

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

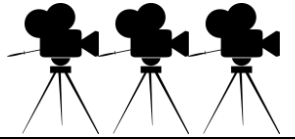
Saturday

Hilltop Reserve Assisted Living

# September 2023

Location Key: 2<sup>nd</sup> FL NLR Newport Living Room, AS Art Studio, 3<sup>rd</sup> FL AR Activity Room, AK Activity Kitchen, BDR Bayaud Dining Room

1  
10:45 Fitness with Kelly  
3<sup>rd</sup> FL AR  
1:30 Art Pages  
2<sup>nd</sup> FL AS  
4:00 Happy Hour  
Rick Chinski -  
Entertainer  
3<sup>rd</sup> FL BDR

2  
10:15 Donuts and Chats  
3<sup>rd</sup> FL AK  
2:00 Movie: Enola Holmes  
2<sup>nd</sup> FL NLR  
3<sup>rd</sup> FL TH  


3  
9:30 Catholic Communion  
3<sup>rd</sup> FL AK  
10:15 YouTube Church  
Service – 2<sup>nd</sup> FL NLR  
2:00 Movie – Viewer's  
Choice 2<sup>nd</sup> & 3<sup>rd</sup> Floors


4  
**Happy Birthday Richard**  
10:45 Exercise with Jim  
3<sup>rd</sup> FL AR  
**11:30 BBQ in the Courtyard**  
2:30 Bible Study with Glenn  
2<sup>nd</sup> FL NLR  
Labor Day

5  
10:00 Chair Exercise  
2<sup>nd</sup> FL AS  
10:45 Exercise 3<sup>rd</sup> FL AR  
1:30 Bridge 3<sup>rd</sup> FL AK  
2:30 Scrabble  
2<sup>nd</sup> FL NLR

6  
10:45 Fitness with Kelly  
3<sup>rd</sup> FL AR  
1:30 Lifelong Learning:  
Evolution of the Playground  
2<sup>nd</sup> FL NLR  
3:30 Cranium Crunches  
3<sup>rd</sup> FL AK

7  
10:00 Chair Exercise  
2<sup>nd</sup> FL AS  
10:45 Exercise 3<sup>rd</sup> FL AR  
1:30 Blackjack  
3<sup>rd</sup> FL BDR  
2:30 Hilltop Singers  
2<sup>nd</sup> FL NLR

8  
10:45 Fitness with Kelly  
3<sup>rd</sup> FL AR  
11:00 Vitals Clinic  
3<sup>rd</sup> FL AR  
2:30 Shabbat  
3<sup>rd</sup> FL AK  
4:00 Happy Hour  
Chris Conroy  
Entertainer

9  
10:15 Donuts and Chats  
3<sup>rd</sup> FL AK  
2:00 Movie: Enola Holmes 2  
2<sup>nd</sup> FL NLR  
3<sup>rd</sup> FL TH  


10  
**NATIONAL ASSISTED LIVING WEEK BEGINS**  
**Happy Birthday Bernie**  
9:30 Catholic Communion  
3<sup>rd</sup> FL AK  
10:15 YouTube Church  
Service – 2<sup>nd</sup> FL NLR  
2:00 Movie  
Grandparents Day

11  
10:45 Exercise with Jim  
3<sup>rd</sup> FL AR  
2:30 Bible Study with Glenn  
2<sup>nd</sup> FL NLR

12  
10:00 Chair Exercise  
2<sup>nd</sup> FL AS  
10:45 Exercise  
3<sup>rd</sup> FL AR  
1:30 Bridge 3<sup>rd</sup> FL AK  
2:00 Scenic Bus Ride\*\*  
Please sign up with Troy

13  
10:45 Fitness with Kelly  
3<sup>rd</sup> FL AR  
1:30 Trivia and other word  
games  
3<sup>rd</sup> FL AK  
2:30 Scrabble and Board  
Games  
3<sup>rd</sup> FL AK

14  
10:00 Chair Exercise  
2<sup>nd</sup> FL AS  
10:45 Exercise 3<sup>rd</sup> FL AR  
1:30 Blackjack 3<sup>rd</sup> FL BDR  
2:30 Hilltop Singers  
2<sup>nd</sup> FL NLR  
**5:00 Nantucket Dinner**  
**Special theme for dinner –**  
**No Sign Up Required**

