

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2022

						9:00am: Walking Club, courtyard 10:00am: Strength and Conditioning, gym 1:30pm: Hudak on Hollywood, theatre 4:00pm: Happy Hour, bistro	10:30am: Tai Chi, yoga studio 1:30pm: Mah Jong, game room 3:30pm: Murder, She Wrote, theatre 3:30pm: Scrabble, game room
						Canada Day	
2:00pm: Movie Matinee, theatre 3	11:30, BBQ, courtyard 4 **No workout classes Independence Day (US)	9:00am: Water Fitness, pool 10:00am: Strength and Conditioning, gym 10:00am: Super Target Trip, lobby 1:00pm: Balance Class, gym 1:30pm: Bonnie Brea Ice Cream, lobby 1:30pm: Bridge Club, game room 2:00pm: Culinary Crew, ground floor culinary display kitchen 7:00pm: Movie Night, theatre 5	10:00am: Strength and Conditioning, gym 11:00am: Tai Chi, yoga studio 2:00pm: Out of My Mind, theatre 3:00pm: Paint n' Sip, bistro 6	10:00am: Strength and Conditioning, gym 10:00am: King Sooper's Grocery Trip, lobby 11:30am: Water Walking, pool 11:30am: Salsa Dancing, gym 1:00pm: Balance Class, gym 2:00pm: Movie Club, theatre 7:00pm: Movie Night, theatre 7	9:00am: Walking Club, courtyard 10:00am: Strength and Conditioning, gym 2:00pm: Book Swap, ground floor game room 4:00pm: Happy Hour, bistro 8	10:30am: Tai Chi, yoga studio 1:30pm: Mah Jong, game room 3:30pm: Murder, She Wrote, theatre 3:30pm: Scrabble, game room 9	
2:00pm: Movie Matinee, theatre 10	8:45am: Walking Club at Local Park, lobby 10:00am: Strength and Conditioning, gym 12:00pm: Ladies Lunch 6:30pm: Travels with Chris Wells, theatre 11	9:00am: Water Fitness, pool 10:00am: Strength and Conditioning, gym 10:00am: Trader Joe's Grocery Trip, lobby 1:00pm: Balance Class, gym 1:30pm: Bridge Club, game room 3:30pm: Dennis Dressman on History of the 1960s, theatre 7:00pm: Movie Night, theatre 12	10:00am: Strength and Conditioning, gym 11:00am: Tai Chi, yoga studio 2:00pm: Out of My Mind, theatre 2:00pm: Dennis Dressman, CO War Veterans, Assisted Living theatre 3:00pm: Kevin Snow, History of Colfax, theatre 13	10:00am: Strength and Conditioning, gym 10:00am: King Sooper's Grocery Trip, lobby 11:30am: Water Walking, pool 1:00pm: Balance Class, gym 2:00pm: Piano by John W, lobby 7:00pm: Movie Night, theatre 14	9:00am: Walking Club, courtyard 10:00am: Strength and Conditioning, gym 2:00pm: Shabbat Service, 3rd floor private dining room 4:00pm: Happy Hour, bistro 15	10:30am: Tai Chi, yoga studio 1:30pm: Mah Jong, ground floor game room 3:30pm: Murder, She Wrote, theatre 3:30pm: Scrabble, ground floor game room 16	
2:00pm: Movie Matinee, theatre 17	8:45am: Walking Club at Local Park, lobby 10:00am: Strength and Conditioning, gym 1:30pm: Active Minds: Evolution of NATO, theatre 2:45pm: Resident Programs (Activities) Committee, theatre 18	8:30am: Denver Botanic Gardens, lobby 9:00am: Water Fitness, pool 10:00am: Strength and Conditioning, gym 10:00am: Super Target Trip, lobby 1:00pm: Balance Class, gym 1:30pm: Bridge Club, game room 3:00pm: Baking Club, culinary display kitchen 7:00pm: Movie Night, theatre 19	10:00am: Strength and Conditioning, gym 11:00am: Tai Chi, yoga studio 2:00pm: Out of My Mind, theatre 3:00pm: Mosaic tiles, ground level courtyard 20	9:30am: Denver Museum of Nature and Science, lobby 10:00am: Strength and Conditioning, gym 10:00am: King Sooper's Grocery Trip, lobby 11:30am: Water Walking, pool 1:00pm: Balance Class, gym 2:00pm: Ice Cream Social, bistro 7:00pm: Movie Night, theatre 21	9:00am: Walking Club, courtyard 10:00am: Strength and Conditioning 11:30am: Fireside Chat, bistro lounge 2:00pm: Resident Ambassador Meeting, theatre 4:00pm: Happy Hour, bistro 22	10:30am: Tai Chi, yoga studio 1:30pm: Mah Jong, game room 3:30pm: Murder, She Wrote, theatre 3:30pm: Scrabble, game room 23	
2:00pm: Movie Matinee, theatre 24	8:45am: Walking Club at Local Park, lobby 10:00am: Strength and Conditioning, gym 1:30pm: Active Minds, National Parks, theatre 3:30pm: Dennis Dressman on Eddie Robinson, theatre 25	9:00am: Water Fitness, pool 10:00am: Strength and Conditioning, gym 10:00am: Trader Joe's Grocery Trip, lobby 1:00pm: Balance Class, gym 1:30pm: Bridge Club, game room 2:00pm: Grub Club, theatre 3:30pm: Birthday Celebrations, bistro 26	10:00am: Strength and Conditioning, gym 11:00am: Tai Chi, yoga studio 3:00pm: Luau Party! Courtyard 27	10:00am: Strength and Conditioning, gym 10:00am: King Sooper's Grocery Run, lobby 11:30am: Water Walking, pool 11:30am: ROMEO Club, lobby 1:00pm: Balance Class, gym 2:00pm: Town Hall, theatre 7:00pm: Movie Night, theatre 28	9:00am: Walking Club 10:00am: Strength and Conditioning 1:00pm: Culinary Crew, ground floor culinary display kitchen 2:00pm: Foxtrot Class, gym 4:00pm: Happy Hour, bistro. Music by Joe A 29	10:30am: Tai Chi, yoga studio 1:30pm: Mah Jong, game room 3:30pm: Murder, She Wrote 3:30pm: Scrabble, game room 30	
2:00pm: Movie Matinee, theatre 31							