




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><i>Happy Birthday</i> 5/14 Myrna 5/27 Rosa</p> <p><i>Happy Birthday</i></p> 	<p><b>Happy May Day!</b> 1</p> <p>10:45 Exercise with Jim and Glen 3<sup>rd</sup> FL AR 2:00 Jigsaw Puzzles on your own – 3<sup>rd</sup> FL AK 2:30 Bible Study with Glenn 2<sup>nd</sup> FL NLR</p> <p>May Day</p>	<p>10:45 Seated Workout 3<sup>rd</sup> FL AR 1:00 Poker 3<sup>rd</sup> FL BDR 1:30 Bridge AL&amp;IL 3<sup>rd</sup> FL AK 3:00 Small Group Chat: National Teacher Day 2<sup>nd</sup> FL NLR</p>	<p>10:45 Fitness with Kelly 3<sup>rd</sup> FL AR 1:30 iN2L Games 2<sup>nd</sup> FL AK 3:30 Over-the-Hilltop-Players Geri-Theatrics Play Front Lobby</p>	<p>10:45 Stretching 3<sup>rd</sup> FL AR 1:30 Blackjack 3<sup>rd</sup> FL BDR 2:00 Chair Yoga 3<sup>rd</sup> FL AR 3:00 Cranium Crunches 2<sup>nd</sup> FL NLR</p>	<p>10:45 Fitness with Kelly 3<sup>rd</sup> FL (AR) 1:30 Board Games 3<sup>rd</sup> FL AK 4:00 Happy Hour 3<sup>rd</sup> FL BDR</p>  <p>Cinco de Mayo</p>	<p><b>Nurse's Week Begins Thank a Nurse</b> 6</p> <p>10:45 Exercise 3<sup>rd</sup> FL AK 2:00 Movie &amp; Popcorn "The Dreamer" 3<sup>rd</sup> FL TH</p>	
<p>10:45 Non-Demonational Church Service on You Tube 2<sup>nd</sup> FL NLR</p> <p>2:00 Movie Viewer's Choice</p>	<p>10:45 Exercise with Jim and Glen 3<sup>rd</sup> FL AR 2:00 Jigsaw Puzzles on your own – 3<sup>rd</sup> FL AK 2:30 Bible Study with Glenn 2<sup>nd</sup> FL NLR</p>	<p>10:00 Scenic Bus Ride** (weather permitting) 1:00 Poker 3<sup>rd</sup> FL BDR 1:30 Bridge AL&amp;IL 3<sup>rd</sup> FL AK 3:00 Travel Log: Ft Collins City Streets to Mountain Peaks – 3<sup>rd</sup> FL – AK</p>	<p>10:45 Fitness with Kelly 3<sup>rd</sup> FL AR 1:30 Trivia – 2<sup>nd</sup> FL NLR 3:00 Bingo – Playing for Chocolate</p>	<p>10:45 Stretching 3<sup>rd</sup> FL AR 1:30 Blackjack 3<sup>rd</sup> FL BDR 2:00 Chair Yoga 3<sup>rd</sup> FL AR 3:00 Flower Arranging</p>	<p>10:45 Fitness with Kelly (AR) 2:00 Shabbat Service 3<sup>rd</sup> FL AR 4:00 Happy Hour</p>	<p>10:45 Stretching</p> <p>2:00 Movie &amp; Popcorn Johnny Cash "I Walk the Line" Reese Witherspoon Joaquin Phoenix 3<sup>rd</sup> FL TH</p>	
<p><b>Happy Mother's Day!</b> 14</p> <p>10:30 Mother's Day Brunch</p> <p>2:00 Movie Viewer's Choice</p> <p>Mother's Day National Skilled Nursing Week</p>	<p>10:45 Exercise with Jim and Glen 3<sup>rd</sup> FL AR 1:00 Food Committee – Monarch House 2:00 Jigsaw Puzzles on your own – 3<sup>rd</sup> FL AK 2:30 Bible Study with Glenn 2<sup>nd</sup> FL NLR</p>	<p>10:45 Stretching 3<sup>rd</sup> FL AR 1:00 Poker 3<sup>rd</sup> FL BDR 1:30 Bridge AL&amp;IL 3<sup>rd</sup> FL AK 3:00 Birthday Celebration Celebrating Myrna and Rosa</p>	<p>10:45 Fitness with Kelly (AR) 1:30 Gardening Repotting Flowers 3<sup>rd</sup> FL Balcony 3:00 iN2L</p>	<p>10:00 Trip to tour Hammond's Candy Factory** 10:45 Stretching 3<sup>rd</sup> FL BDR 1:30 Blackjack 3<sup>rd</sup> FL BDR 2:00 Chair Yoga 3<sup>rd</sup> FL AR</p>	<p>10:45 Fitness with Kelly 3<sup>rd</sup> FL AR 2:00 Trivia</p>  <p>2<sup>nd</sup> FL NLR 4:00 Happy Hour</p>	<p>10:45 Exercise 2:00 Movie and Popcorn "Penguin Bloom" 3<sup>rd</sup> FL TH</p> <p>Armed Forces Day</p>	
<p>10:45 Non-Demonational Church Service on You Tube 2<sup>nd</sup> FL NLR</p> <p>2:00 Movie Viewer's Choice</p>	<p>10:45 Exercise with Jim and Glen – 3<sup>rd</sup> FL AR 2:00 Jigsaw Puzzles on your own – 3<sup>rd</sup> FL AK 2:30 Bible Study with Glenn 2<sup>nd</sup> FL NLR</p> <p>Victoria Day (Canada)</p>	<p>10:45 Stretching 3<sup>rd</sup> FL AR 1:00 Resident Council 3<sup>rd</sup> FL TH 3:00 Giggle &amp; Grins Laughter IS the best Medicine 2<sup>nd</sup> FL NLR</p>	<p>10:45 Fitness with Kelly 3<sup>rd</sup> FL AK 2:00 Painting with Miguel 2<sup>nd</sup> FL AS 3:00 Arm Chair Scavenger Hunt 3<sup>rd</sup> FL AK</p>	<p>10:45 Stretching 3<sup>rd</sup> FL BDR 2:00 Chair Yoga 3<sup>rd</sup> FL AR 3:00 Tea with Monarch House (Seating is limited, please sign up)</p> <p>Shavuot Begins</p>	<p>10:45 Fitness with Kelly (AR) 2:00 Shabbat Service 3<sup>rd</sup> FL AR 4:00 Happy Hour</p>	<p>10:45 Exercise 2:00 Movie and Popcorn Movie to be Determined 3<sup>rd</sup> FL TH</p>	
<p>10:45 Non-Demonational Church Service on You Tube 2<sup>nd</sup> FL NLR</p> <p>2:00 Movie Viewer's Choice</p>	<p>10:45 Exercise with Jim and Glen – 3<sup>rd</sup> FL AR 11:30 BBQ in the Courtyard (weather permitting) 2:00 Jigsaw Puzzles on your own – 3<sup>rd</sup> FL AK 2:30 Bible Study with Glenn 2<sup>nd</sup> FL NLR</p> <p>Memorial Day</p>	<p>10:00 Bread Mix for Bread Machine 1:30 Flower Arranging 3:00 Share the Bread</p> 	<p>10:00 Picnic in the Park** Space is limited</p> <p>Movie: "My Girl" 3<sup>rd</sup> FL TH</p>	<h1>MAY 2023</h1>			