

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Monarch House Schedule of Events @ Hilltop Reserve

						10:00-10:45 Morning Exercise 1 10:45-11:30 Word Games 11:30-12:30 Lunch 2:30-3:30 Flower Arranging 4:00-5:00 Happy Hour 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 2 10:45-11:30 Word Games 11:30-12:30 Lunch 2:00-3:00 Daily Chronicle 3:00-4:30 Fun with Melinda 4:30-5:30 Dinner 5:30-7:00 Movie Night
10:00-10:45 Morning Exercise 3 10:45-11:30 Spiritual Songs 2:00-3:00 Storytime w/Aemon 3:00-3:30 Geri-Theatrics 3:30-4:30 Courtyard Fun 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 4 10:45-11:30 Qi Gong 11:30-12:30 Labor Day BBQ 2:00-3:00 Daily Chronicle 3:00-4:00 Art History w/Katie 4:00-4:30 Game Time 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 5 10:45-11:30 Word Games 11:30-12:30 Lunch 2:00-3:00 Daily Chronicle 3:00-4:30 Fun with Melinda 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-11:30 Morning Exercise 6 11:30-12:30 Lunch 2:00-3:00 Daily Chronicle 3:00-4:00 Piano with Rory 4:00-4:30 Trivia Time 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-11:30 Denver Art Museum 7 11:30-12:30 Lunch 2:00-3:00 Daily Chronicle 3:00-4:00 Sensory Outings 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 8 10:45-11:30 Word Games 11:30-12:30 Lunch 2:30-3:30 Flower Arranging 4:00-5:00 Happy Hour 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 9 10:45-11:30 Word Games 11:30-12:30 Lunch 2:00-3:00 Daily Chronicle 3:00-4:30 Fun with Melinda 4:30-5:30 Dinner 5:30-7:00 Movie Night	
	Labor Day						
10:00-10:45 Morning Exercise 10 10:45-11:30 Spiritual Songs 2:00-3:00 Daily Chronicle 3:00-3:15 Dog Therapy w/Annie 3:15-4:30 Chris Conroy Piano 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 11 10:45-11:30 Qi Gong 11:30-12:30 Lunch 2:00-3:00 Daily Chronicle 3:00-4:00 ElderGrow Garden 4:00-4:30 Game Time 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 12 10:45-11:30 Word Games 11:30-12:30 Lunch 2:00-3:00 Daily Chronicle 3:00-4:30 Fun with Melinda 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-11:30 Wash Park 13 11:30-12:30 Lunch 2:00-3:00 Daily Chronicle 3:00-4:00 AL/MC Social 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 14 10:45-11:30 Yoga with Tori 11:30-12:30 Lunch 2:00-3:00 Daily Chronicle 3:00-4:00 Chris Wells Travels 4:30-5:30 Nantucket Dinner 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 15 10:45-11:30 Word Games 11:30-12:30 Lunch 2:30-3:30 Rosh Hashanah 4:00-5:00 Happy Hour 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 16 10:45-11:30 Word Games 11:30-12:30 Lunch 2:00-3:00 Daily Chronicle 3:00-4:30 Fun with Melinda 4:30-5:30 Dinner 5:30-7:00 Movie Night	
Grandparents Day					Rosh Hashanah Begins	Oktoberfest Begins	
10:00-10:30 Morning Exercise 17 10:30-11:30 Spiritual Songs 2:00-3:00 Daily Chronicle 3:00-4:30 Paint & Sip w/Polly 4:45-5:30 Family Support Group 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 18 10:45-11:30 Qi Gong 11:30-12:30 Lunch 1:00-2:00 Food Committee 2:00-3:00 Daily Chronicle 3:00-4:00 Art History w/Katie 4:00-4:30 Game Time 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 19 10:45-11:30 Word Games 11:30-12:30 Lunch 2:00-3:00 Daily Chronicle 3:00-4:30 Fun with Melinda 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-11:30 DJDS Farm Visi 20 11:30-12:30 Lunch 2:00-3:00 Daily Chronicle 3:00-4:00 Piano with Rory 4:00-4:30 Trivia Time 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 21 10:45-11:30 Yoga with Tori 11:30-12:30 Lunch 2:00-3:00 Daily Chronicle 3:00-4:00 Sensory Outings 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 22 10:45-11:30 Word Games 11:30-12:30 Lunch 2:30-3:30 High Holy Service 4:00-5:00 Happy Hour 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 23 10:45-11:30 Word Games 11:30-12:30 Lunch 2:00-3:00 Daily Chronicle 3:00-4:30 Fun with Melinda 4:30-5:30 Dinner 5:30-7:00 Movie Night	
						Autumn Begins	
10:00-10:45 Morning Exercise 24 10:45-11:30 Spiritual Songs 2:00-3:00 Daily Chronicle 3:00-4:30 Jazz in the Courtyard 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:30 Morning Exercise 25 10:30-11:30 Blue Goose Farm 11:30-12:30 Lunch 2:00-3:00 Daily Chronicle 3:00-4:00 Art History w/Katie 4:30-5:30 Break the Fast 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 26 10:45-11:30 Word Games 11:30-12:30 Lunch 2:00-3:00 Daily Chronicle 3:00-4:30 Fun with Melinda 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:30 Morning Exercise 27 10:30-11:30 Curious Dragonfly 1:00-2:00 MC Family Council 3:00-4:00 AL/MC Social 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 28 10:45-11:30 Yoga with Tori 11:30-12:30 Lunch 2:00-3:00 Daily Chronicle 3:00-4:00 Aloha Thursday 5:00-7:00 Oktoberfest	10:00-10:45 Morning Exercise 29 10:45-11:30 Word Games 11:30-12:30 Lunch 2:30-3:30 ElderGrow Garden 4:00-5:00 Happy Hour 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 30 10:45-11:30 Word Games 11:30-12:30 Lunch 2:00-3:00 Daily Chronicle 3:00-4:30 Fun with Melinda 4:30-5:30 Dinner 5:30-7:00 Movie Night	
Yom Kippur Begins					Sukkot Begins		