



HILLTOP RESERVE

MAY

INDEPENDENT LIVING

2024



SUN

MON

TUE

WED

THU

FRI

SAT

			<p>10:00 Strength and Conditioning (FC) 1</p> <p>11:00 Tai Chi (FC)</p> <p>1:00 Canasta (GR)</p> <p>1:00 Balance (FC)</p> <p>1:30 Mahjong (OG) (3rd FL AR)</p> <p>2:00 What's Happening at Hilltop? (TH)</p> <p>3:00 Hudak on Hollywood: Discussion of Films (TH)</p> <p>3:00 General Store is OPEN!</p>	<p>10:00 Strength and Conditioning (FC) 2</p> <p>1:00 General Store is OPEN</p> <p>1:00 Trip to Clarks Market SIGN UP (ML)</p> <p>2:30 Water Walking</p> <p>3:00 Dime Bingo</p> <p>7:00 MOVIE - TBD (TH)</p>	<p>9:00 Courtyard Walk w Kelly 3</p> <p>10:00 Strength and Conditioning (FC)</p> <p>1:00 General Store is OPEN</p> <p>1:30 Come and Sing! (BDR)</p> <p>2:30 Shabbat Services</p> <p>4:00 Cinco De Mayo Happy Hour!</p> <p>11:30 Canasta</p>	<p>10:30 Tai Chi (FC) 4</p> <p>1:00 Maj Jong (private)</p> <p>1:00 Betsy Schwarm Classical Music Lecture (TH)</p> <p>3:00 Kentucky Derby Party (TH)</p> <p>7:00 MOVIE - TBD (TH)</p>
<p>9:30 Catholic Communion Service 5</p> <p>10:30 Sunday Brunch(BDR)</p> <p>2:00 NEW- Sunday Bridge (GR)</p> <p>4:30 Hilltop Women Meet! (GR)</p>	<p>8:45 Walking Club (ML)</p> <p>9:30 Trip to Park Meadows Mall- SIGN UP (ML) 6</p> <p>10:00 Strength and Conditioning(video)(FC)</p> <p>1:00 CANASTA (GR)</p> <p>3:00 STORE OPEN</p> <p>1:30 ACTIVE MINDS Lecture (TH)</p> <p>3:00 Bible Study with Glenn</p> <p>3:00 BOOKCLUB (PDR)</p>	<p>10:00 Twist and Bend (FC) 7</p> <p>11:00 Water Aerobics</p> <p>11:00 King Soopers Trip (ML)</p> <p>12:00 NEW Boxing Class (FC)</p> <p>1:30 Bridge Club (GR)</p> <p>6:00 Maj Jong (private) (GR)</p> <p>7:00 The Carol Burnett Show (TH)</p>	<p>10:00 Strength and Conditioning (FC) 8</p> <p>11:00 Tai Chi (FC)</p> <p>11:00 Trip to Crave Mediterranean Grill (ML)</p> <p>1:00 Canasta (GR)</p> <p>1:00 Balance (FC)</p> <p>1:30 Mahjong (OG) (3rd FL AR)</p> <p>2:00 What's Happening at Hilltop? (TH)</p> <p>3:00 General Store is OPEN!</p>	<p>10:00 Strength and Conditioning (FC) 9</p> <p>1:00 General Store is OPEN</p> <p>1:30 Ms. Colorado Senior America Cameo Club (ML)</p> <p>2:30 Water Walking</p> <p>3:00 Dime Bingo</p> <p>3:00 Men's Group Meeting</p> <p>7:00 MOVIE - TBD (TH)</p>	<p>9:00 Courtyard Walk w Kelly 10</p> <p>10:00 Strength and Conditioning (FC)</p> <p>1:00 General Store is OPEN</p> <p>1:30 Come and Sing! (BDR)</p> <p>2:30 Shabbat Services</p> <p>4:00 Meet your new Executive Director Happy Hour!</p> <p>11:30 Canasta</p>	<p>10:30 Tai Chi (FC) 11</p> <p>1:00 Maj Jong (private)</p> <p>7:00 MOVIE - TBD (TH)</p>