15  
10:45 Fitness with Kelly  
3<sup>rd</sup> FL AR  
1:30 Bingo  
3<sup>rd</sup> FL AK  
4:00 Happy Hour  
3<sup>rd</sup> FL BDR  
Rosh Hashanah Begins

16  
10:15 Donuts and Chats  
3<sup>rd</sup> FL AK  
2:00 Movie: TBD  
2<sup>nd</sup> FL NLR  
3<sup>rd</sup> FL TH  
Oktoberfest Begins

17  
9:30 Catholic Communion  
3<sup>rd</sup> FL AK  
10:15 YouTube Church  
Service – 2<sup>nd</sup> FL NLR  
2:00 Movie – Viewer's  
Choice 2<sup>nd</sup> & 3<sup>rd</sup> Floors

18  
**Happy Birthday Virginia & Gail**  
10:45 Exercise with Jim  
3<sup>rd</sup> FL AR  
1:00 Food Committee  
House  
Monarch House  
2:30 Bible Study with Glenn  
2<sup>nd</sup> FL NLR

19  
10:00 Chair Exercise  
2<sup>nd</sup> FL AS  
10:45 Exercise 3<sup>rd</sup> FL AR  
1:00 Resident Council  
1:30 Bridge 3<sup>rd</sup> FL AK  
2:30 Travel Log:  
Germany

20  
10:45 Fitness with Kelly  
3<sup>rd</sup> FL AR  
1:30 Bingo  
3<sup>rd</sup> FL AS  
3:00 MC and AL Social  
Location to be determined

21  
10:45 Exercise 3<sup>rd</sup> FL AR  
1:30 Blackjack  
3<sup>rd</sup> FL BDR  
2:30 Hilltop Singers  
2<sup>nd</sup> FL NLR

22  
10:45 Fitness with Kelly  
3<sup>rd</sup> FL AR  
2:30 Shabbat  
3<sup>rd</sup> FL AK  
4:00 Happy Hour  
3<sup>rd</sup> FL BDR

23  
10:15 Donuts and Chats  
3<sup>rd</sup> FL AK  
2:00 Movie:  
2<sup>nd</sup> FL NLR  
3<sup>rd</sup> FL TH  
Autumn Begins

24  
9:30 Catholic Communion  
3<sup>rd</sup> FL AK  
10:15 YouTube Church  
Service – 2<sup>nd</sup> FL NLR  
2:00 Movie – Viewer's  
Choice 2<sup>nd</sup> & 3<sup>rd</sup> Floors  
Yom Kippur Begins

25  
10:45 Exercise with Jim  
3<sup>rd</sup> FL AR  
2:30 Bible Study with Glenn  
2<sup>nd</sup> FL NLR  
**5:00 Break the Fast**  
**Conclusion of Yom Kipur**

26  
10:00 Chair Exercise  
2<sup>nd</sup> FL AS  
10:45 Exercise 3<sup>rd</sup> FL AR  
1:30 Word Games,  
iN2L Games 3<sup>rd</sup> FL AK  
3:00 Birthday Celebration  
3<sup>rd</sup> FL AK

27  
10:45 Fitness with Kelly  
3<sup>rd</sup> FL AR  
2:00 Cranium Crunches  
2<sup>nd</sup> FL NLR  
3:00 Social with MC and AL  
Location to be Determined

28  
10:00 Chair Exercise  
2<sup>nd</sup> FL AS  
10:45 Exercise 3<sup>rd</sup> FL AR  
1:30 Blackjack  
3<sup>rd</sup> FL BDR  
2:30 Hilltop Singers  
2<sup>nd</sup> FL NLR  
**5:00 OCTOBERFEST**  
**In the Courtyard**

29  
**Happy Birthday Carol**  
10:45 Fitness with Kelly  
3<sup>rd</sup> FL AR  
2:30 Break & Bake  
3<sup>rd</sup> FL AR  
4:00 Happy Hour  
3<sup>rd</sup> FL BDR  
Sukkot Begins

30  
10:15 Donuts and Chats  
3<sup>rd</sup> FL AK  
2:00 Movie:  
2<sup>nd</sup> FL NLR  
3<sup>rd</sup> FL TH

\*\*\*Activities May Be Subject to Change\*\*\*