



HILLTOP RESERVE

MAY ASSISTED LIVING

2024



SUN

MON

TUE

WED

THU

FRI

SAT

			9:00 Podiatry (3rd FL AR) 1 10:15 'Day-Break' (TH) 10:45 Fitness with Kelly 2:00 BINGO (3rd FL AR) 3:00 Hudak on Hollywood: Discussion of Films (TH) 6:00 T.V. Series (TH)	10:15 'Day-Break' (TH) 2 10:45 Exercise w/Jim 1:00 Store Open 1:00 Meet and Greet w/ Dr. Lisa Greenstein (Dentist) (ML) 1:30 Blackjack (3rd FL AR) 3:30 Aromatherapy (TH)	10:15 'Day-Break' (TH) 3 10:45 Fitness w/Jim 1:30 VITALS CLINIC (3rd FL AR) 1:30 Come and Sing! (BDR) 2:30 Shabbat Services (AR) 3:45 Happy Hour!! (DR)	10:00 Donuts (3rd FL AR) & Discussion 4 11:00 Word Games (3rd FL AR) 1:00 1:1 Visits 1:15 Betsy Schwarm Classical Music Lecture (TH) 2:00 MOVIE (Top Gun Maverick) (TH)
9:30 Catholic Com. Service 5 10:00 Family Tree (2nd FL AS) 1:00 Aromatherapy (2nd FL AS) 1:15 Coloring and Classical Music (2nd FL AS) 2:00 Movie Matinee (th)	10:45 Exercise w/ Jim 6 1:30 Gratitude Journal (3rd FL AR) 3:00 Bible Study w/ Glenn 3:00 STORE OPEN 6:00 T.V. Series (TH)	10:15 'Day-Break' (TH) 7 10:45 Exercise w/ Jim 1:00-1:30 Boxing class (3rd FIT) 2:00 King Soopers (ML) 6:00 T.V. Series (TH)	10:15 'Day-Break' (TH) 8 10:45 Fitness with Kelly 1:00 Resident Council Meeting (TH) 2:00 Activity Planning Meeting (TH) 6:00 T.V. Series (TH)	9:30 Audiologist 9 10:15 'Day-Break' (TH) 10:45 Exercise w/Jim 1:00 Store Open 1:30 Colorado Cameo (Talent Show) (ML) 3:30 Crossword Puzzle (solved as a group) (TH)	10:15 'Day-Break' (TH) 10 10:45 Fitness w/Kelly 1:30 Come and Sing! (BDR) 2:30 Shabbat Services (AR) 3:45 Happy Hour!! (DR)	10:00 Donuts (3rd FL AR) & Discussion 11 11:00 Word Games (3rd FL AR) 1:00 1:1 Visits 2:00 MOVIE (Fury) (ww2 tank division TH)
9:30 Catholic Com. Service 12 10:30 Mother's Day Brunch (BDR) 1:00 Aromatherapy (2nd FL AS) 1:15 Coloring and Classical Music (2nd FL AS) 2:00 Movie Matinee (th)	9:00 Dermatology 13 10:45 Exercise w/ Jim 1:30 Outside Time Together 3:00 Bible Study w/ Glenn 3:00 STORE OPEN 6:00 T.V. Series (TH)	10:00 Vision Colorado 14 10:15 'Day-Break' (TH) 10:45 Exercise w/ Jim 2:00 Mountain Man Nuts & Fruit Co.Truck at Hilltop 2:30 Guess that song 6:00 T.V. Series (TH)	10:15 'Day-Break' (TH) 15 10:45 Fitness with Kelly 2:00 BINGO (3rd FL AR) 3:00 Sing-a-long w/Lynde 6:00 T.V. Series (TH)	10:15 'Day-Break' (TH) 16 10:45 Exercise w/Jim 1:00 Store Open 11:30 Lunch Outing (ML) 1:30 Blackjack (3rd FL AR) 3:00 For the Love of Words (A reading of various written expressions w/Benjamin) (TH)	10:15 'Day-Break' (TH) 17 10:45 Fitness w/Kelly 1:30 Come and Sing! (BDR) 2:30 Shabbat Services (AR) 3:45 Happy Hour!! (DR)	10:00 Donuts (3rd FL AR) & Discussion 18 11:00 Word Games (3rd FL AR) 1:00 1:1 Visits 2:00 MOVIE (42) (Jackie Robinson TH)
9:30 Catholic Com. Service 19 10:00 Family Tree (2nd FL AS) 1:00 Aromatherapy (2nd FL AS) 1:15 Coloring and Classical Music (2nd FL AS) 2:00 Movie Matinee (th)	10:45 Exercise w/ Jim 20 1:30 ACTIVE MINDS Lecture (TH) 1:30 Gratitude Journal (3rd FL AR) 3:00 Bible Study w/ Glenn 3:00 STORE OPEN 6:00 T.V. Series (TH)	9:30 Blackhawk (Monarch Casino) (ML) 21 10:15 'Day-Break' (TH) 10:45 Exercise w/Jim 6:00 T.V. Series (TH)	10:15 'Day-Break' (TH) 22 10:45 Fitness with Kelly 2:00 Project Identity (designing our expression wall)(3rd FL AR) 6:00 T.V. Series (TH)	10:15 'Day-Break' (TH) 23 10:45 Exercise w/Jim 11:30 Men's Lunch 1:00 Store Open 3:30 Crossword Puzzle (TH)	10:15 'Day-Break' (TH) 24 10:45 Fitness w/Kelly 1:30 Come and Sing! (BDR) 2:30 Shabbat Services (AR) 3:45 Happy Hour!! (DR)	10:00 Donuts (3rd FL AR) & Discussion 25 11:00 Word Games (3rd FL AR) 1:00 1:1 Visits 2:00 MOVIE (The Way) (TH)
9:30 Catholic Com. Service 26 10:00 Family Tree (2nd FL AS) 1:00 Aromatherapy (2nd FL AS) 1:15 Coloring and Classical Music (2nd FL AS) 2:00 Movie Matinee (th)	10:45 Exercise w/ Jim 27 1:30 Memorial Day BBQ (COURTYARD) 1:30 Outside Time Together 3:00 Bible Study w/ Glenn 3:00 STORE OPEN 6:00 T.V. Series (TH)	10:15 'Day-Break' (TH) 28 10:45 Exercise w/ Jim 1:30 Crafting with Erin! (2nd FL AS) 3:00 For the Love of Words (A reading of various written expressions) (TH) 6:00 T.V. Series (TH)	10:15 'Day-Break' (TH) 29 10:45 Fitness with Kelly 2:00 Resident Birthday Party 6:00 T.V. Series (TH)	10:15 'Day-Break' (TH) 30 10:45 Exercise w/Jim 1:00 Store Open 12:45 Botanical Gardens (ML)	10:45 Fitness w/Kelly 31 1:30 Come and Sing! (BDR) 2:30 Shabbat Services (AR) 3:45 Happy Hour!! (DR)	

Benjamin Grimes
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HAPPY BIRTHDAY
May 14 Myrna Engbar
May 17 Ralph Stern
May 27 Rosa Feldmann

Bold activity = Sign up mandatory

Please sign up w/Benjamin for all outings ahead of time.

All outings are subject to inclement weather.

TH = Theater
ML = Main Lobby
3rd FL AR = Activity Room
BDR = Bayuad Dining Room
2nd FL AS = Art Studio