<p>9:30 Catholic Communion Service 12</p> <p>10:30 Mother's Day Brunch SIGN UP in Supper Club (BDR)</p> <p>4:00 NEW- Sunday Bridge (GR)</p>	<p>8:45 Walking Club (ML)</p> <p>9:30 Trip to Denver Botanic Garden- SIGN UP (ML) 13</p> <p>10:00 Strength and Conditioning (FC)</p> <p>1:00 Balance (FC)</p> <p>1:00 CANASTA (GR)</p> <p>3:00 Bible Study with Glenn</p> <p>3:00 ACTIVE MINDS POETRY (TH)</p> <p>3:00 STORE OPEN</p> <p>6:45 Travels w Chris Wells (TH)</p>	<p>9:00 Pancakes and Mimosas w/Kelly 14</p> <p>10:00 Twist and Bend (FC)</p> <p>11:00 Water Aerobics</p> <p>11:00 King Soopers Trip (ML)</p> <p>1:30 Bridge Club (GR)</p> <p>2:00 Mountain Man Nuts & Fruit Co.Truck (ML)</p> <p>6:00 Maj Jong (private) (GR)</p> <p>7:00 The Carol Burnett Show (TH)</p>	<p>10:00 Strength and Conditioning (FC) 15</p> <p>11:00 Tai Chi (FC)</p> <p>11:30 Baroque Chamber Orchestra at St Thomas Episcopal Church</p> <p>1:00 Canasta (GR)</p> <p>1:00 Balance (FC)</p> <p>1:30 Mahjong (OG) (3rd FL AR)</p> <p>2:00 Town Hall (TH)</p> <p>3:00 General Store is OPEN!</p>	<p>10:00 Strength and Conditioning (FC) 16</p> <p>10:45 Trip to Morning Story for Breakfast/Lunch</p> <p>1:00 General Store is OPEN</p> <p>2:30 Water Walking</p> <p>3:00 Dime Bingo</p> <p>7:00 Colorado Choir Video (TH)</p>	<p>9:00 Courtyard Walk w Kelly 17</p> <p>10:00 Strength and Conditioning (FC)</p> <p>1:00 General Store is OPEN</p> <p>1:30 Come and Sing! (BDR)</p> <p>2:30 Shabbat Services</p> <p>4:00 Happy Hour</p> <p>11:30 Canasta</p>	<p>10:30 Tai Chi (FC) 18</p> <p>1:00 Maj Jong (private)</p> <p>1:00 Betsy Schwarm Classical Music Lecture (TH)</p> <p>3:00 Art Class with Suzie- SIGN UP</p> <p>7:00 MOVIE - TBD (TH)</p>
<p>9:30 Catholic Communion Service 19</p> <p>10:30 Sunday Brunch(BDR)</p> <p>2:00 NEW- Sunday Bridge (GR)</p> <p>4:30 Hilltop Women Meet! (GR)</p>	<p>8:45 Walking Club (ML)</p> <p>10:00 Strength and Conditioning (FC) 20</p> <p>1:00 Balance (FC)</p> <p>1:00 CANASTA (GR)</p> <p>1:30 ACTIVE MINDS Lecture (TH)</p> <p>3:00 STORE OPEN</p> <p>3:00 Bible Study with Glenn</p> <p>4:45 Trip to India's Restaurant- SIGN UP (ML)</p>	<p>9:30 Trip to Black Hawk Casino - SIGN UP (ML) 21</p> <p>10:00 Twist and Bend (FC)</p> <p>11:00 Water Aerobics</p> <p>11:00 King Soopers Trip (ML)</p> <p>1:30 Bridge Club (GR)</p> <p>1:30 MONTH Birthday Party!