

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00-10:30 Morning Exercise 1 10:30-11:00 Spiritual Songs 11:00-11:30 Inspired Questions 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Art/Music History 3:30-4:30 New Year's Toast 4:30-5:30 Dinner 5:30-7:00 Movie Night <small>New Year's Day</small>	10:00-10:30 Morning Exercise 2 10:30-11:00 Peace Songs 11:00-11:30 I Have a Dream 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Guitar with Rhenne 3:30-4:30 All Things Colorado 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Exercise w/Vanessa 3 10:45-11:30 Sing Fit 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Piano with Rory 3:30-4:00 Smoothie Time 4:00-4:30 Classic Comedy 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:30 Morning Exercise 4 10:30-11:00 Travel Songs 11:00-11:30 I Have a Dream 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Crafting with Linda 3:30-4:30 AL/MC Social 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:30 Morning Exercise 5 10:30-11:00 Dream Songs 11:00-11:30 Inspired Questions 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Where in the World? 3:30-4:30 Aloha Thursday 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:30 Morning Exercise 6 10:30-11:00 Love Songs 11:00-11:30 I Have a Dream 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Fun with Miguel 4:00-5:00 AL/MC Happy Hour 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 7 10:45-11:30 Sing Fit 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Family Recipes 3:30-4:30 Shabbat Delights 4:30-5:30 Dinner 5:30-7:00 Movie Night
10:00-10:30 Morning Exercise 8 10:30-11:00 Spiritual Songs 11:00-11:30 Inspired Questions 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Art/Music History 3:30-4:30 Ice Cream Sundaes 4:30-5:30 Elvis Presley Sings 5:30-7:00 Movie Night	10:00-10:30 Morning Exercise 9 10:30-11:00 Peace Songs 11:00-11:30 I Have a Dream 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Guitar with Rhenne 3:30-4:30 All Things Colorado 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Exercise w/Vanessa 10 10:45-11:30 Sing Fit 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Piano with Rory 3:30-4:00 Smoothie Time 4:00-4:30 Classic Comedy 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:30 Morning Exercise 11 10:30-11:00 Travel Songs 11:00-11:30 I Have a Dream 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Games with Carrie 3:30-4:30 AL/MC Social 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:30 Morning Exercise 12 10:30-11:00 Dream Songs 11:00-11:30 Inspired Questions 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Where in the World? 3:30-4:30 Aloha Thursday 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:30 Morning Exercise 13 10:30-11:00 Love Songs 11:00-11:30 I Have a Dream 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Fun with Miguel 4:00-5:00 AL/MC Happy Hour 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 14 10:45-11:30 Sing Fit 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Family Recipes 3:30-4:30 Shabbat Delights 4:30-5:30 Dinner 5:30-7:00 Movie Night
10:00-10:30 Morning Exercise 15 10:30-11:00 Spiritual Songs 11:00-11:30 Inspired Questions 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:15 Art/Music History 3:15-4:15 Musicals with Chris 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:30 Morning Exercise 16 10:30-11:00 Peace Songs 11:00-11:30 I Have a Dream 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Guitar with Rhenne 3:30-4:30 MLK Celebration 4:30-5:30 Dinner 5:30-7:00 Movie Night <small>Martin Luther King Jr. Day</small>	10:00-10:45 Exercise w/Vanessa 17 10:45-11:30 Sing Fit 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Piano with Rory 3:30-4:00 Smoothie Time 4:00-4:30 Classic Comedy 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:30 Morning Exercise 18 10:30-11:00 Travel Songs 11:00-11:30 I Have a Dream 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Crafting with Linda 3:30-4:30 Western Songs 4:30-5:30 Western Night Dinner 5:30-7:00 Movie Night	10:00-10:30 Morning Exercise 19 10:30-11:00 Dream Songs 11:00-11:30 Inspired Questions 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Where in the World? 3:30-4:30 Aloha Thursday 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:30 Morning Exercise 20 10:30-11:00 Love Songs 11:00-11:30 I Have a Dream 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Fun with Miguel 4:00-5:00 AL/MC Happy Hour 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 21 10:45-11:30 Sing Fit 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Family Recipes 3:30-4:30 Shabbat Delights 4:30-5:30 Dinner 5:30-7:00 Movie Night
10:00-10:30 Morning Exercise 22 10:30-11:00 Spiritual Songs 11:00-11:30 Inspired Questions 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Art/Music History 3:30-4:30 Chinese New Year 4:30-5:30 Dinner 5:30-7:00 Movie Night <small>Chinese New Year (Year of the Rabbit)</small>	10:00-10:30 Morning Exercise 23 10:30-11:00 Peace Songs 11:00-11:30 I Have a Dream 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Guitar with Rhenne 3:30-4:30 All Things Colorado 4:30-5:30 Dinner 5:30-7:00 Movie Night <small>Activity Professionals Week</small>	10:00-10:45 Exercise w/Vanessa 24 10:45-11:30 Sing Fit 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Piano with Rory 3:30-4:00 Smoothie Time 4:00-4:30 Classic Comedy 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:30 Morning Exercise 25 10:30-11:00 Travel Songs 11:00-11:30 I Have a Dream 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Games with Carrie 3:30-4:30 AL/MC Social 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:30 Morning Exercise 26 10:30-11:00 Dream Songs 11:00-11:30 Inspired Questions 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Let's Go Australia 3:30-4:30 Aloha Thursday 4:30-5:30 Dinner 5:30-7:00 Movie Night <small>Australia Day (observed)</small>	10:00-10:30 Morning Exercise 27 10:30-11:00 Love Songs 11:00-11:30 I Have a Dream 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Fun with Miguel 4:00-5:00 AL/MC Happy Hour 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Morning Exercise 28 10:45-11:30 Sing Fit 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Family Recipes 3:30-4:30 Shabbat Delights 4:30-5:30 Dinner 5:30-7:00 Movie Night
10:00-10:30 Morning Exercise 29 10:30-11:00 Spiritual Songs 11:00-11:30 Inspired Questions 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Art/Music History 3:30-4:30 Hootenanny for Peace 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:30 Morning Exercise 30 10:30-11:30 Curious Dragonfly 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Travels w/Chris Wells 3:30-4:30 All Things Colorado 4:30-5:30 Dinner 5:30-7:00 Movie Night	10:00-10:45 Exercise w/Vanessa 31 10:45-11:30 Sing Fit 11:30-12:30 Lunch 2:00-2:30 Daily Chronicle 2:30-3:30 Piano with Rory 3:30-4:00 Smoothie Time 4:00-4:30 Classic Comedy 4:30-5:30 Dinner 5:30-7:00 Movie Night	<h1 style="color: red; font-family: cursive;">January 2023</h1> <h2 style="color: blue; font-family: cursive;">Monarch House Schedule of Events</h2>			