 Tai Chi, FC</p> <p>12:00 NEW RESIDENT LUNCH, Supper Club</p> <p>1:00 Balance, FC</p> <p>2:00 "What's Happening at Hilltop?", TH</p> <p>3:30 Ambassador Mtg, BI</p> <p>6:45 Beginner Mah Jong, GR</p> <p>Happy Birthday Cathy Von Minden!</p>	<p>10:00 Strength&Conditioning 14</p> <p>2:00 Trip to TARGET (sign up)</p> <p>2:00 Water Walking, PL</p> <p>2:30 Hilltop Singers, 3rd FL AL</p> <p>3:30 Dime Bingo, BIS</p> <p>5:00 Nantucket Dinner (sign up), Courtyard</p> <p>7:00 MOVIE: TBD, TH</p>	<p>9:00 Courtyard Walk w Kelly 15</p> <p>10:00 Strength&Conditioning</p> <p>1:30 Art History Lecture w Scott Montgomery, TH</p> <p>2:30 Shabbat Svc, PDR</p> <p>4:00 Happy Hour, BI</p> <p><small>Rosh Hashanah Begins</small></p>	<p>10:30 Tai Chi, FC 16</p> <p>1:00 Betsy Schwarm: Curtain Raisers, TH</p> <p>1:30 Mah Jong, GR</p> <p>7:00 MOVIE: TBD, TH</p> <p><small>Oktoberfest Begins</small></p>
<p>9:30 Catholic Communion Service, 3rd FL AL 17</p> <p>10:30 – 1:30 SUNDAY BRUNCH</p> <p>2:25 – BRONCOS v Washinton Commanders, TH</p> <p>4:30 Hilltop Women in the Courtyard!</p>	<p>8:45 Walking Club (sign up), Lobby 18</p> <p>10:00 Strength&Conditioning, FC</p> <p>1:00 Balance, FC</p> <p>1:30 ACTIVE MINDS: FINLAND, TH</p> <p>2:30 Bible Study w Glenn, NL</p>	<p>10:00 Twist & Bend, FC 19</p> <p>11:00 Trip to King Soopers (sign up!)</p> <p>1:00 Trip to MOVIE "Golda" (sign up)</p> <p>1:30 Bridge, 3rd FL AL</p> <p>6:30 Mah Jong, 3rd FL AL</p> <p>7:00 MOVIE: TBD, TH</p>	<p>10:00 Strength&Conditioning 20</p> <p>11:00 Tai Chi, FC</p> <p>1:00 Balance, FC</p> <p>2:00 "What's Happening at Hilltop?", TH</p> <p>3:00 September Birthday Party, LY</p> <p>6:45 Beginner Mah Jong, GR</p>	<p>10:00 Strength&Conditioning 21</p> <p>10:30 TRIP TO BLACK HAWK (sign up), LY</p> <p>2:00 Water Walking, PL</p> <p>2:30 Hilltop Singers, 3rd FL AL</p> <p>3:30 Dime Bingo, BIS</p> <p>7:00 MOVIE: TBD, TH</p>	<p>9:00 Courtyard Walk w Kelly 22</p> <p>10:00 Strength&Conditioning</p> <p>10:00-2:00 Technology w Patrick (sign up), BI</p> <p>2:30 High Holy Service celebrating Rosh Hashana and Yom Kippur, Location, TBD</p> <p>4:00 Happy Hour, BI</p> <p>Happy Birthday Bob Kreis & Susan Valas!</p> <p><small>Autumn Begins</small></p>	<p>10:30 Tai Chi, FC 23</p> <p>12:30 Calling all Veterans and Spouses of Veterans – Our local Veterans group will be here for a meet/greet snacks, Location TBD</p> <p>1:30 Mah Jong, 3rd FL AL</p> <p>3:00 SPECIAL PERFORMANCE: 20-piece Wind Ensemble, Lobby</p> <p>7:00 MOVIE: TBD, TH</p>
<p>9:30 Catholic Communion Service, 3rd FL AL 24</p> <p>10:30 – 1:30 SUNDAY BRUNCH</p> <p>11:00 – BRONCOS v Dolphins, TH</p> <p>4:30 Hilltop Women in the Courtyard!</p> <p>Happy Birthday Judy Gardenswartz!</p> <p><small>Yom Kippur Begins</small></p>	<p>8:45 Walking Club (sign up), Lobby 25</p> <p>10:00 Strength&Conditioning, FC</p> <p>1:00 Balance, FC</p> <p>2:30 Bible Study w Glenn, NL</p> <p>3:00 BOOKCLUB, PDR</p> <p>5:00 Break the Fast (sign up), BI</p> <p>6:45 Travels w Chris Wells, TH</p>	<p>10:00 Twist & Bend, FC 26</p> <p>11:00 Trip to King Soopers (sign up!)</p> <p>1:00 Yoga, FC</p> <p>1:30 Bridge, 3rd FL AL</p> <p>3:00 KRAFT w KARLA - (sign up), BI</p> <p>6:30 Mah Jong, 3rd FL AL</p> <p>7:00 MOVIE: TBD, TH</p>	<p>10:00 Strength&Conditioning 27</p> <p>11:00 Tai Chi, FC</p> <p>11:30 LUNCH OUT at Le Bilboquet (sign up)</p> <p>1:00 Balance, FC</p> <p>2:00 "What's Happening at Hilltop?", TH</p> <p>6:45 Beginner Mah Jong, GR</p>	<p>10:00 Strength&Conditioning 28</p> <p>2:00 Water Walking, PL</p> <p>2:00 TRIP TO Trader Joes (sign up), LY</p> <p>2:30 Hilltop Singers, 3rd FL AL</p> <p>5:00 OKTOBERFEST w the Kurty Family Trio!, CY</p>	<p>9:00 Courtyard Walk w Kelly 29</p> <p>10:00 Strength&Conditioning</p> <p>11:00 TRIP TO LIBRARY (sign up), LY</p> <p>2:30 Shabbat Svc, PDR</p> <p>4:00 Happy Hour, BI</p> <p><small>Sukkot Begins</small></p>	<p>10:30 Tai Chi, FC 30</p> <p>1:00 SPECIAL PERFORMANCE – Joe Epstein's Trio (trumpet, bass, and piano), Lobby</p> <p>1:30 Mah Jong, 3rd FL AL</p> <p>7:00 MOVIE: TBD, TH</p>

Highlighted Activities indicate OPEN to our Assisted Living Residents