</p> <p>6:00 Maj Jong (private) (GR)</p> <p>7:00 The Carol Burnett Show (TH)</p>	<p>10:00 Strength and Conditioning (FC) 22</p> <p>11:00 Tai Chi (FC)</p> <p>1:00 Canasta (GR)</p> <p>1:00 Balance (FC)</p> <p>1:30 Mahjong (OG) (3rd FL AR)</p> <p>2:00 What's Happening at Hilltop? (TH)</p> <p>3:00 General Store is OPEN!</p>	<p>10:00 Strength and Conditioning (FC) 23</p> <p>1:00 General Store is OPEN</p> <p>1:00 Trip to COSTCO (sign up)</p> <p>2:30 Water Walking</p> <p>3:00 Dime Bingo</p> <p>7:00 MOVIE - TBD (TH)</p>	<p>9:00 Courtyard Walk w Kelly 24</p> <p>10:00 Strength and Conditioning (FC)</p> <p>1:00 General Store is OPEN</p> <p>1:30 Come and Sing! (BDR)</p> <p>2:30 Shabbat Services</p> <p>4:00 Happy Hour</p> <p>11:30 Canasta</p>	<p>10:30 Tai Chi (FC) 25</p> <p>12:00 BUNCO Potluck (GR)</p> <p>1:00 Maj Jong (private)</p> <p>7:00 MOVIE - TBD (TH)</p>
<p>9:30 Catholic Communion Service 26</p> <p>10:30 Sunday Brunch(BDR)</p> <p>2:00 NEW- Sunday Bridge (GR)</p>	<p>8:45 Walking Club (ML)</p> <p>10:00 Strength and Conditioning (FC) 27</p> <p>11:30 Memorial Day BBQ</p> <p>1:00 CANASTA (GR)</p> <p>1:00 Balance (FC)</p> <p>3:00 BOOKCLUB (PDR)</p> <p>3:00 STORE OPEN</p> <p>3:00 Bible Study with Glenn</p>	<p>8:30 Trip to Peaches Softball Game 28</p> <p>10:00 Twist and Bend (FC)</p> <p>11:00 Water Aerobics</p> <p>11:00 King Soopers Trip (ML)</p> <p>1:30 Bridge Club (GR)</p> <p>1:30 Curious Dragonfly King Tut: Part II (TH)</p> <p>3:00 Ambassador Meeting</p> <p>6:00 Maj Jong (private) (GR)</p> <p>7:00 The Carol Burnett Show (TH)</p>	<p>10:00 Strength and Conditioning (FC) 29</p> <p>11:00 Tai Chi (FC)</p> <p>1:00 Canasta (GR)</p> <p>1:00 Balance (FC)</p> <p>1:30 Mahjong (OG) (3rd FL AR)</p> <p>2:00 What's Happening at Hilltop? (TH)</p> <p>3:00 General Store is OPEN!</p> <p>7:30 Trip to Lamont Symphony Orchestra- SIGN UP (ML)</p>	<p>10:00 Strength and Conditioning (FC) 30</p> <p>1:00 General Store is OPEN</p> <p>1:00 Trip to TARGET (sign up)</p> <p>2:30 Water Walking</p> <p>3:00 Dime Bingo</p> <p>7:00 MOVIE - TBD (TH)</p>	<p>9:00 Courtyard Walk w Kelly 31</p> <p>10:00 Strength and Conditioning (FC)</p> <p>1:00 General Store is OPEN</p> <p>1:30 Come and Sing! (BDR)</p> <p>2:30 Shabbat Services</p> <p>4:00 Happy Hour</p> <p>11:30 Canasta</p>	

HAPPY BIRTHDAY
 May 08
 Thelma Feder
 May 17
 Doris Gilbreath
 May 29
 Marion Felsen
 May 30
 Ruth Gitzendanner

Bold activity = Sign up mandatory

Please sign up w/Benjamin for all outings ahead of time.

All outings are subject to inclement weather.

TH = Theater
 ML = Main Lobby
 3rd FL AR = Activity Room
 BDR = Bayuad Dining Room
 2nd FL AS = Art Studio